

# Meeting Challenges of Space and Time Successfully

SADHANA SINGH  
Waldzell Leadership Institute

# Creativity

- Process to manifest an intention
- Way to success is creativity
- Main creativity in life is to sense our uniqueness and express it
- Natural creativity is through intercourse as an active relationship with someone or something

# Process of Creativity

- Basic process of creativity in the nature
  - intercourse – conception – pregnancy – deliverance
- Creativity followed by nurturing and development brings success
- Creativity starts with intention
  - need clarity to sense the right intention and understand motivation
  - what, how and why?



# Creative Power

- Manifesting something: energy → matter
- Creative power makes us beautiful and attractive
- Come in contact with our own creativity
  - accept that we are creatures created by the creator
- Sensitivity and sexuality are motivation for our creativity
- Coherence between intention, word and action → success in manifesting what we want
- Before creating perceive with clarity the right intention and the possible consequences
- Create consciously and walk the straightest line to your destination/destiny

# Flow of Creativity

- Balance inflow and outflow
  - inflow – from inner perception to intention
  - outflow – from intention to manifestation
- Keep connection with your core and core of the intention
  - express your uniqueness, reflect who you really are through what you are creating
  - achieve long-lasting satisfaction

# Physical, Mental and Spiritual Creativity

## Process of creativity

- going inward to connect with the spirit, using the tool of the mind to plan and project it out, using body as vehicle to manifest
- Physical creativity – sexuality s expression of physical intimacy with another person
- Mental creativity – art as expression of intimacy with the audience/environment
- Spiritual creativity – ecstasy as expression of intimacy with your soul

Personal success is when we live expressing our true self and create practical experience of what we have inside

# Be Ahead of Time

- Know in advance the consequences of something
- Be coherent and have the right intention
- Choose general good over your personal interests
- Go for higher goals
- Implement strategy to change state (of being, consciousness) and status (role in society)
  - towards what is more desirable for expression of yourself
- Apply discipline to go above your limitations

Meditation to facilitate experiencing inwards

# Space and Time

- We exist at a specific space and time
  - we are subject, object and creativity of space and time
- Master the rules of space and time to be able to bend them
- Create space to gain time
  - gaining inner space gives us more energy to deal with time
- To be beyond time requires neutral mind to give space to intuition
- Balance polarities to have neutral space
  - process of creativity is in equilibrium because we have equanimity of consciousness to deal with the two polarities and find the path → happy

Meditation to see ahead of time

# Space of Balance

- Balance polarities to have neutral space
  - process of creativity is in equilibrium because we have equanimity of consciousness to deal with the two polarities and find the path → happy
- Cultivate capability to go in that space of balance before taking decision/action, in the most intense life situations, anytime
  - synchronize your mind frequency with your radiant frequency
- Unable to create, we feel separated and manipulate the situation → tiered, no long-term satisfaction
  - going in the space of inner balance helps to recuperate tiredness and gain clarity

# Constructive Induction

- Doing things in a constructive way induces the right process that can give results
  - at some point what we induce becomes a fact
  - in the process of creativity we must recognize the moment for harvesting the results otherwise we cannot be effective
- Be with consciousness above the mind and supervise what is happening
- Manifest out of a strong, conscious projection and not out of subconscious patterns and fears

Meditation for a strong projection