



FOOD FRAUDS

Authenticity and Traceability of Food
and Food Flavourings Using a Stable
Isotope Approach

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ISO-FOOD Symposium, April 24th, 2023



10% of the **Global** Food Supply **Affected**



40 % of people have confidence that the food products they buy are generally authentic.

EU TrustTracker® study (2020)



Do we really get what we pay for?





1

Adulteration of natural flavours

Authenticity of Food Flavourings

2

Mislabeling of the country of origin

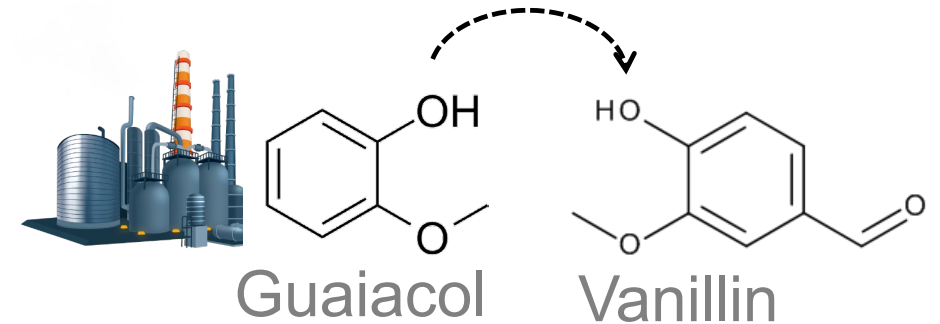
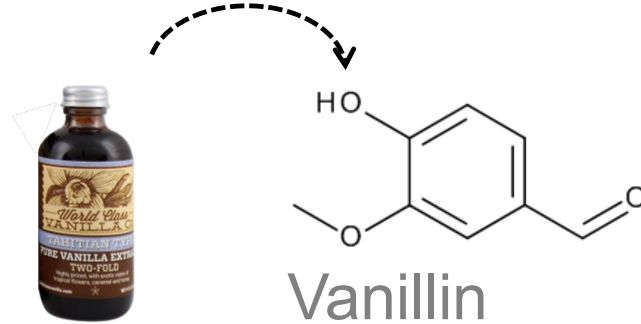
Geographical Origin of Fruits and Vegetables

Regulation (EC) No 1334/2008

Flavouring preparations

Natural flavouring substances

Flavouring substances



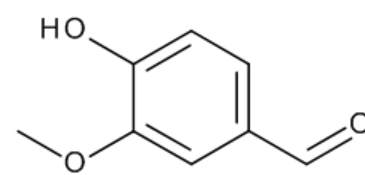


Regulation (EC) No 1334/2008

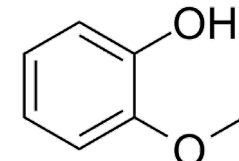
Flavouring preparations

Natural flavouring substances

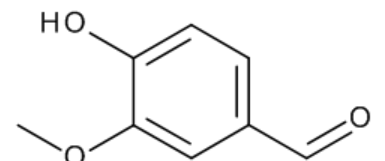
Flavouring substances



Vanillin



Guaiacol



Vanillin

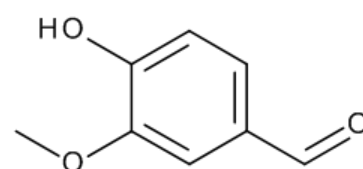
“Natural”

Regulation (EC) No 1334/2008

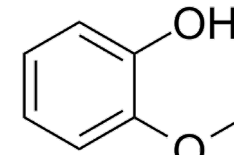
Flavouring preparations

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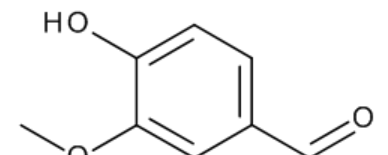
Flavouring substances



Vanillin



Guaiacol



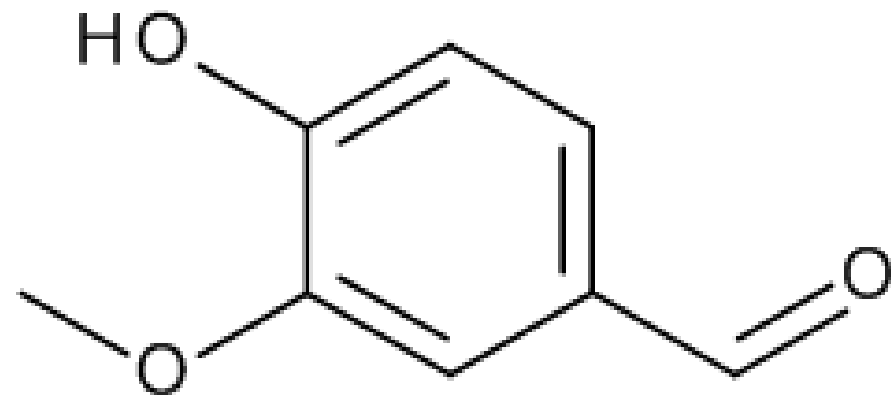
Vanillin

“Natural”

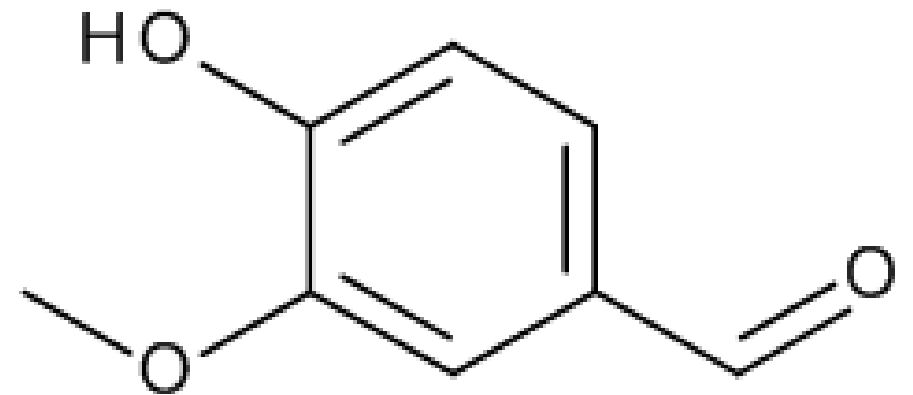
“Synthetic”



Natural

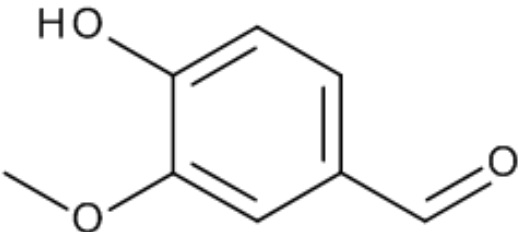


Synthetic

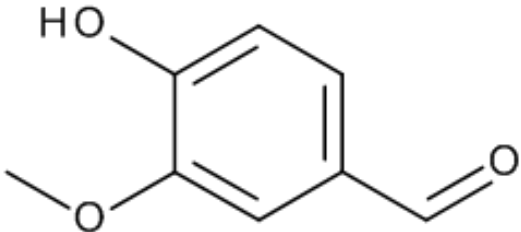




Natural



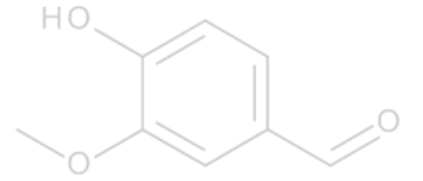
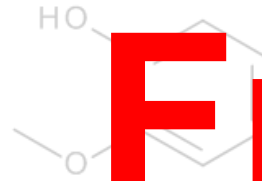
Synthetic





Natural

Synthetic



Fraud risk:

**Synthetic flavours
are sold as natural!**





Authenticity of Food Flavourings

Case studies



Fruit flavourings



Fruit flavourings

Price of natural is factor of 10 (or more) higher than the price of synthetic analogues.



Vanillin

1kg pure vanillin = 50 kg of pods



Vanillin

1kg pure vanillin = 50 kg of pods

(1 %) Natural: 120-600 € per kg



Vanillin

1kg pure vanillin = 50 kg of pods

(1 %) Natural: 120-600 € per kg

(99 %) Synthetic: 10-20 € per kg



Truffles



Truffles



Tuber magnatum

3700-6000 € / kg



Tuber melanosporum

880-1200 € / kg



Tuber aestivum

120-220 € / kg



2

Geographical Origin of Fruits and Vegetables

Case studies

















REPUBLIC OF SLOVENIA
MINISTRY OF AGRICULTURE, FORESTRY AND FOOD

THE ADMINISTRATION OF THE REPUBLIC OF SLOVENIA
FOR FOOD SAFETY, VETERINARY AND PLANT PROTECTION

Slovenian origin?





Slovenia





Slovenia



Country with low level of self-sufficiency:
fruits (30 %), vegetables (48 %)



Slovenia



Country with low level of self-sufficiency:
fruits (30 %), vegetables (48 %)

Locally produced food has become
more demanded by Slovenian consumer



Slovenia

Fraud risk:

Country with low level of self-sufficiency:
fruits (30 %), vegetables (48 %)

**mislabeling the origin
of production!**

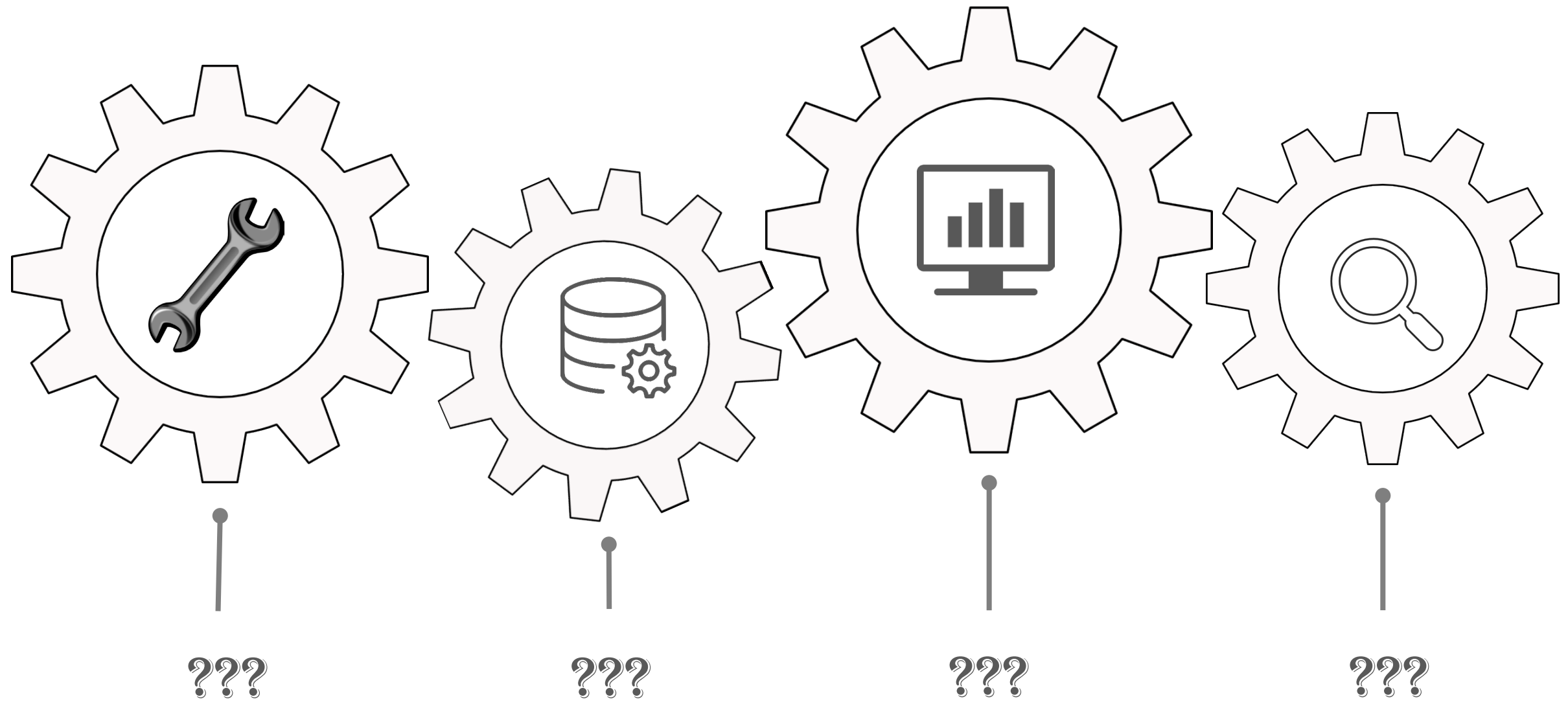
Locally produced food become more
demanded by Slovenian consumer



How can we fight against frauds and be confident that the food we are buying is authentic?

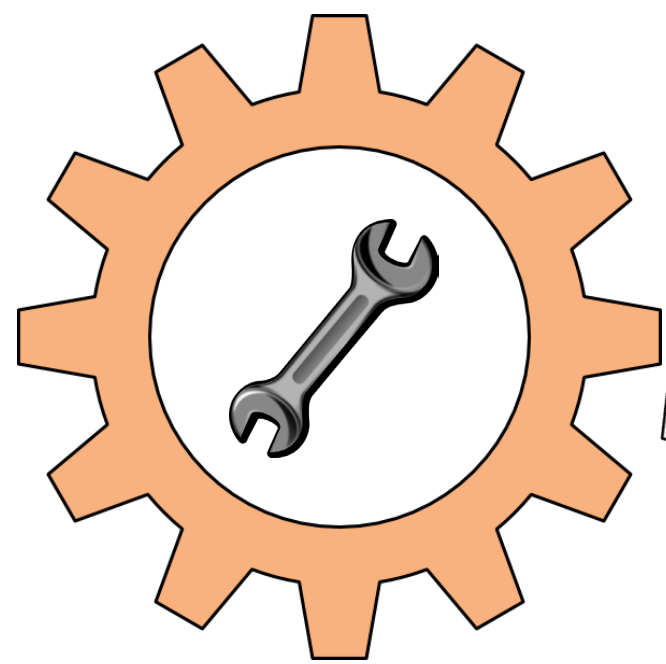


The four gears building trust in our food

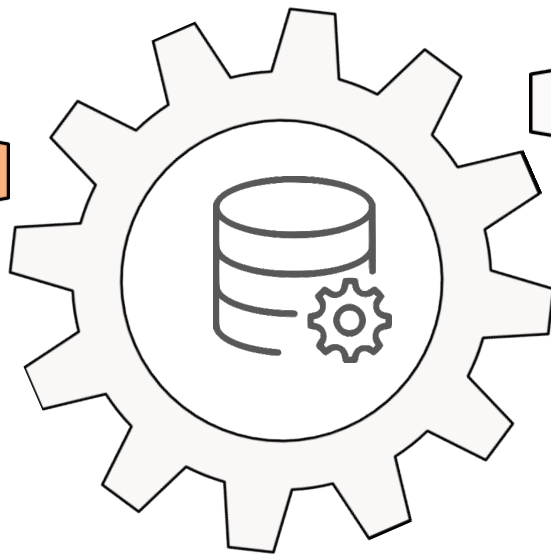




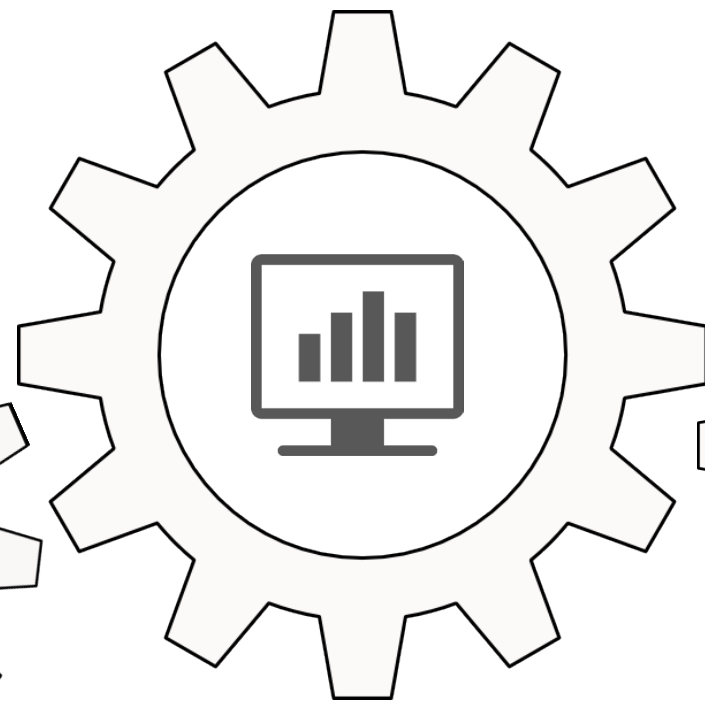
The four gears building trust in our food



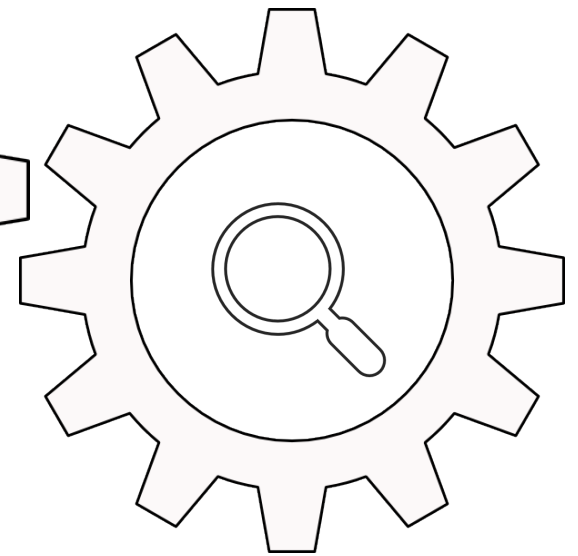
Methodology



???



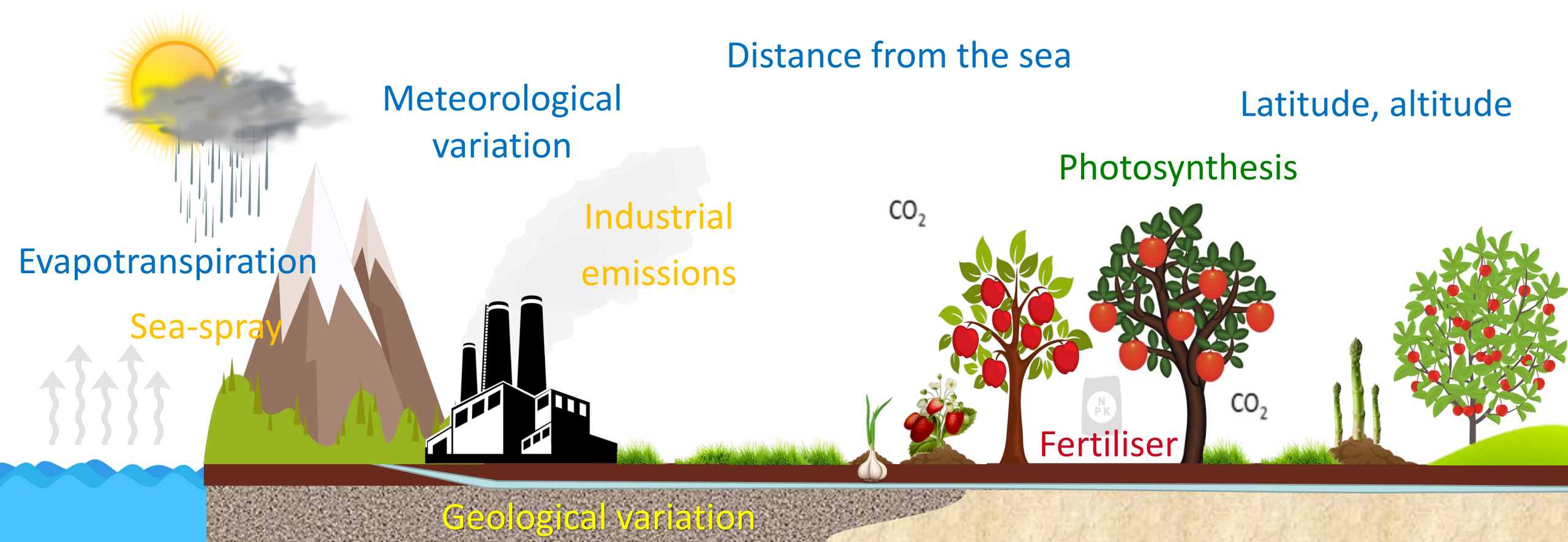
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???

Geographical origin of food

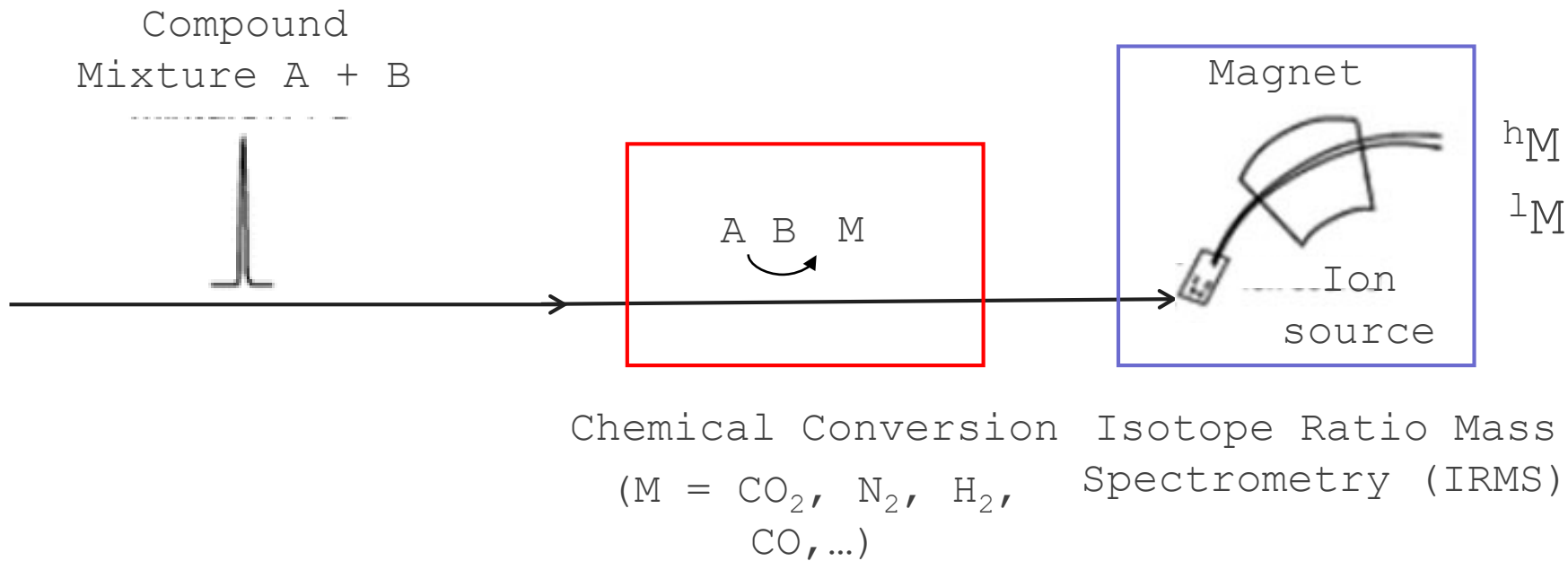
C **N** **O** **S** & elemental composition (ICP-MS)



Geographical origin of food

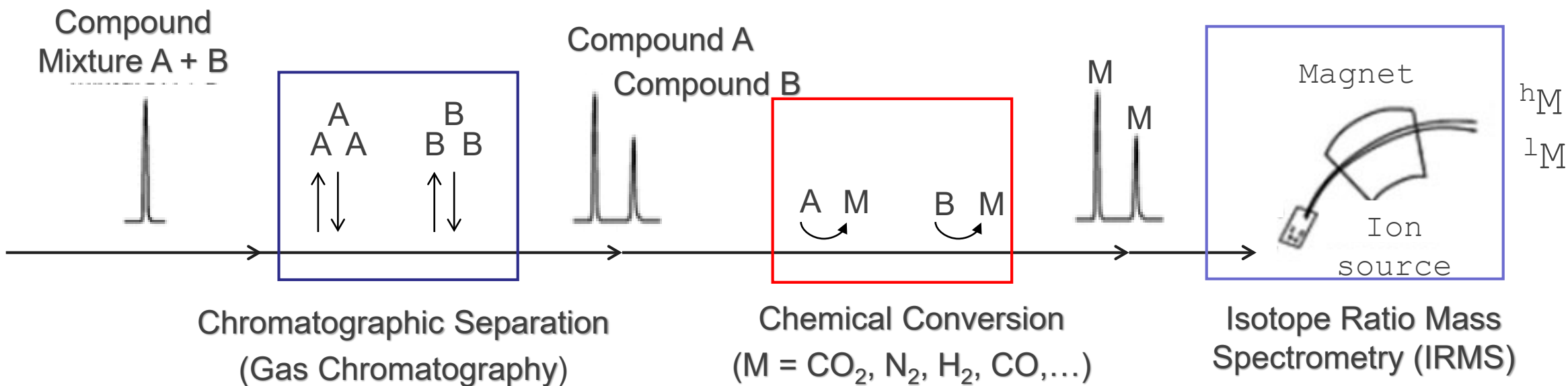
C N O S

“Bulk” EA-IRMS



Authenticity of flavourings

C **H** “Compound specific” GC-IRMS





Authenticity of flavourings

Solid Phase MicroExtraction (SPME)

Authenticity of flavourings

Solid Phase MicroExtraction (SPME)





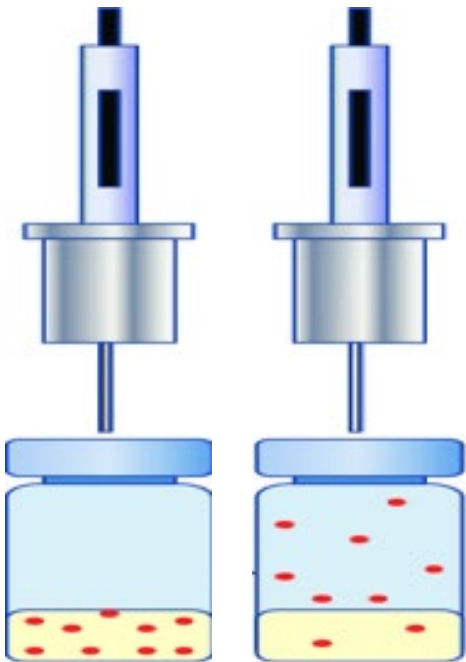
Authenticity of flavourings

Solid Phase MicroExtraction (SPME)

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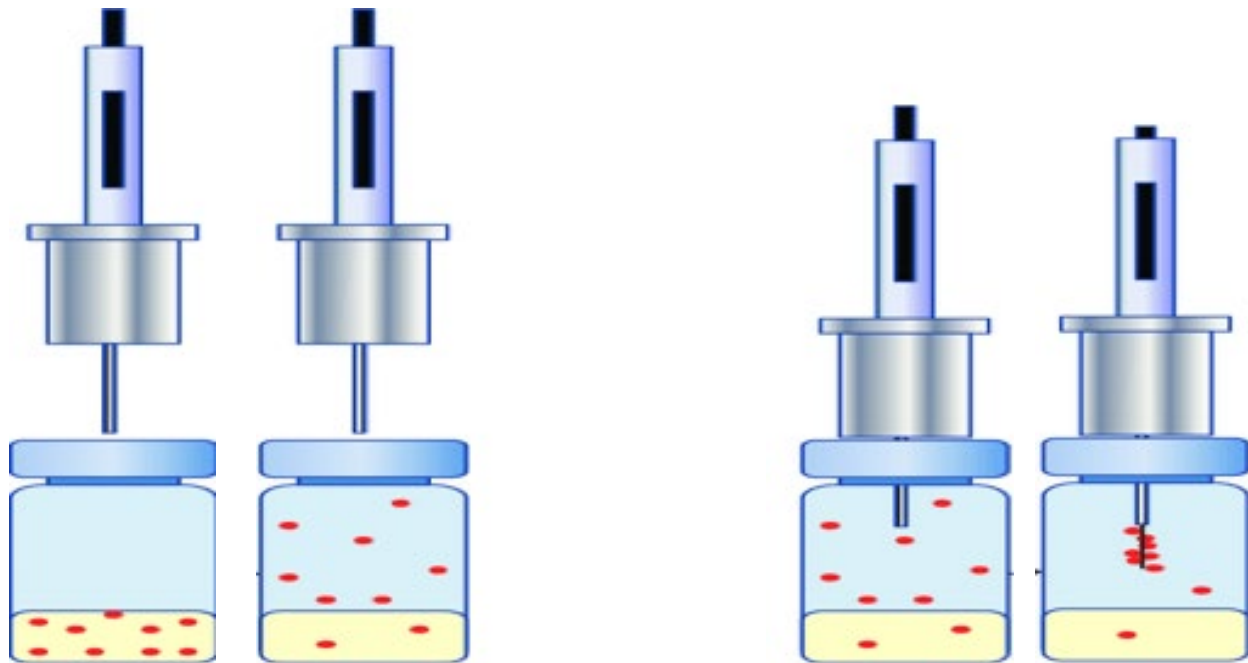
Equillibration



Authenticity of flavourings

Solid Phase MicroExtraction (SPME)

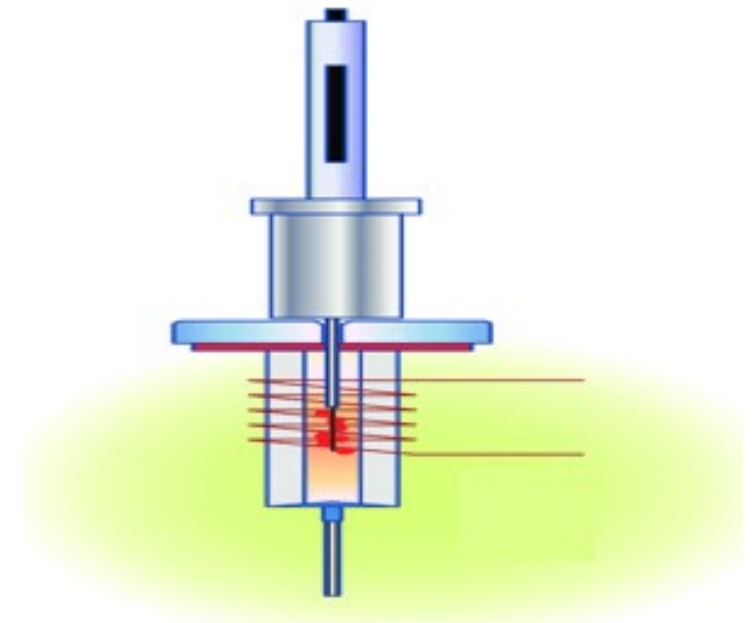
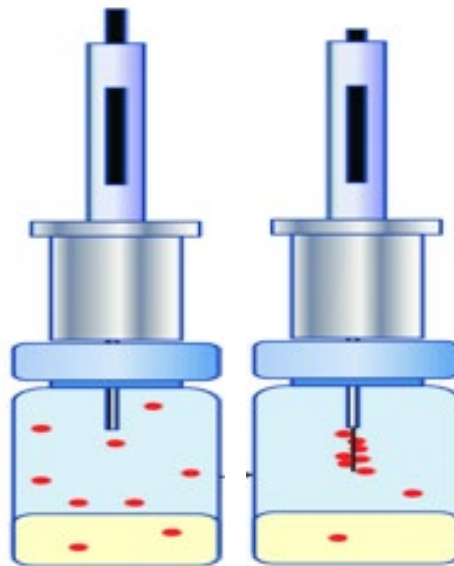
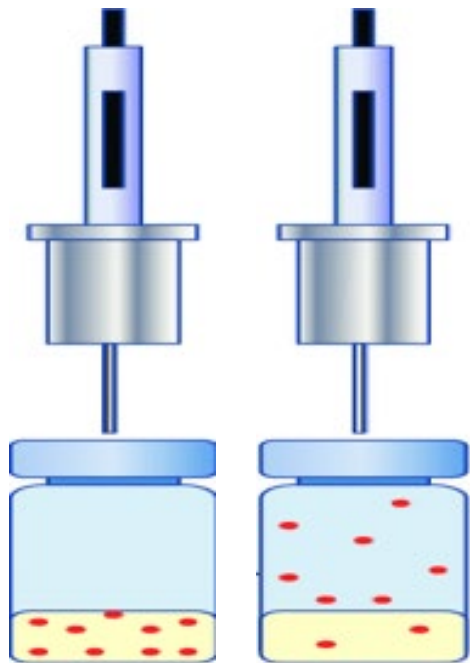
Equillibration → Extraction



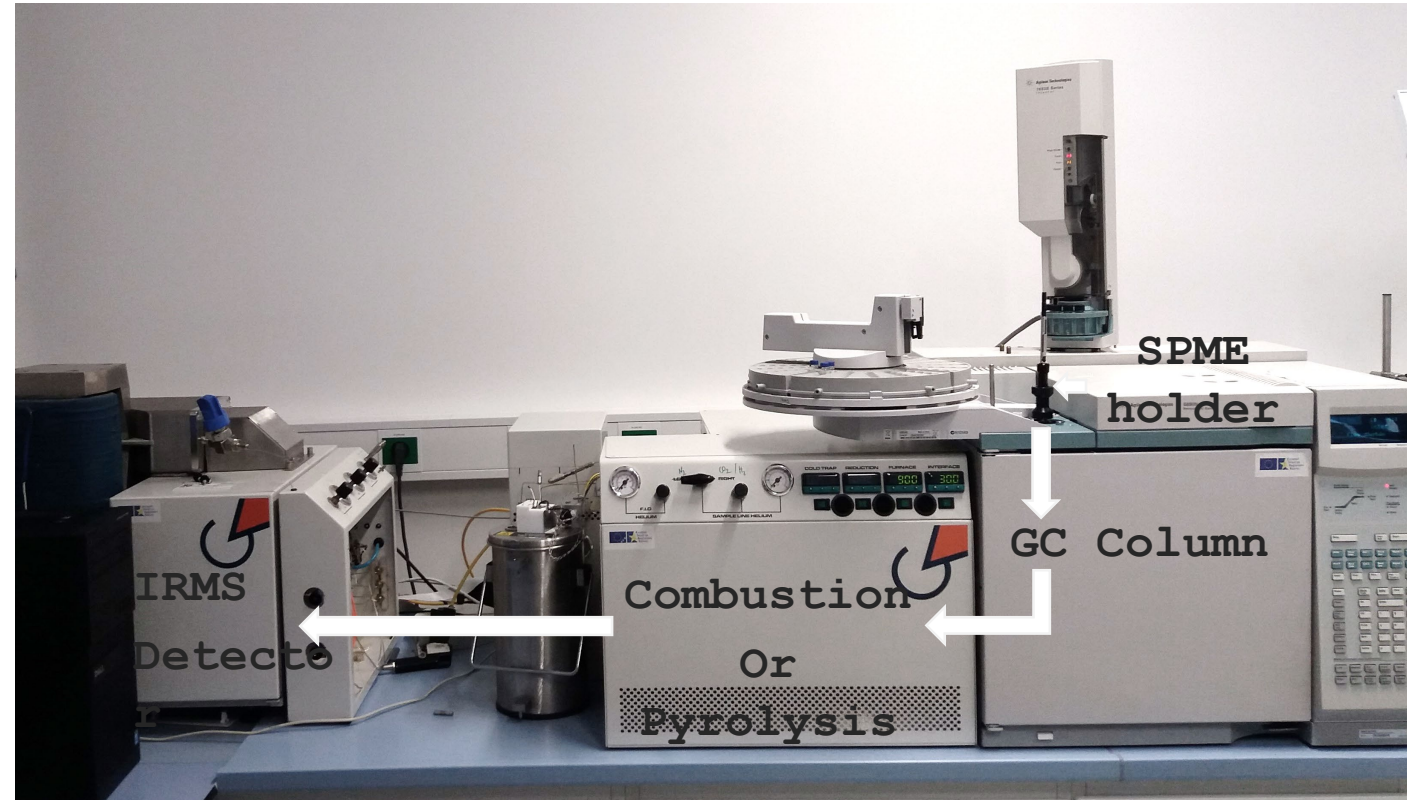
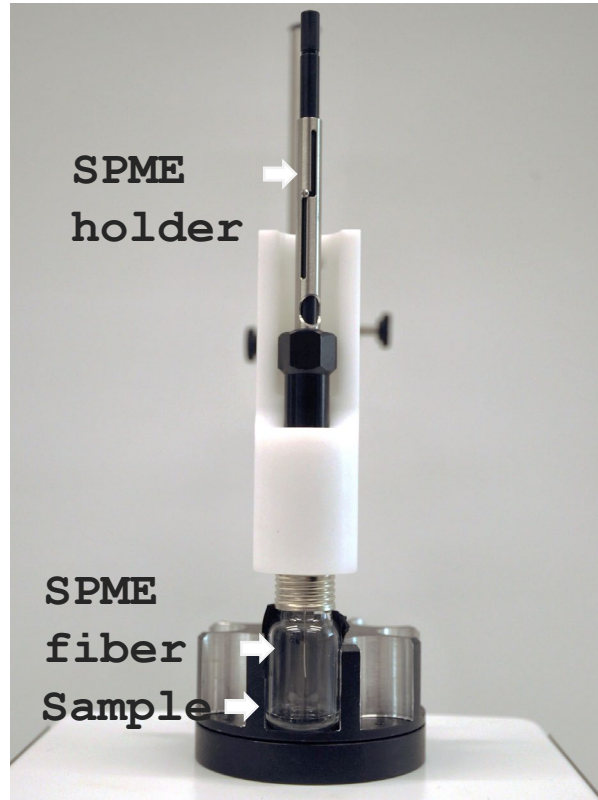
Authenticity of flavourings

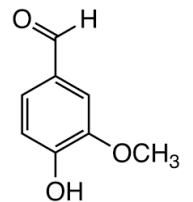
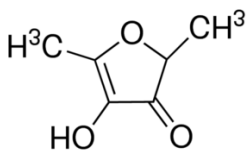
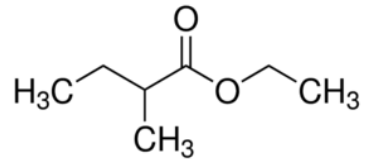
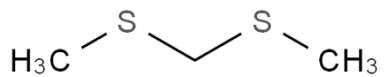
Solid Phase MicroExtraction (SPME)

Equillibration → Extraction → Desorption



HS-SPME GC-C/P-IRMS ($\delta^{13}\text{C}$ or $\delta^2\text{H}$)



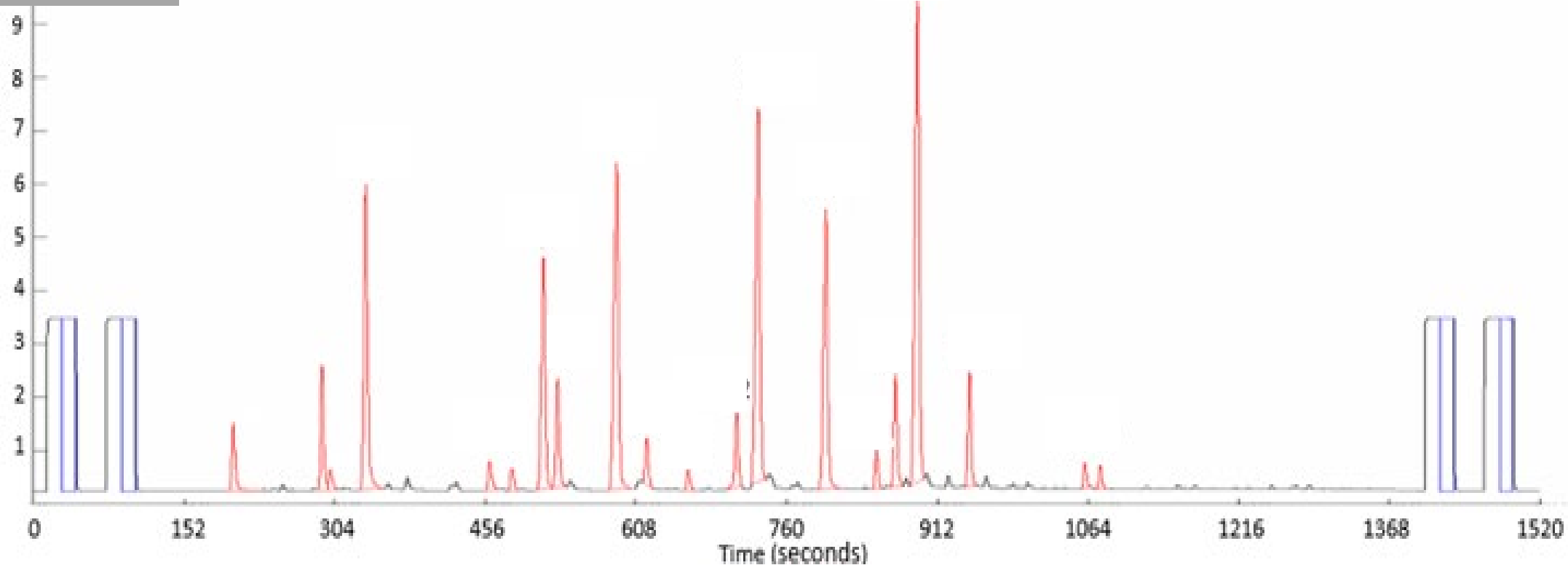


Procedure can be transferred to different flavourings & it is suitable for analysing complex matrices.



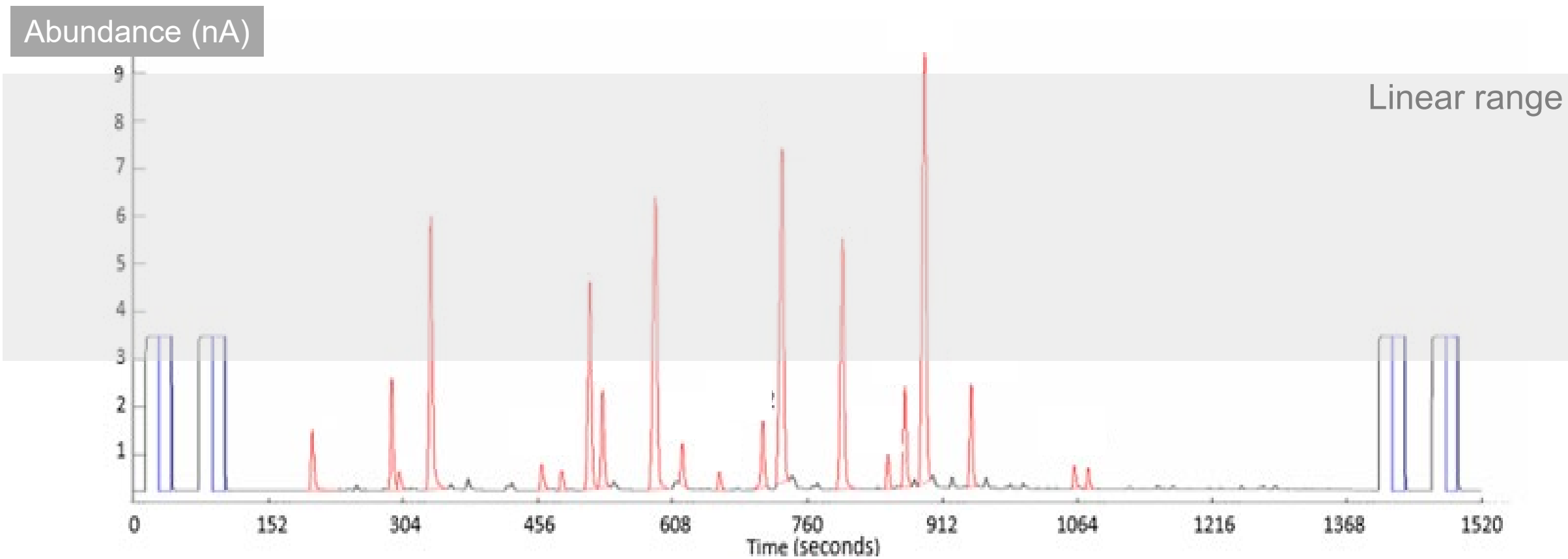
Many compounds often fall out of the linear range of GC-IRMS instrument

Abundance (nA)



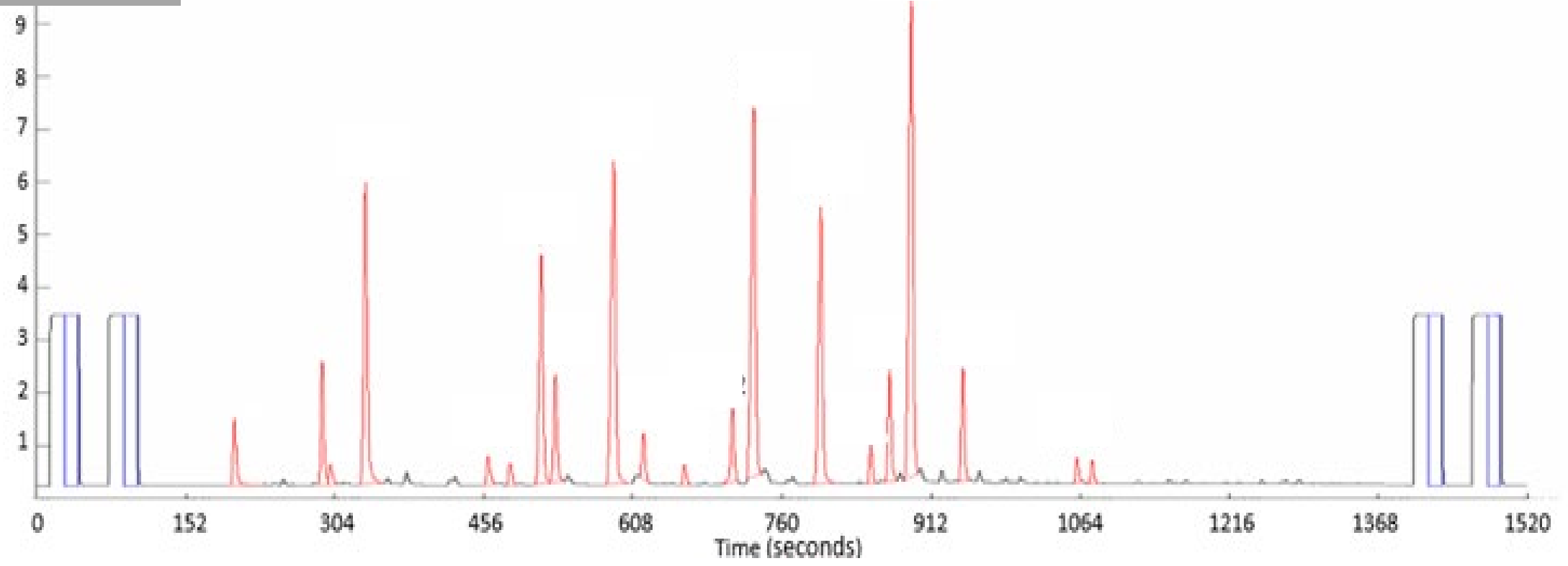


Many compounds often fall out of the linear range of GC-IRMS instrument



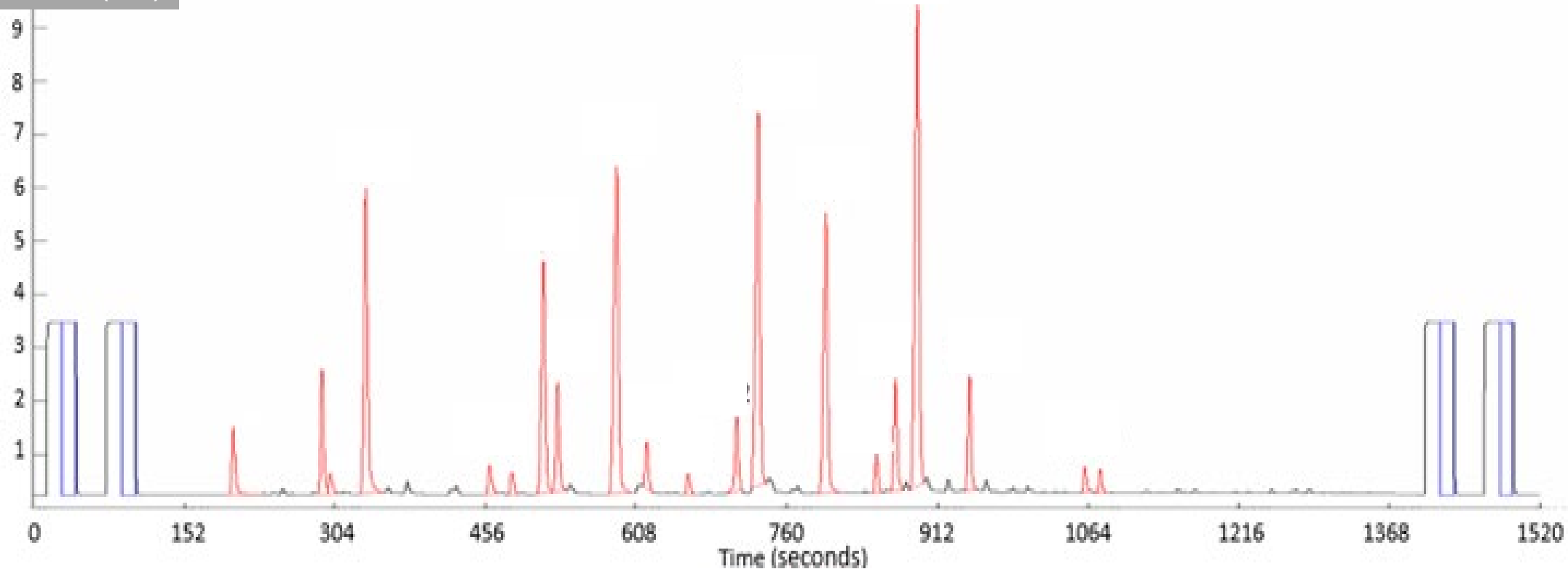


Abundance (nA)



Peak size / linearity correction

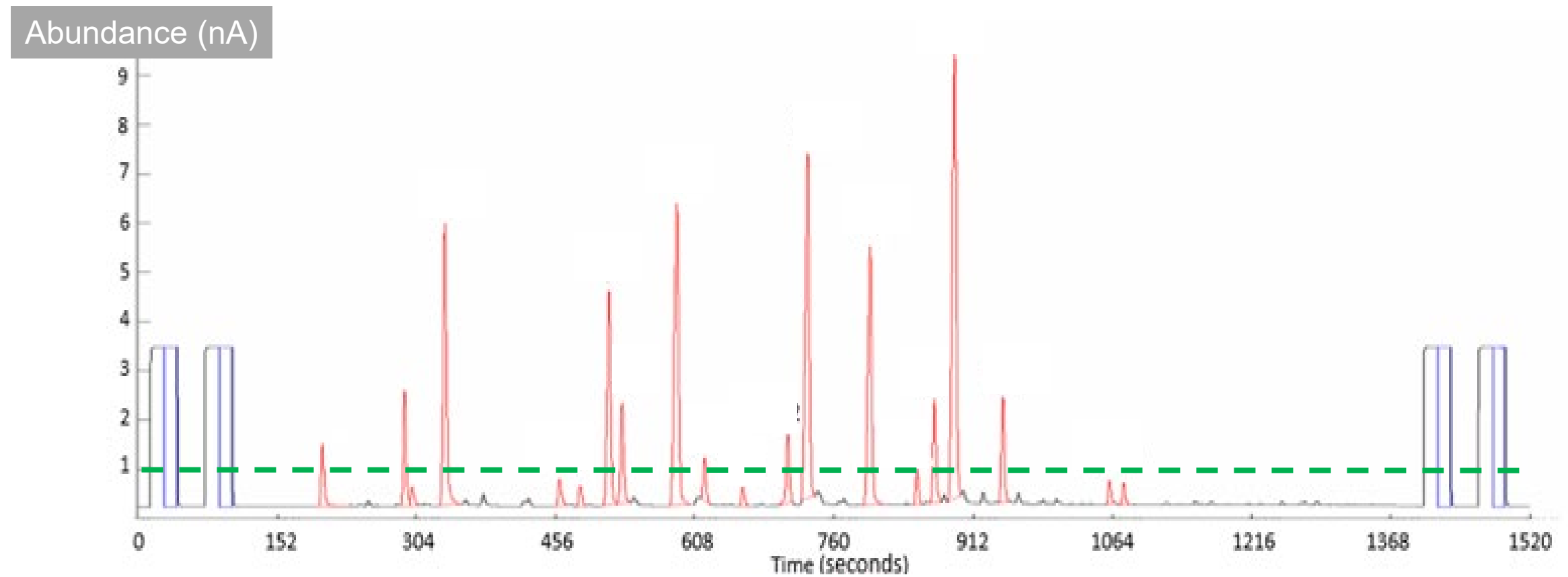
Abundance (nA)





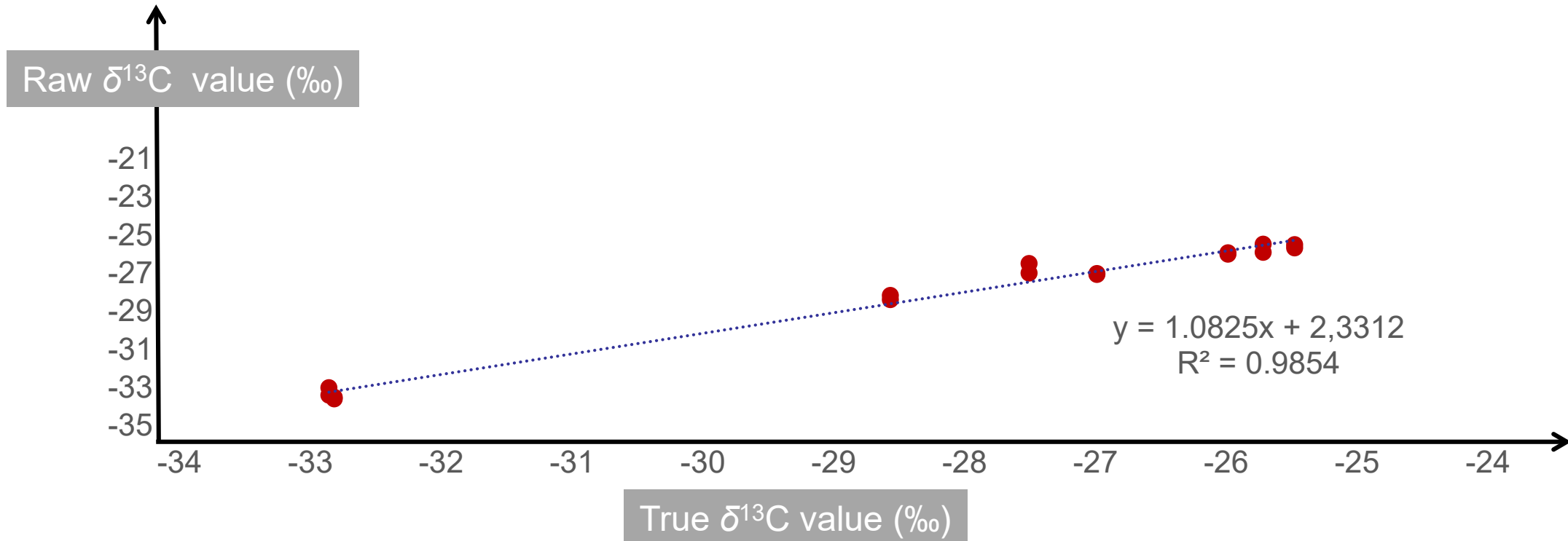
Peak size / linearity correction

Significantly improved the measurement error of small peaks (below 1nA) from 3 ‰ to 0.5 ‰.



Multiple-point isotopic linear normalisation

Reduce the random error associated with the analysis of a reference material used to anchor the linear scale.





Measurement uncertainty

In-house standard	Reference values (‰)	Combined uncertainty (u_c , $k = 1$)
ethyl butanoate	-25.7	0.5
hexanal	-25.5	0.3
(E)-hex-2-enal	-27.5	0.8
hexyl acetate	-27.0	0.6
benzaldehyde	-26.0	0.8
ethyl 2-methylbutanoate	-24.7	0.1
2-methylbutyl acetate	-32.9	0.3
ethyl hexanoate	-32.8	0.2
[(z)-hex-3-enyl] acetate	-28.7	0.2



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Method

0.4 ‰



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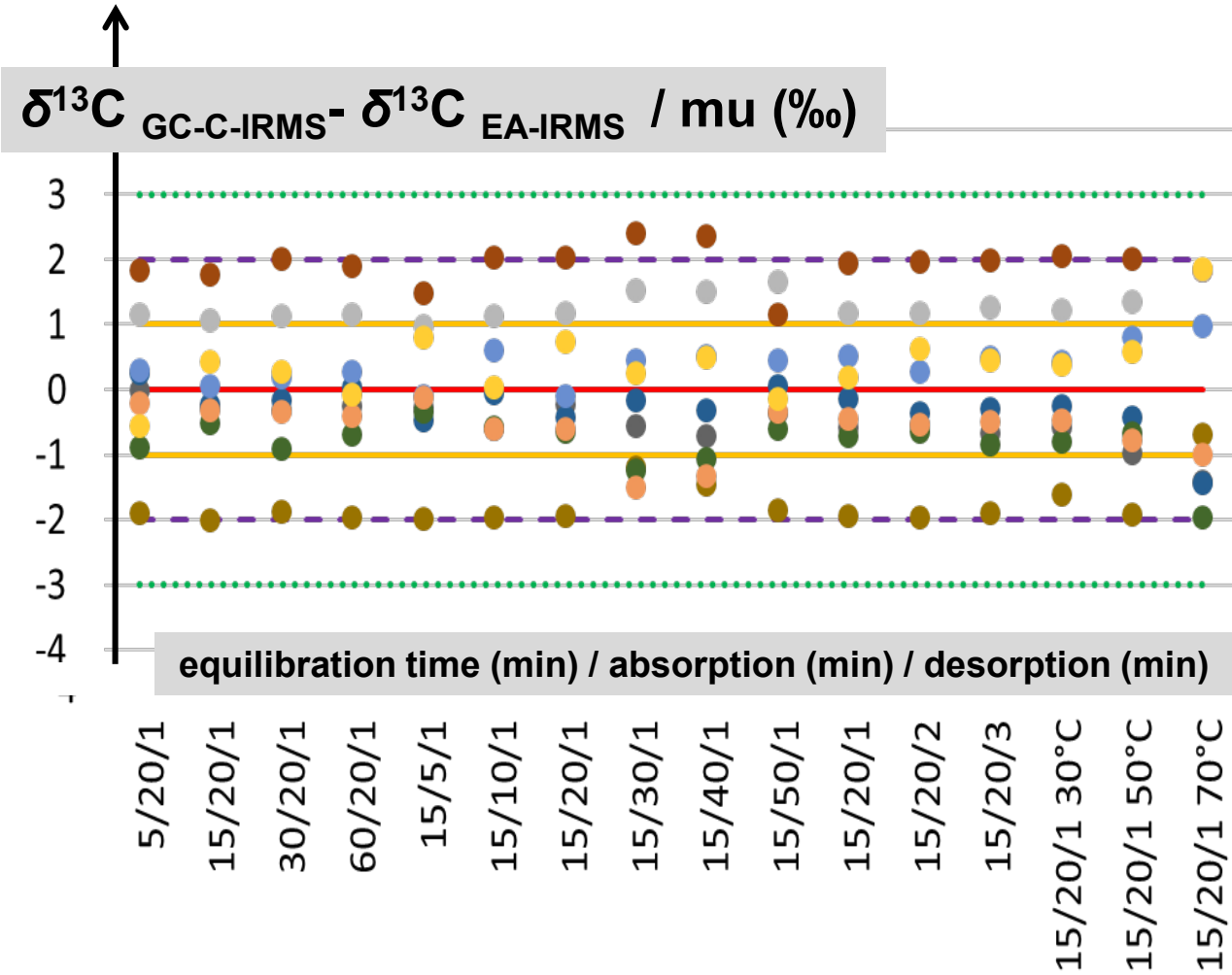
Method

0.4 ‰

Perini et al., 2019: $1\sigma = \pm 0.8$ ‰ (vanillin)
Hatorri et al., 2010: $1\sigma = \pm 0.4$ ‰ (acetic acid)
Schipilliti et al., 2016: $1\sigma = \pm 1.0$ ‰ (vanillin)

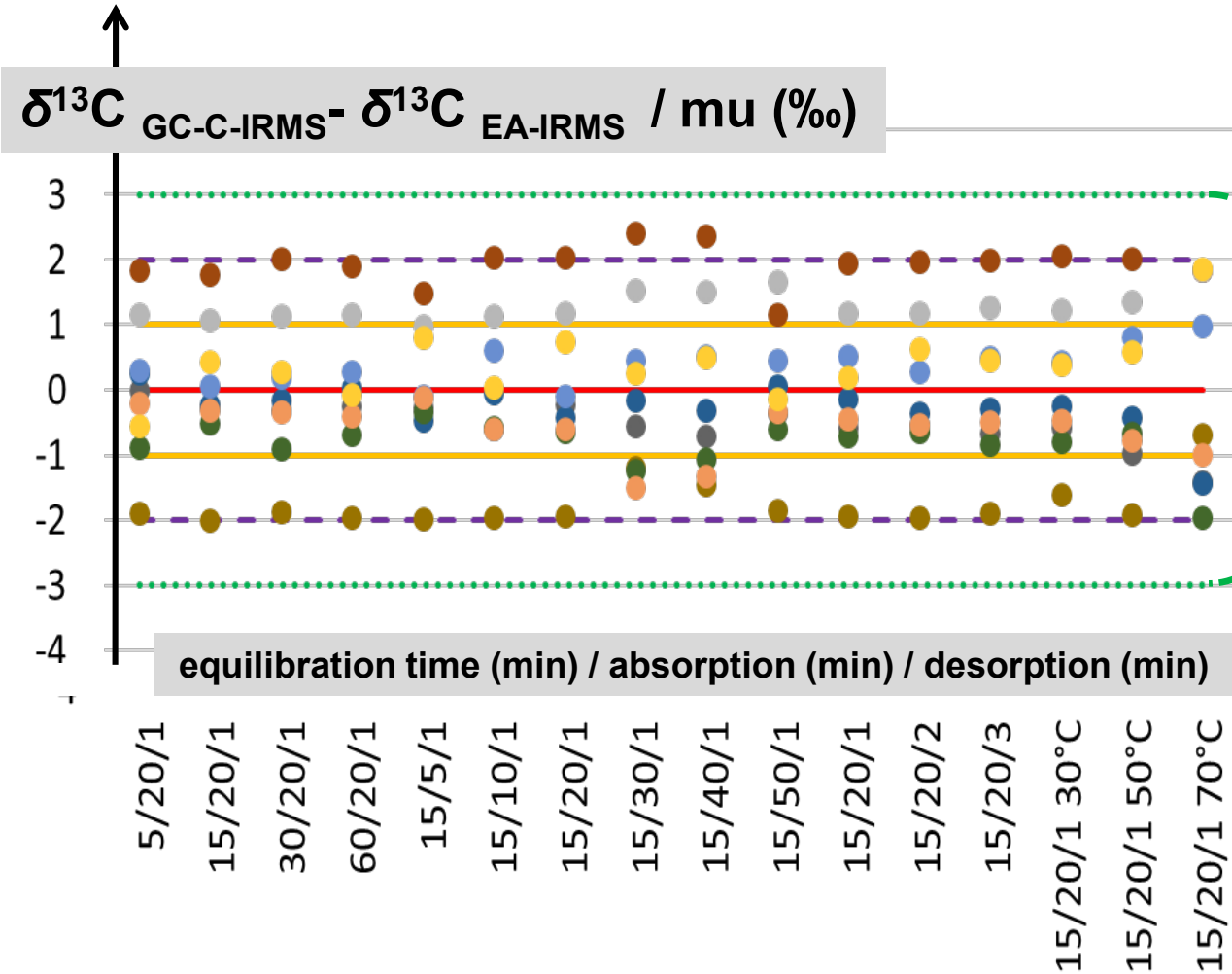
Compound specific $\delta^{13}\text{C}$ measurements

effects of equilibration, adsorption, desorption times and temperatures



Compound specific $\delta^{13}\text{C}$ measurements

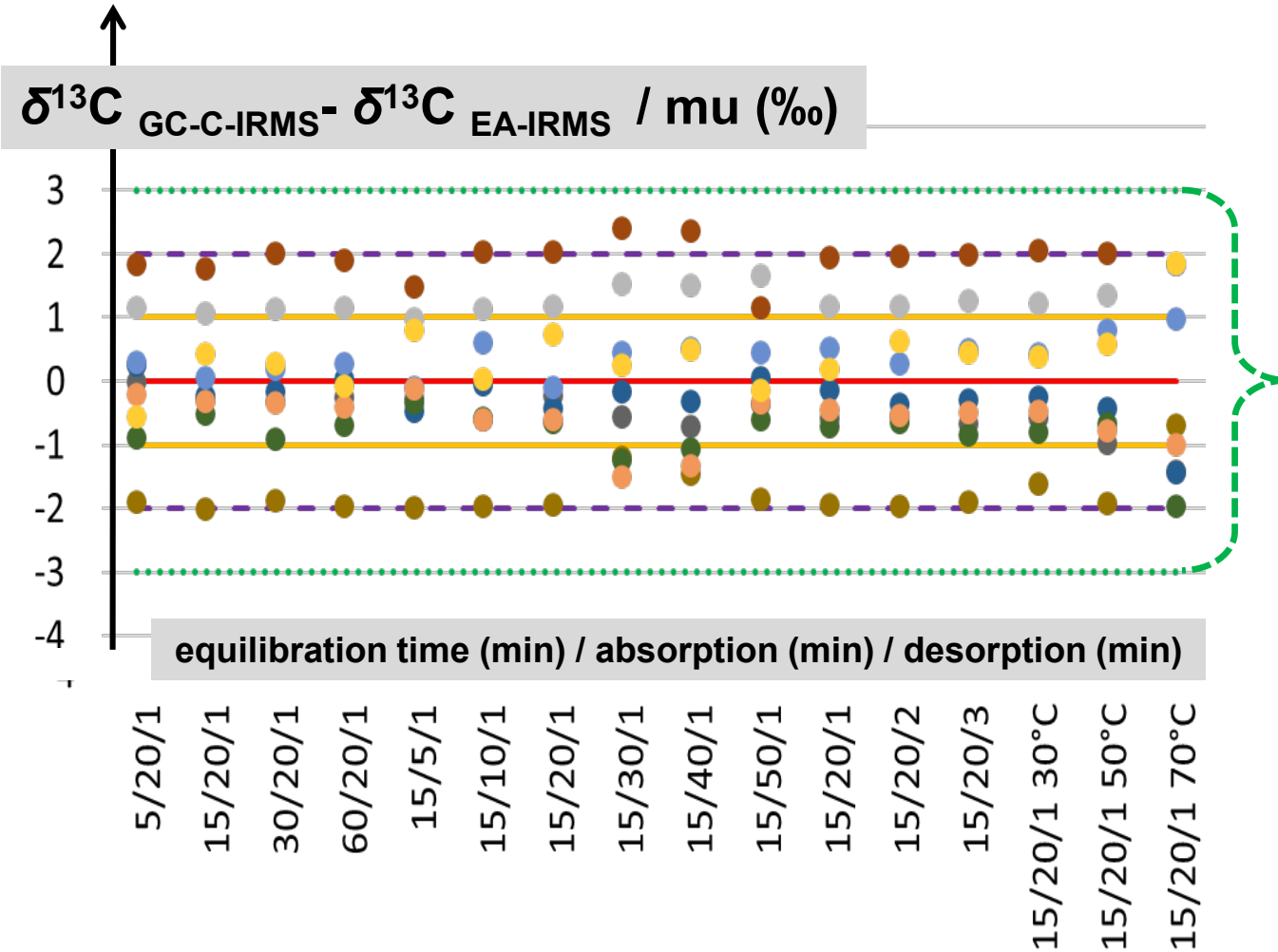
effects of equilibration, adsorption, desorption times and temperatures



All the $\delta^{13}\text{C}$ values were below $\pm 3^*\text{MU}$.

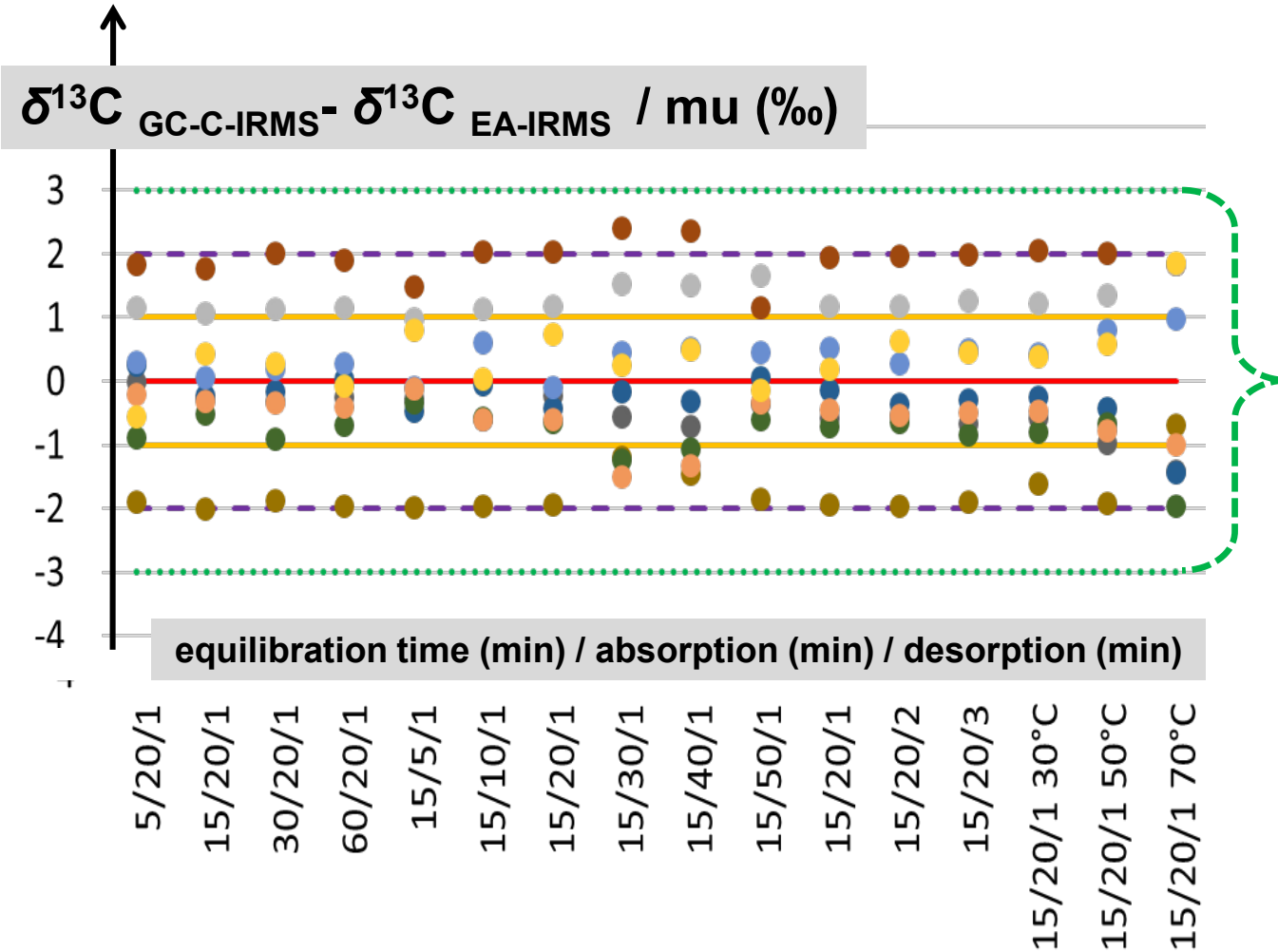
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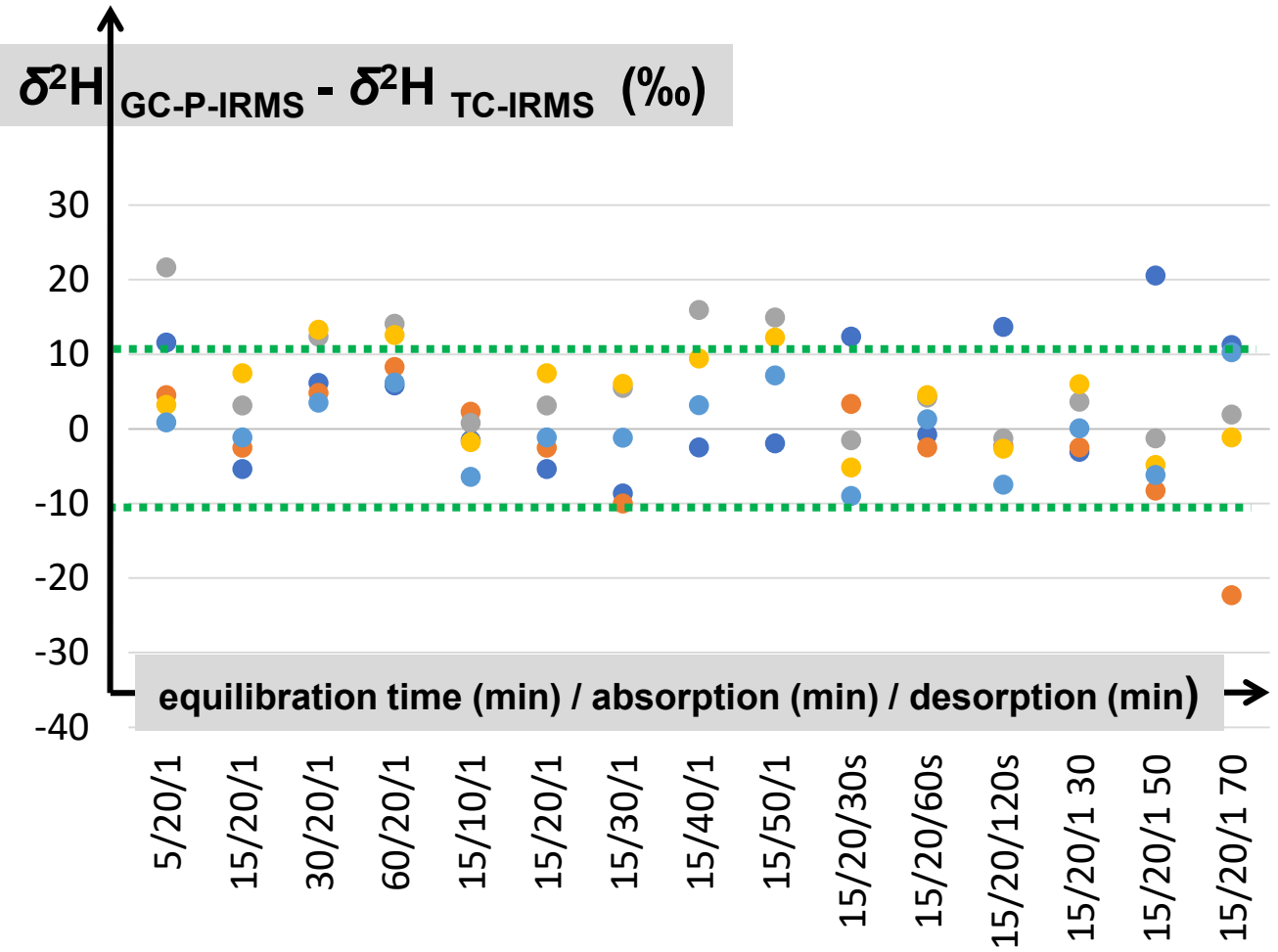
effects of equilibration, adsorption, desorption times and temperatures



No isotopic fractionation was observed.

Compound specific $\delta^2\text{H}$ measurements

effects of equilibration, adsorption, desorption times and temperatures

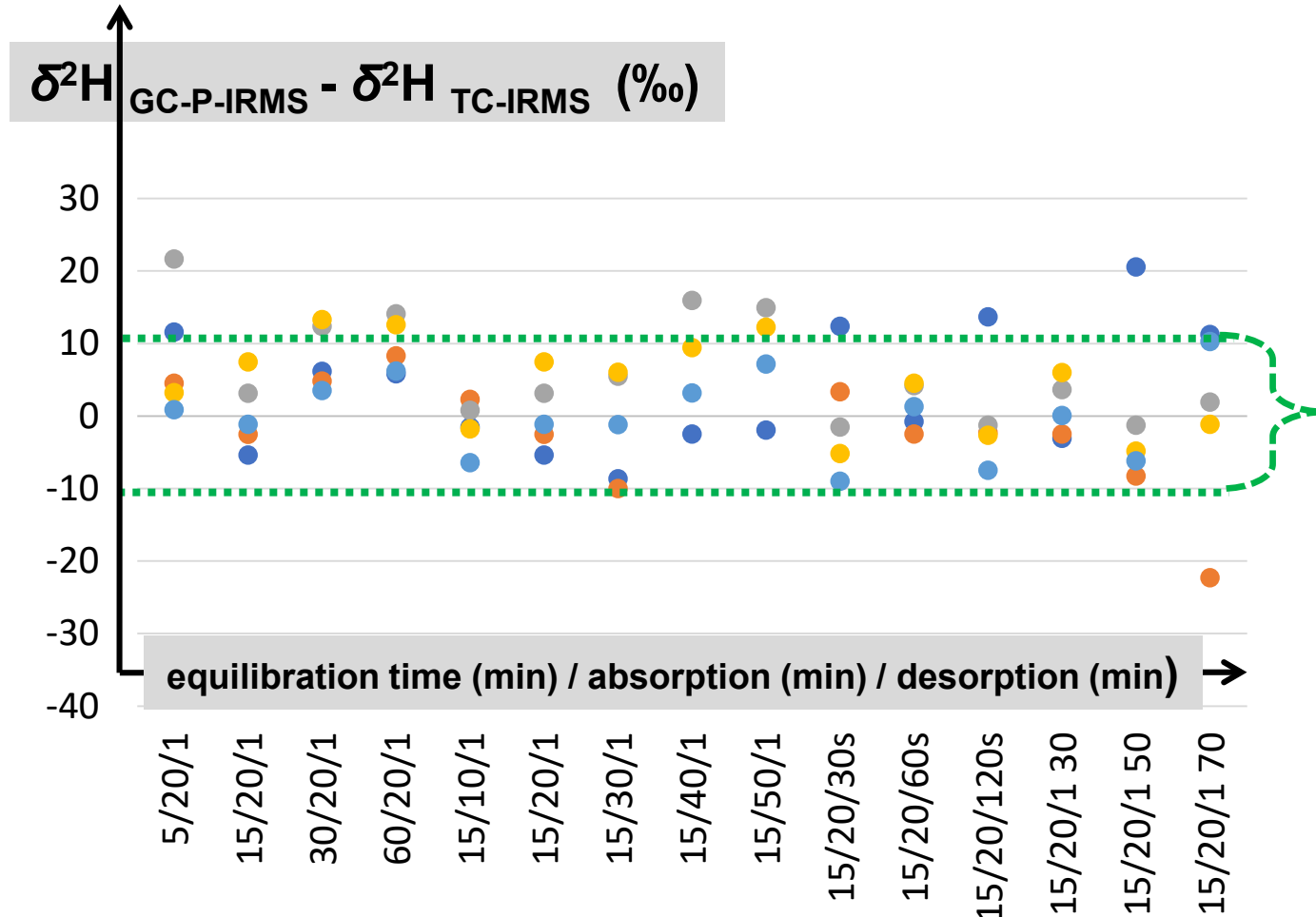


Perini et al., 2019: $1\sigma = \pm 7 \text{ ‰}$ (vanillin)

Hatorri et al., 2010: $1\sigma = \pm 5 \text{ ‰}$ (acetic acid)

Compound specific $\delta^2\text{H}$ measurements

effects of equilibration, adsorption, desorption times and temperatures



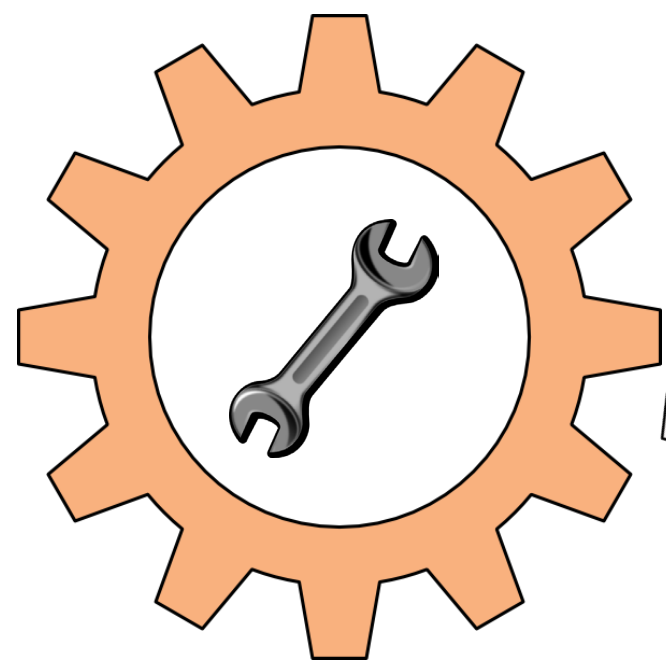
Method error < 10 ‰ can be obtained by optimising measurement conditions.

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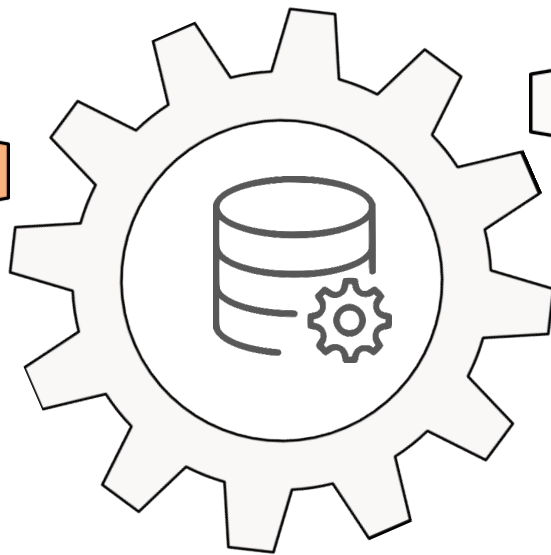
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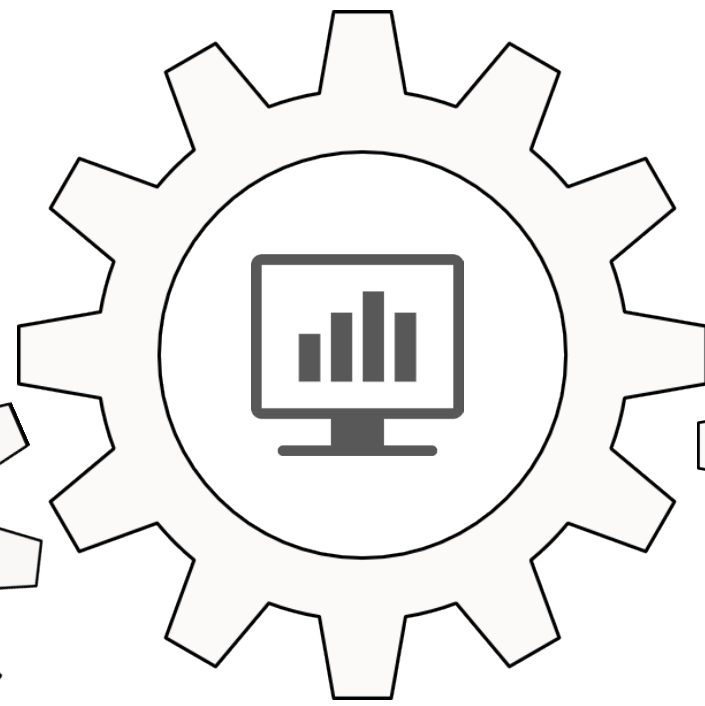
The four gears building trust in our food



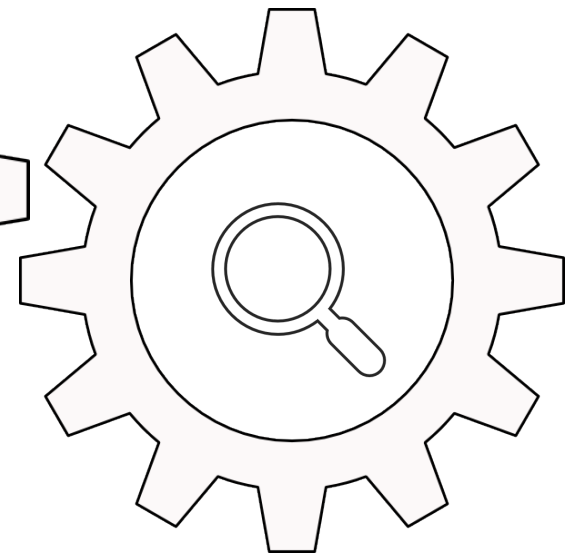
Methodology



???



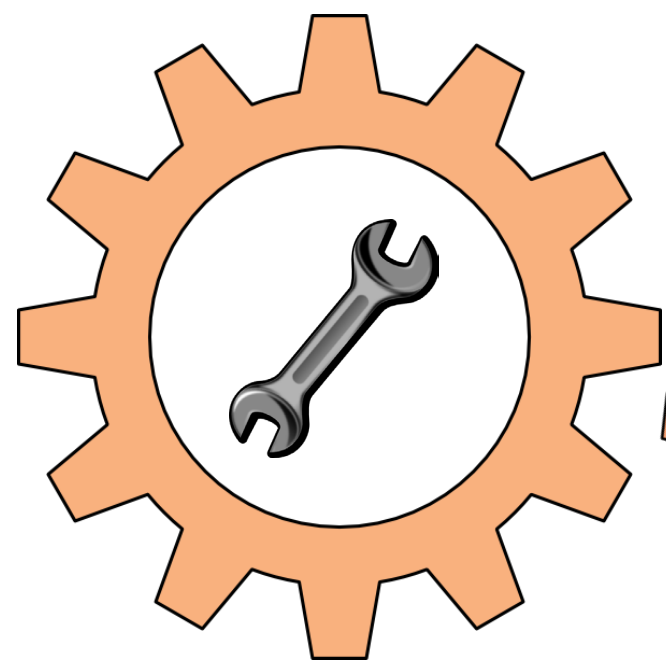
???



???



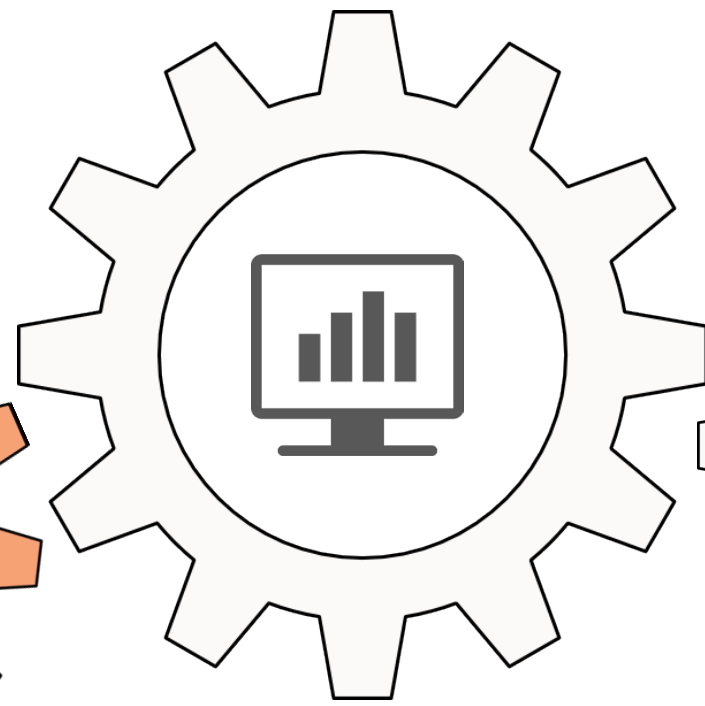
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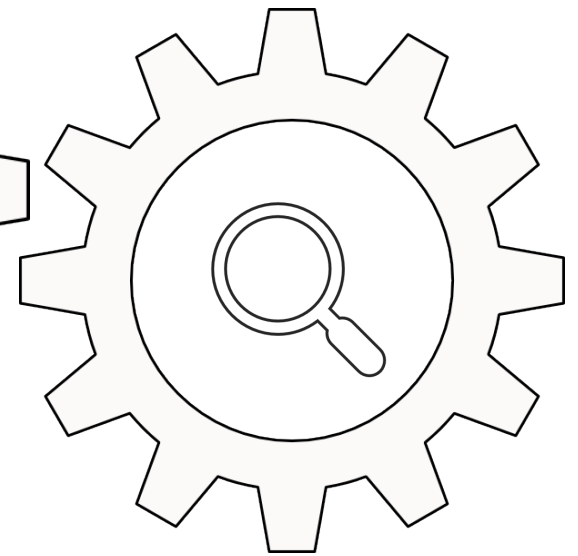
Methodology




Database



???



???



Data interpretation requires extensive reference data set of authentic food samples against which a sample under investigation can be compared.



General requirements



General requirements

Samples within database are authentic



General requirements

Samples within database are authentic

Collected from primary producers by impartial collectors



General requirements

Samples within database are authentic

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Adequate number of samples



General requirements

Samples within database are authentic

Collected from primary producers by impartial collectors

Adequate number of samples

Sufficiently representative



General requirements

Samples within database are authentic

Collected from primary producers by impartial collectors

Adequate number of samples

Sufficiently representative

Cover natural variation



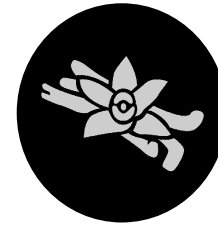
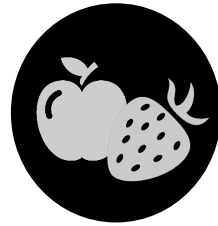
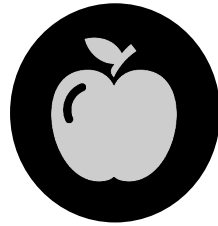
10 databases
were
established



4 within authenticity of flavourings

$\delta^{13}\text{C}$ ($\delta^2\text{H}$)

FLAVOURING

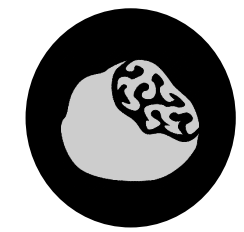
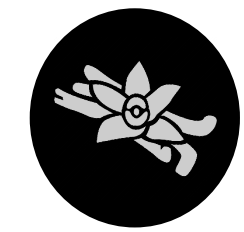
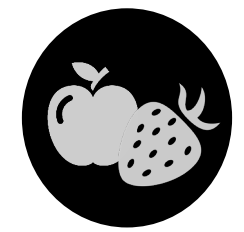




4 within authenticity of flavourings

$\delta^{13}\text{C}$ ($\delta^2\text{H}$)

FLAVOURING



VOCs

16

39

1

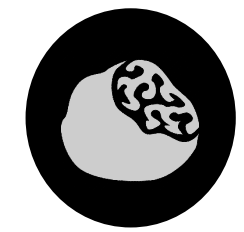
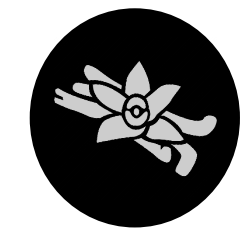
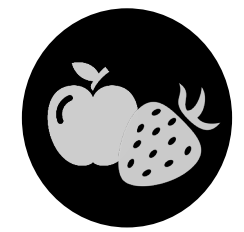
21



4 within authenticity of flavourings

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FLAVOURING



VOCs

16

39

1

21

NATURAL

34

213

49

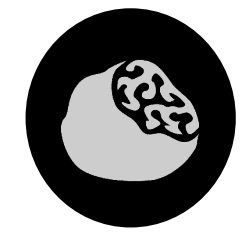
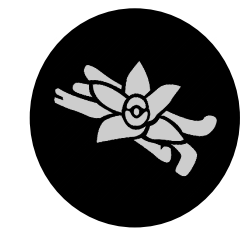
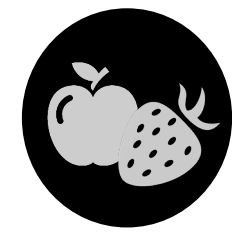
87



4 within authenticity of flavourings

$\delta^{13}\text{C}$ ($\delta^2\text{H}$)

FLAVOURING



VOCs

16

39

1

21

NATURAL

34

213

49

87

SYNTHETIC

16

48

6

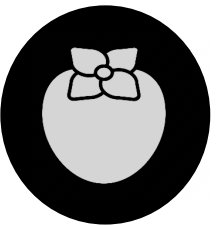
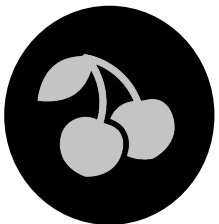
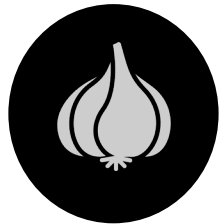
13



6 within geographical origin of food

$\delta^{13}\text{C}$, $\delta^{15}\text{N}$, $\delta^{18}\text{O}_w$, $\delta^{34}\text{S}$ and 25 elements

FOOD

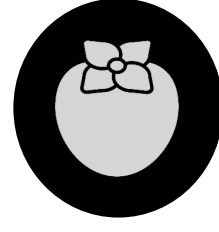
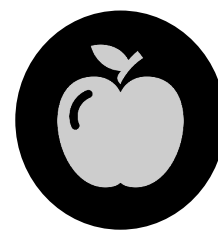
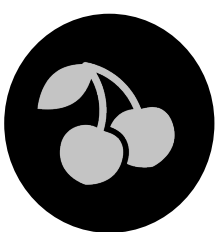
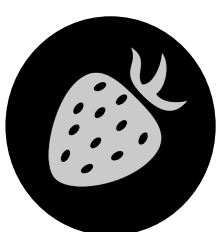
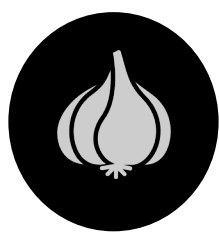




6 within geographical origin of food

$\delta^{13}\text{C}$, $\delta^{15}\text{N}$, $\delta^{18}\text{O}_w$, $\delta^{34}\text{S}$ and 25 elements

FOOD



YEARS

2

3

3

2


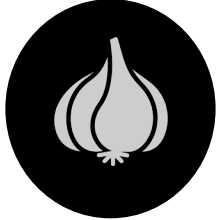

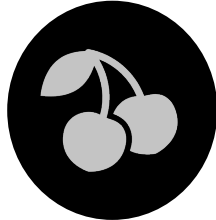
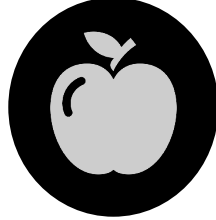
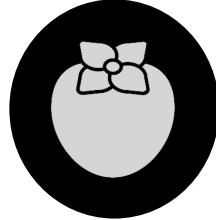
1

1



6 within geographical origin of food


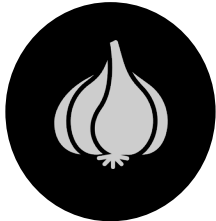

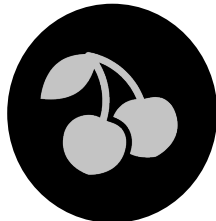
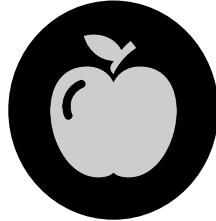
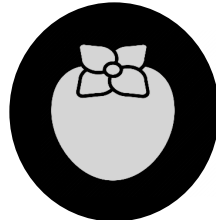
$\delta^{13}\text{C}$, $\delta^{15}\text{N}$, $\delta^{18}\text{O}_w$, $\delta^{34}\text{S}$ and 25 elements

FOOD						
YEARS	2	3	3	2	1	1
AUTHENTIC	52	63	92	54	27	26



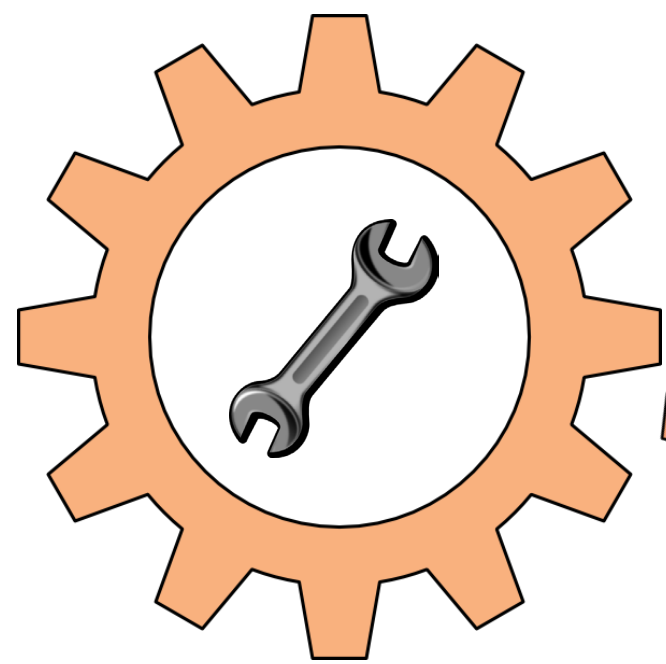
6 within geographical origin of food

$\delta^{13}\text{C}$, $\delta^{15}\text{N}$, $\delta^{18}\text{O}_w$, $\delta^{34}\text{S}$ and 25 elements

FOOD						
YEARS	2	3	3	2	1	1
AUTHENTIC	52	63	92	54	27	26
ABROAD	29	49	32	27	9	14



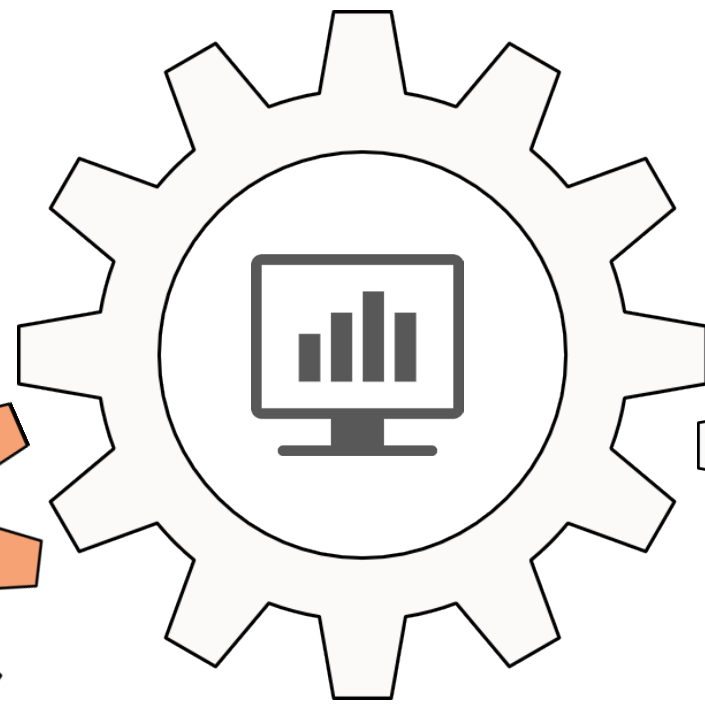
The four gears building trust in our food



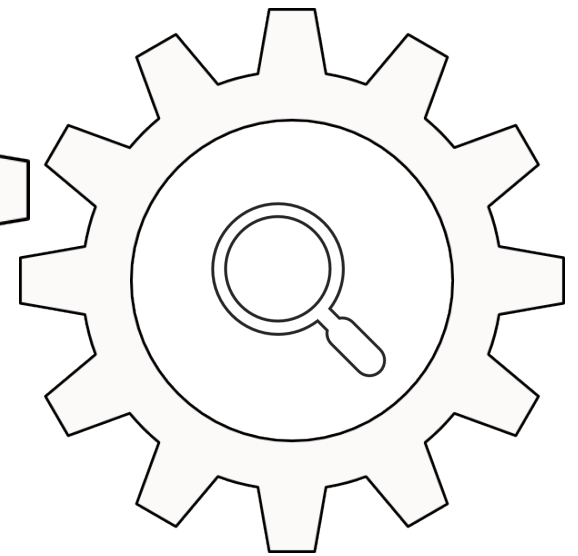
Methodology



Database



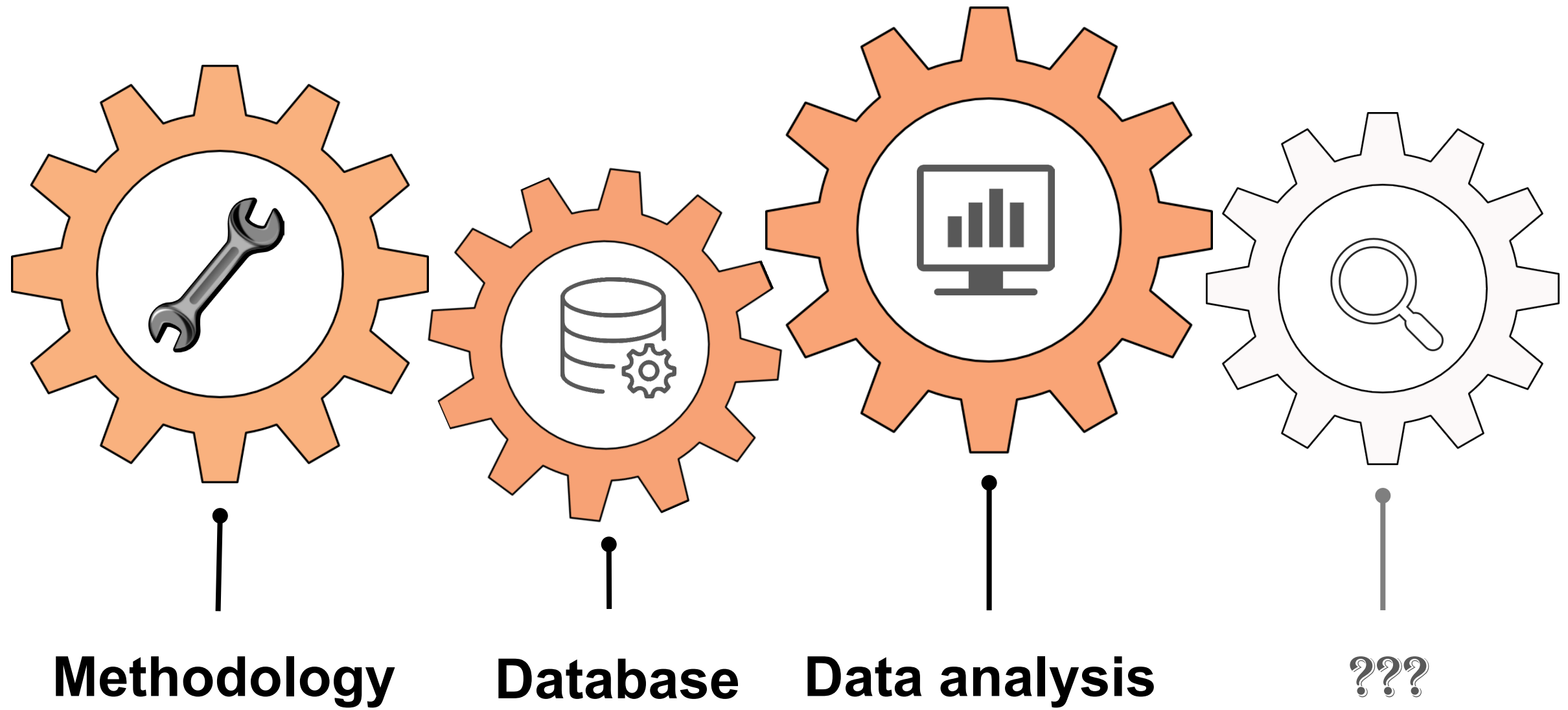
???



???



The four gears building trust in our food

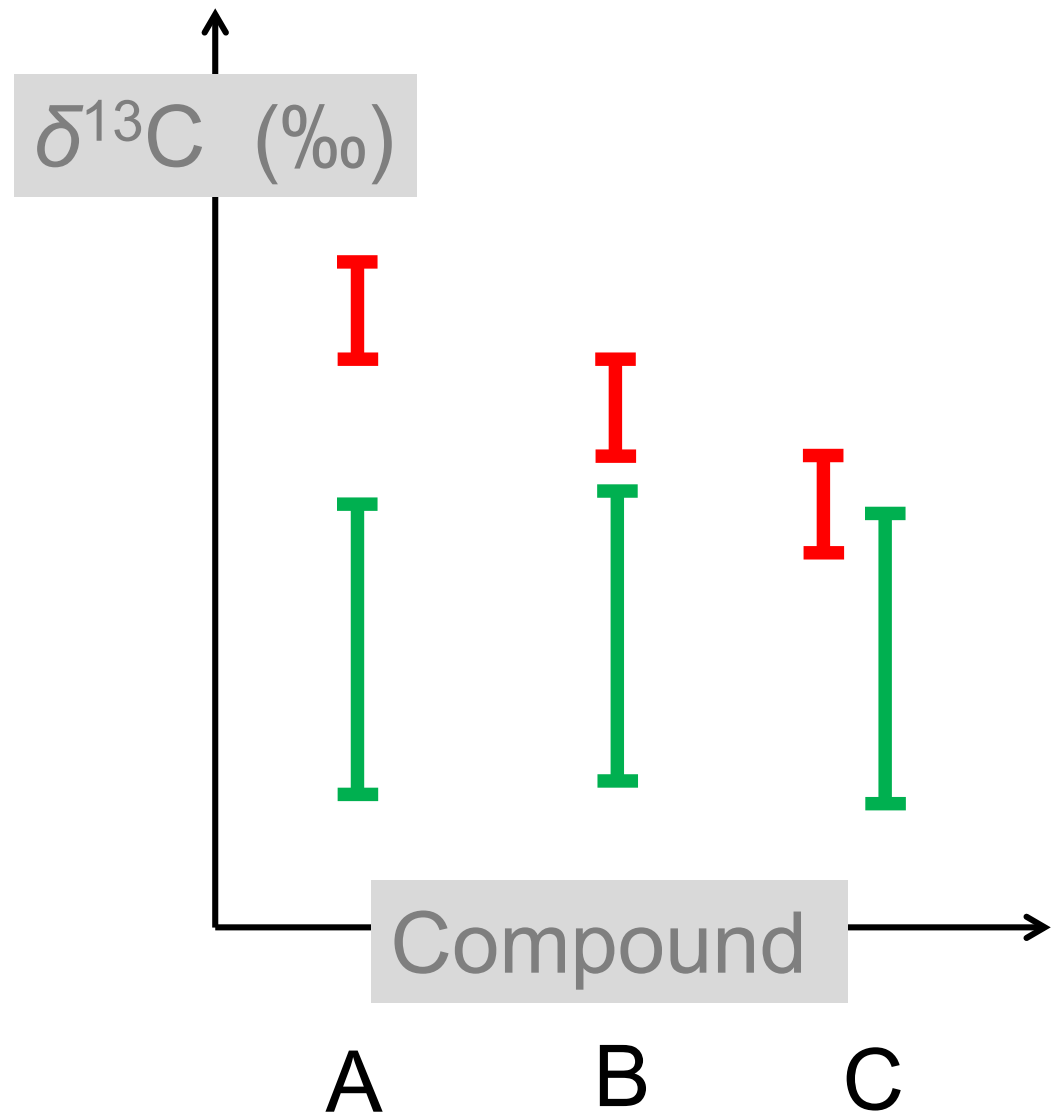


Methodology

Database

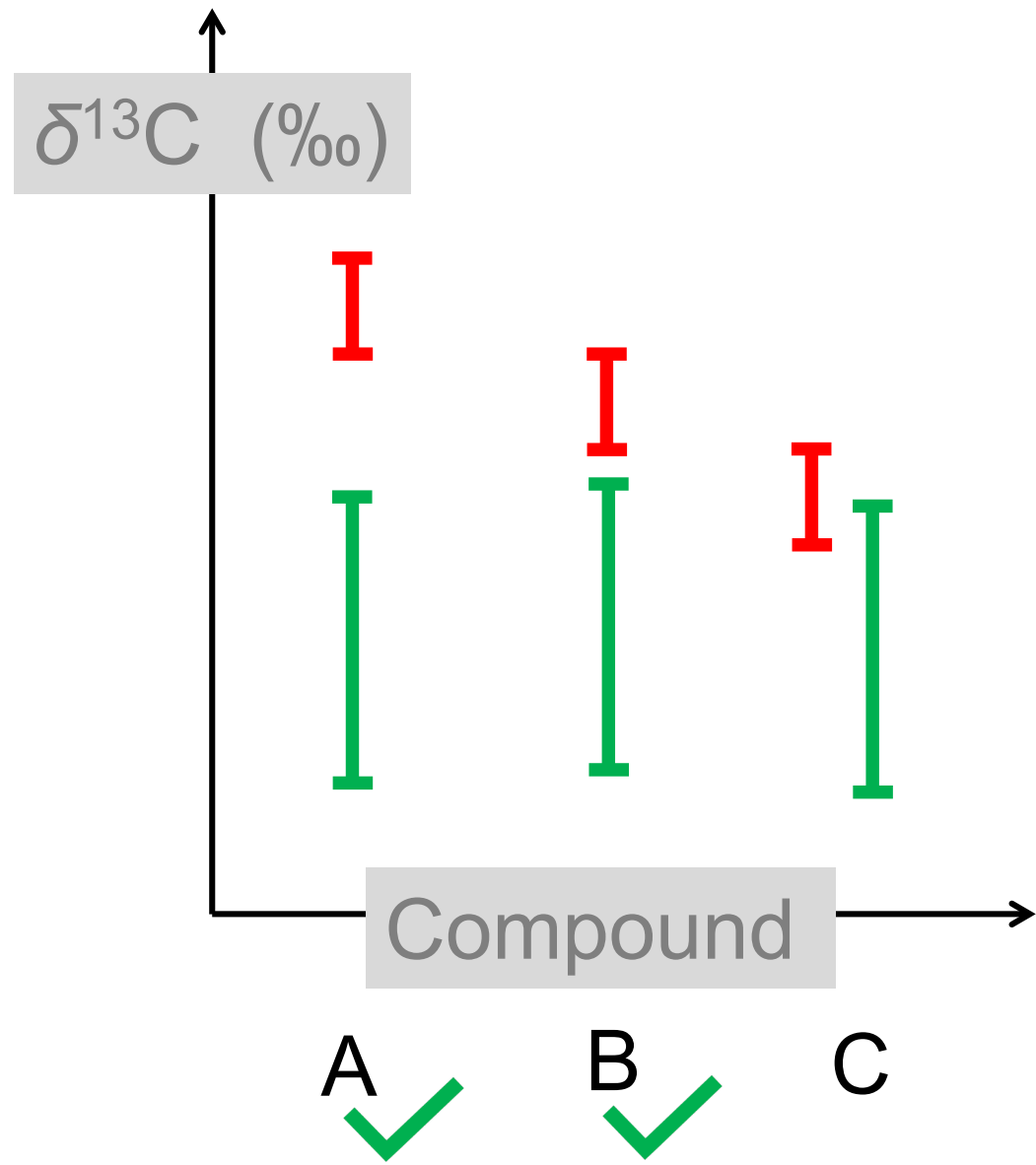
Data analysis

???



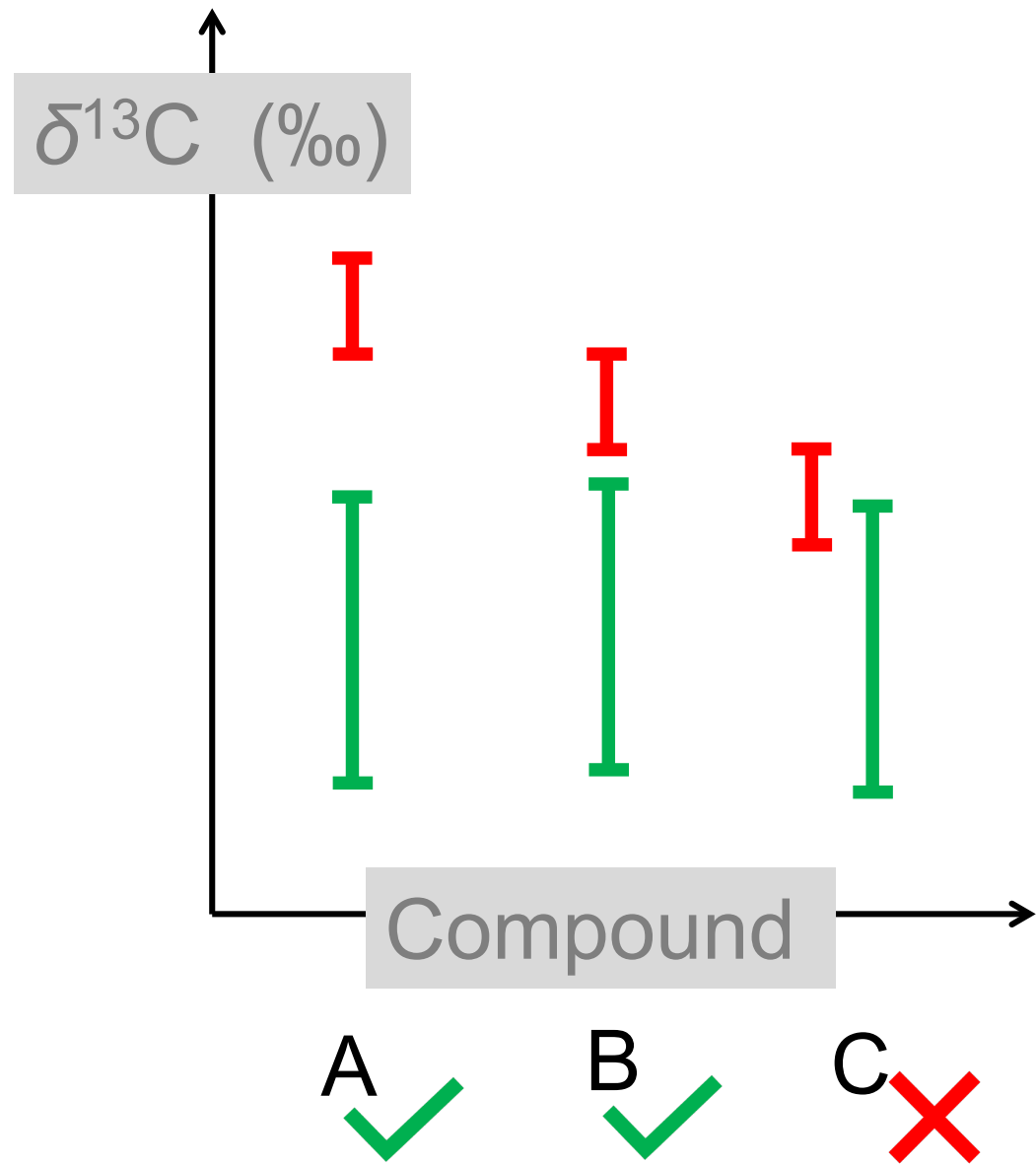
Authenticity of flavourings

Comparative analysis of natural and synthetic isotope ranges.



Authenticity of flavourings

Comparative analysis of natural and synthetic isotope ranges.



Authenticity of flavourings

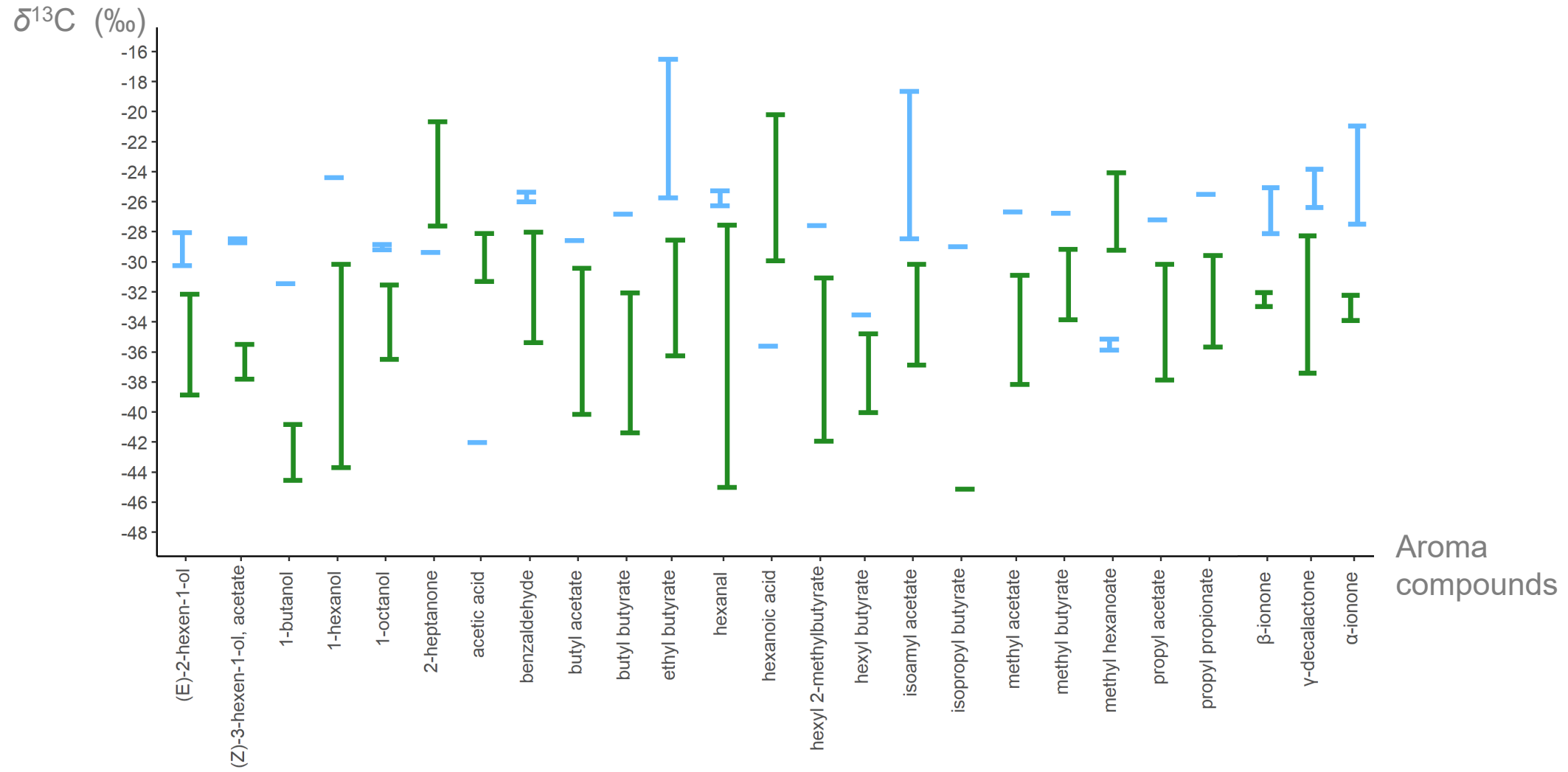
Comparative analysis of natural and synthetic isotope ranges.



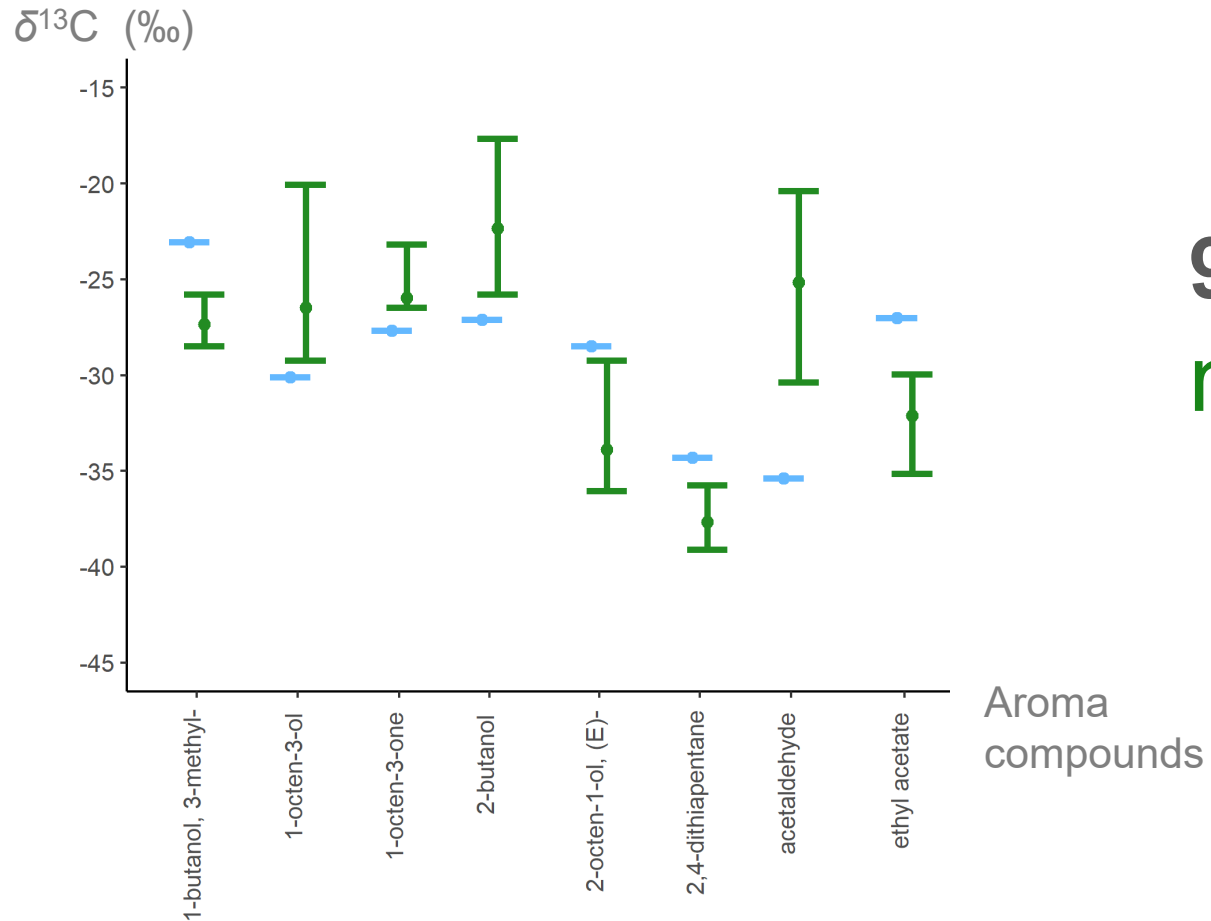
Fruits



25 VOCs allow discrimination between **natural** and **synthetic** samples

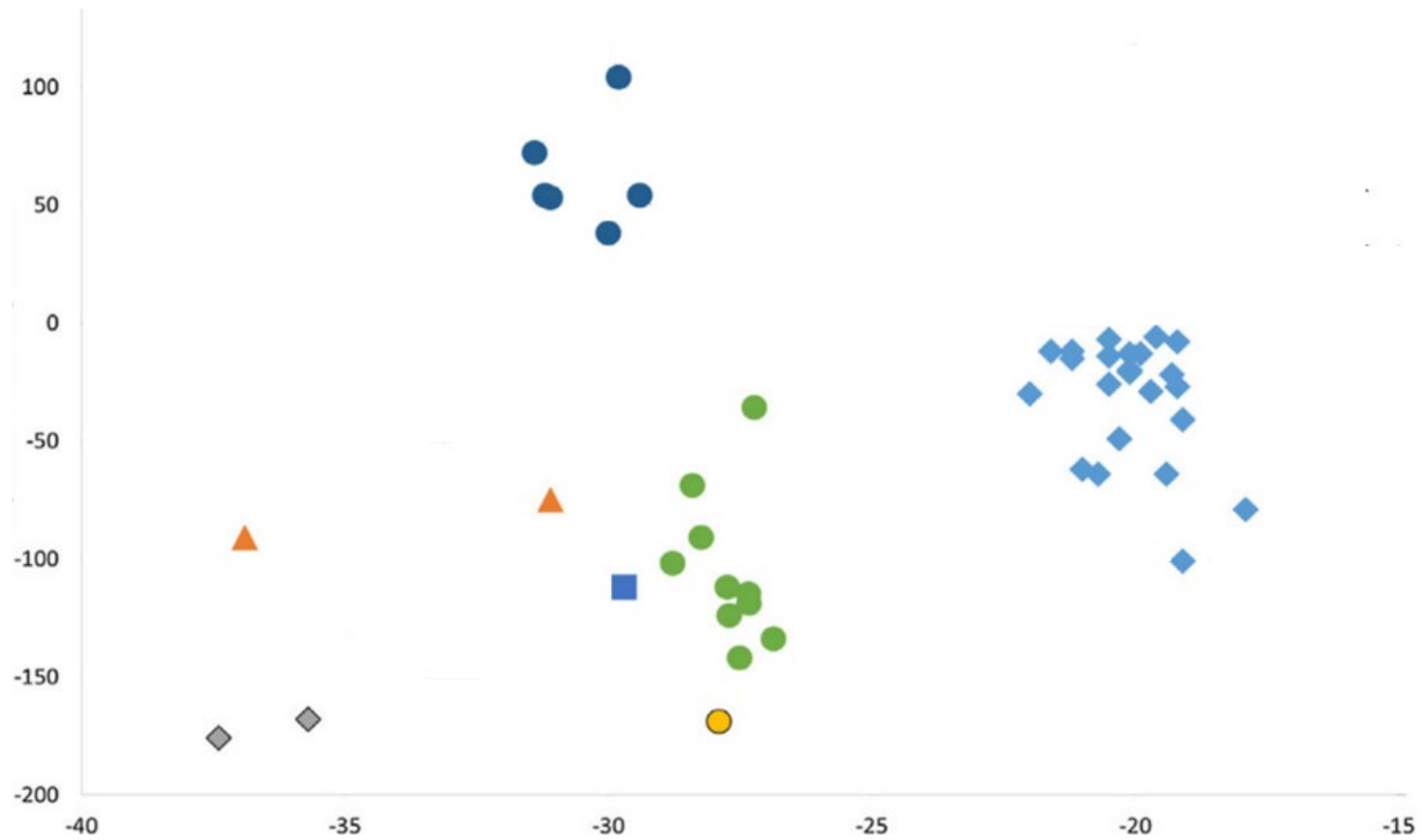


Truffles

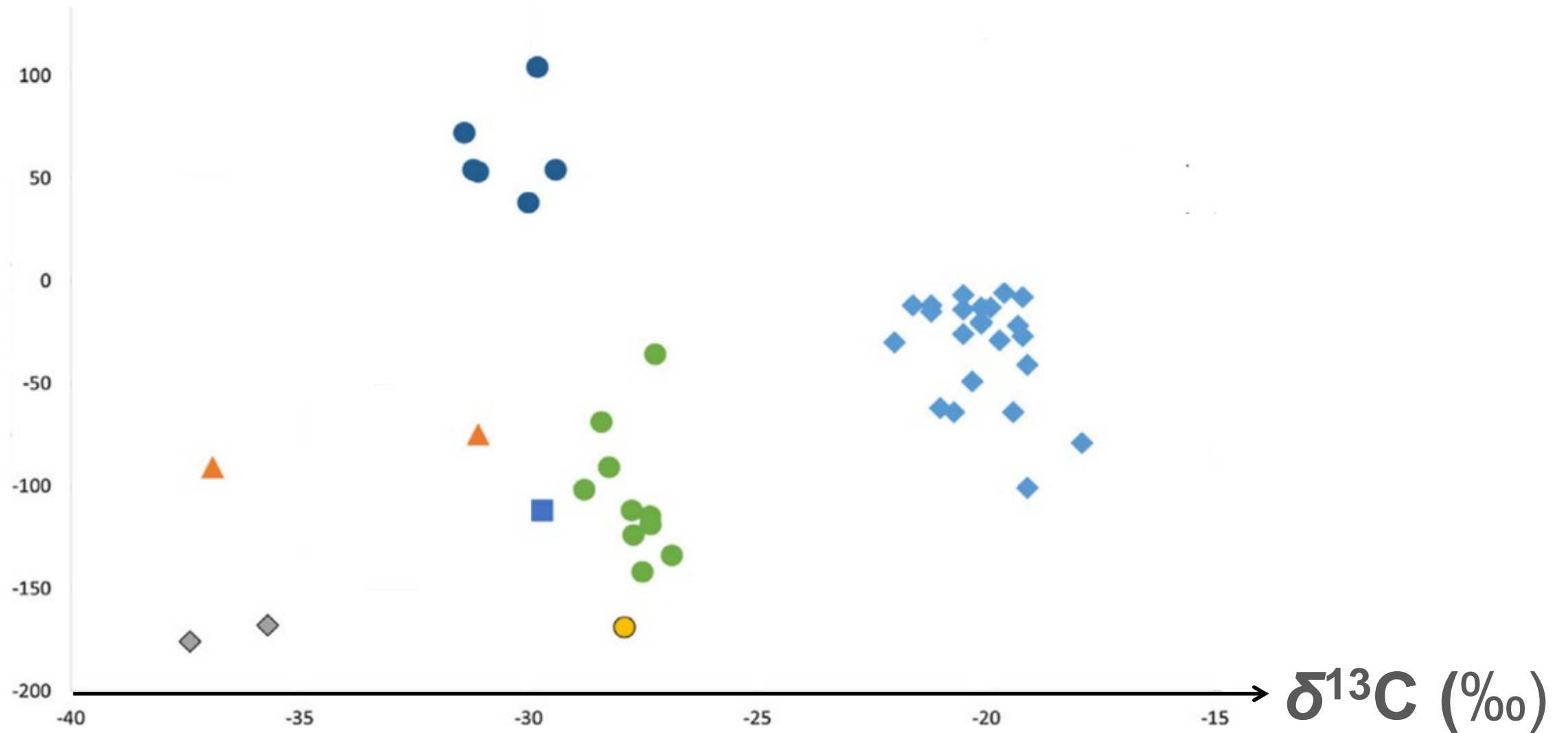


9 VOCs allow discrimination between natural and synthetic samples

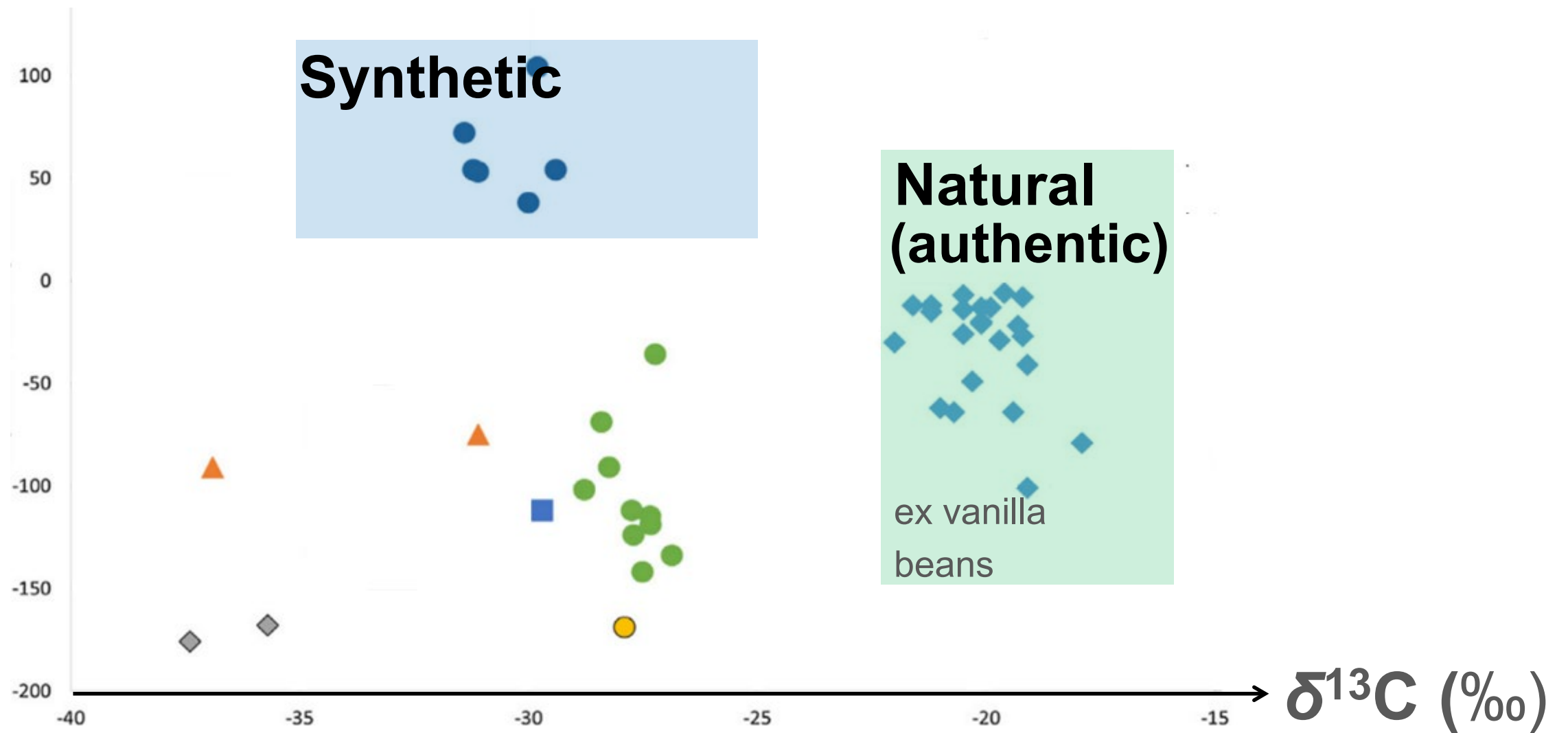
Vanillin



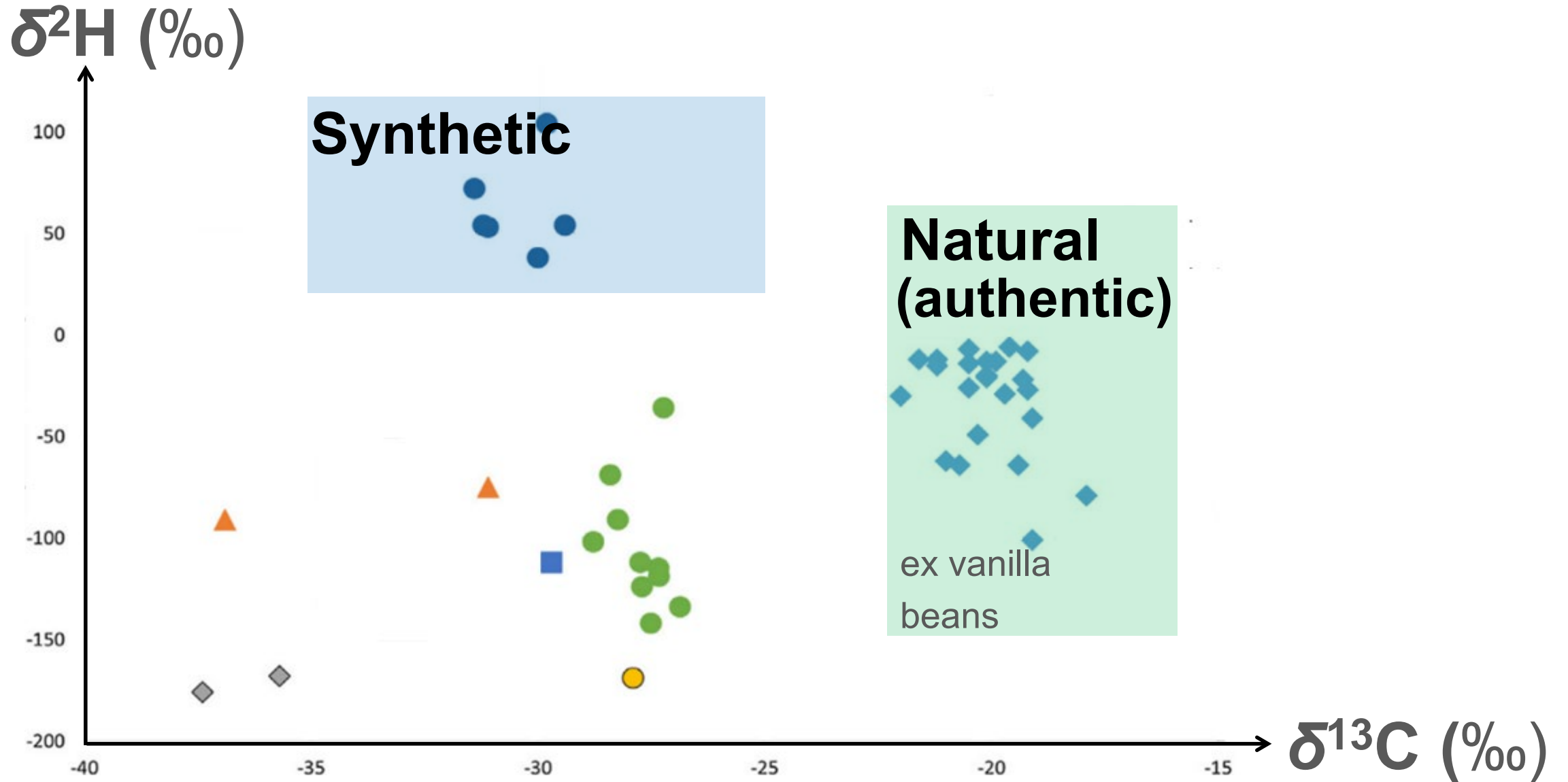
Vanillin



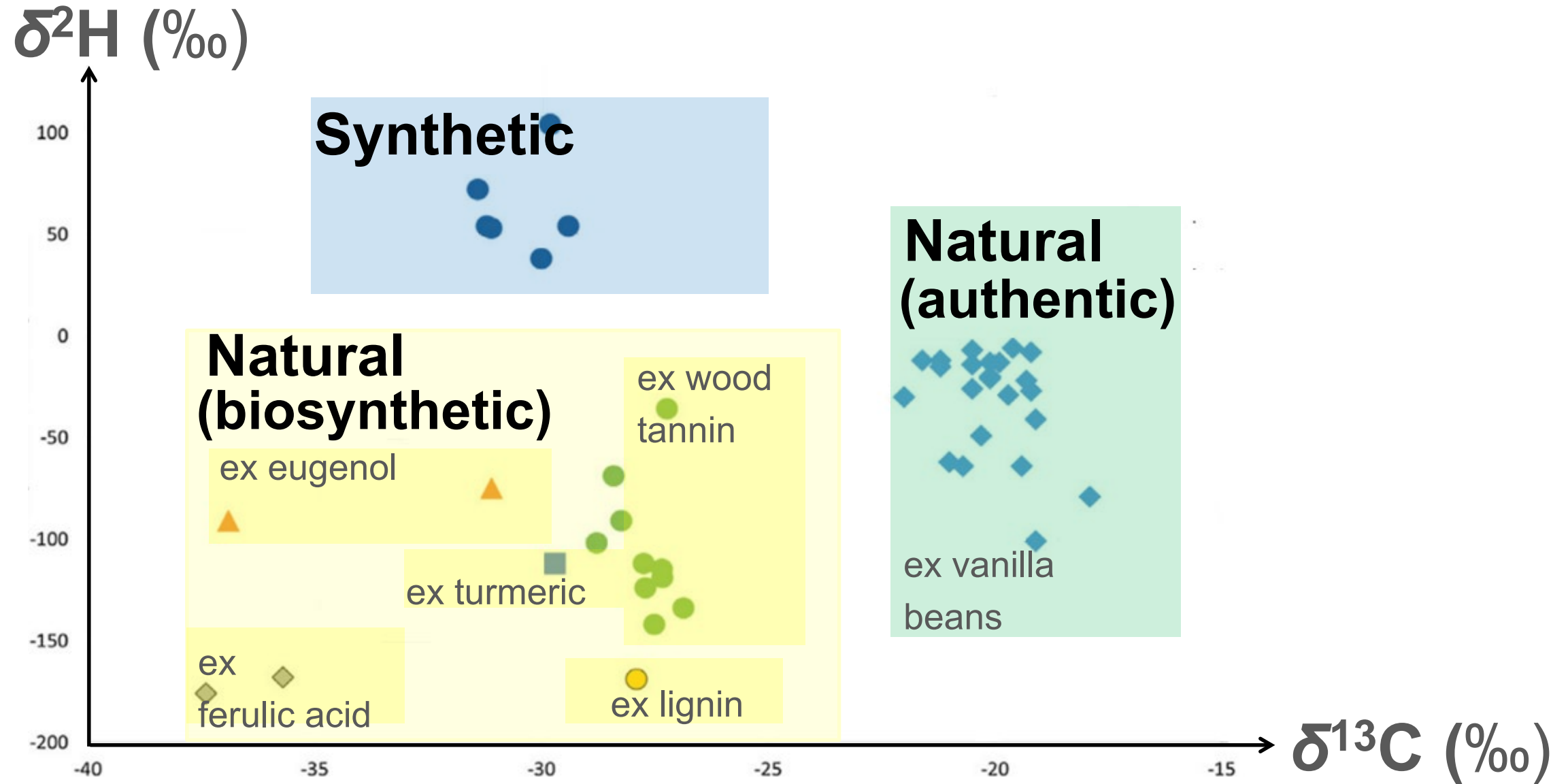
Vanillin



Vanillin



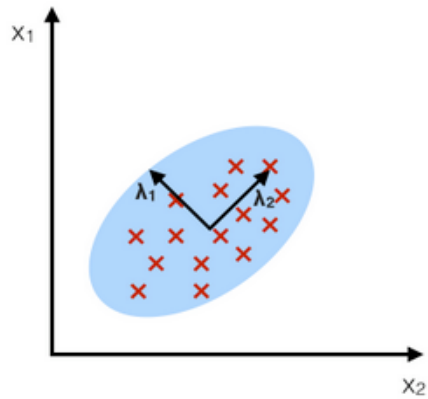
Vanillin



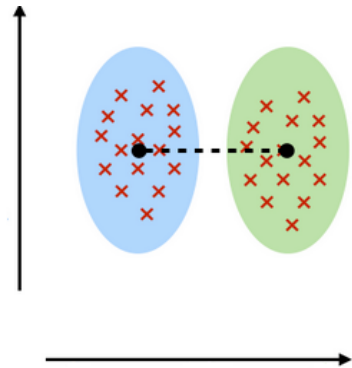
Geographical origin of food

3 general chemometric approaches

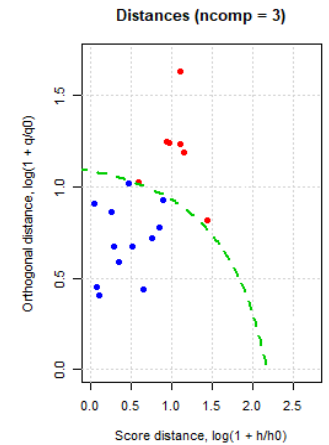
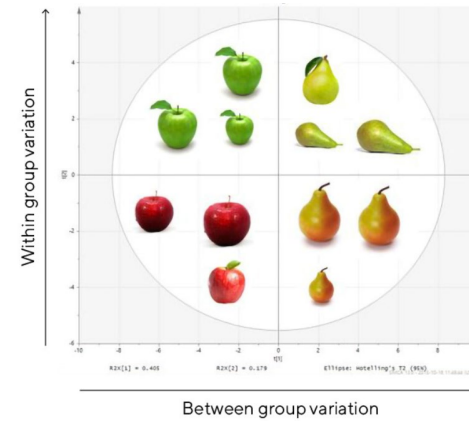
Explorative analysis



Classification



Class-modelling





Confirmation that a specific sample originates from a particular country.



Confirmation that a specific sample originates from a particular country.

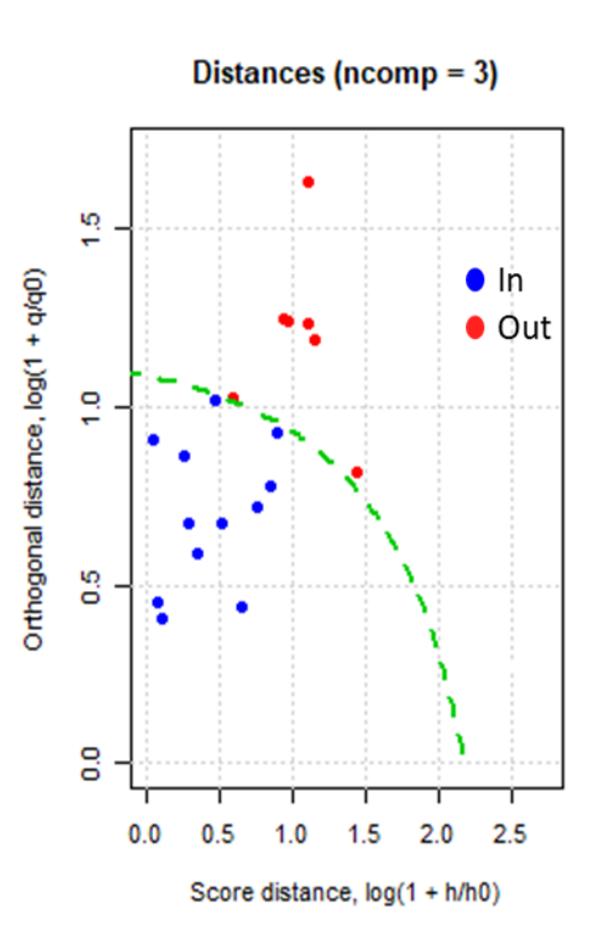


One class classification problem



Class-modelling or one-class classifiers

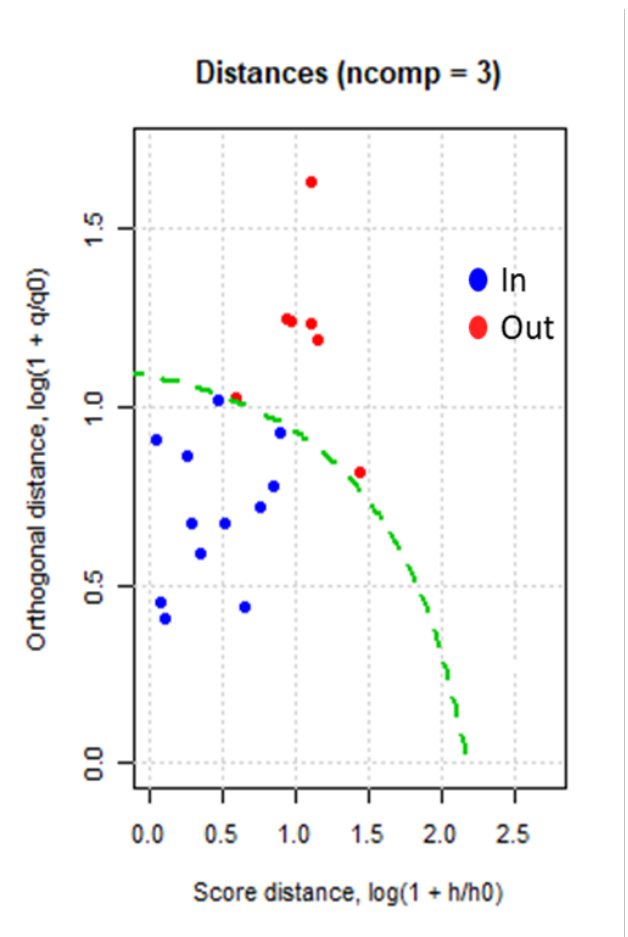
Data Driven Soft Independent Modelling of Class Analogy (DD-SIMCA)





Class-modelling or one-class classifiers

Data Driven Soft Independent Modelling of Class Analogy (DD-SIMCA)



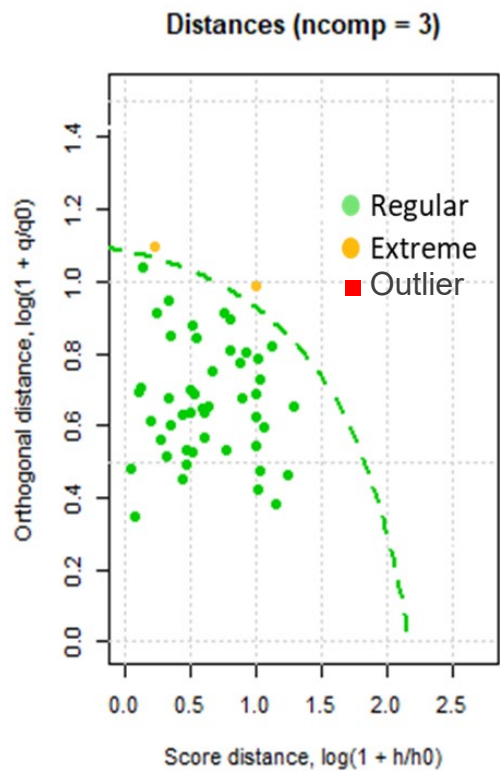
Meant to distinguish objects of one particular class from all other objects and classes.





1 Target set

compliant samples



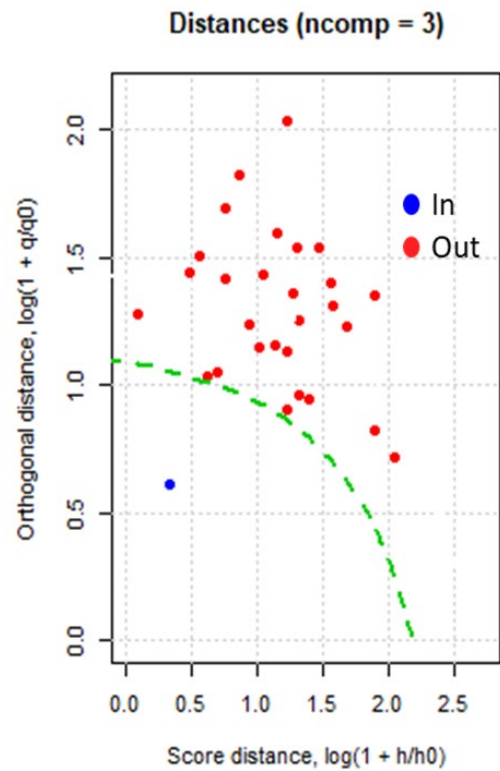
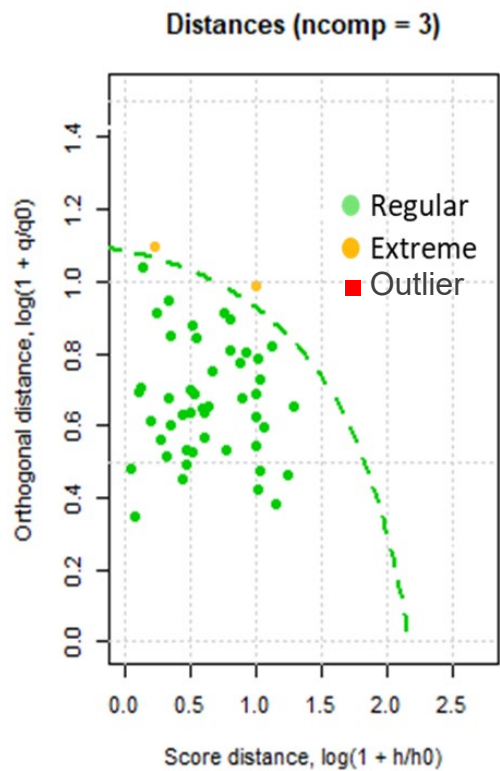


1 Target set

compliant samples

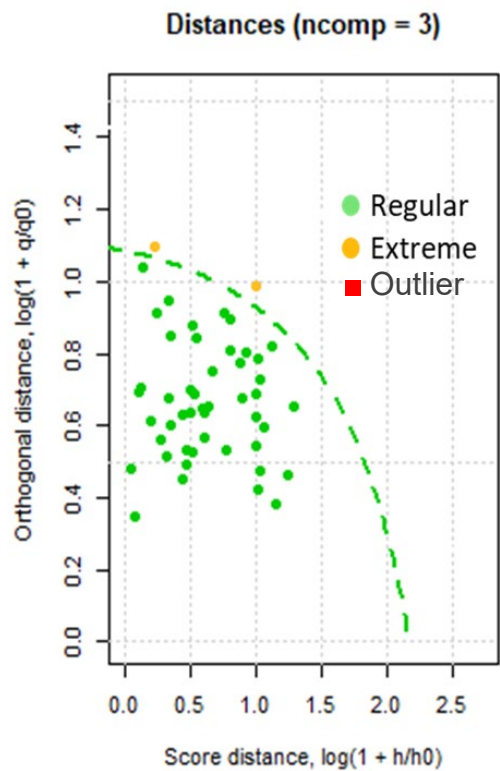
2 Alternative set

non-compliant samples

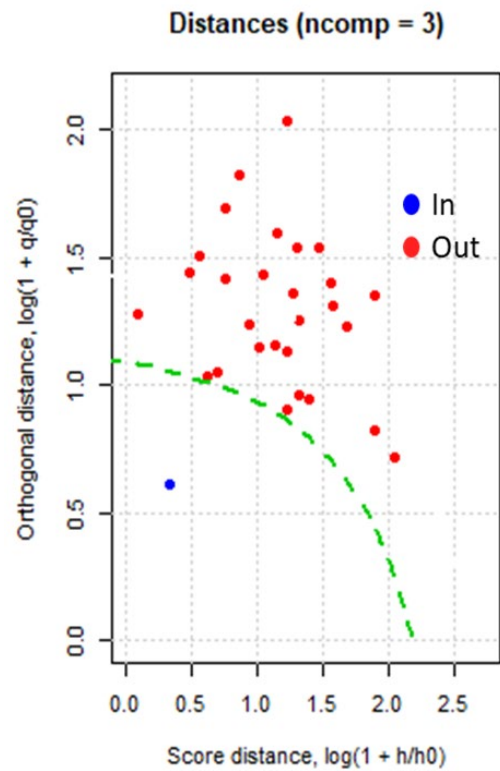




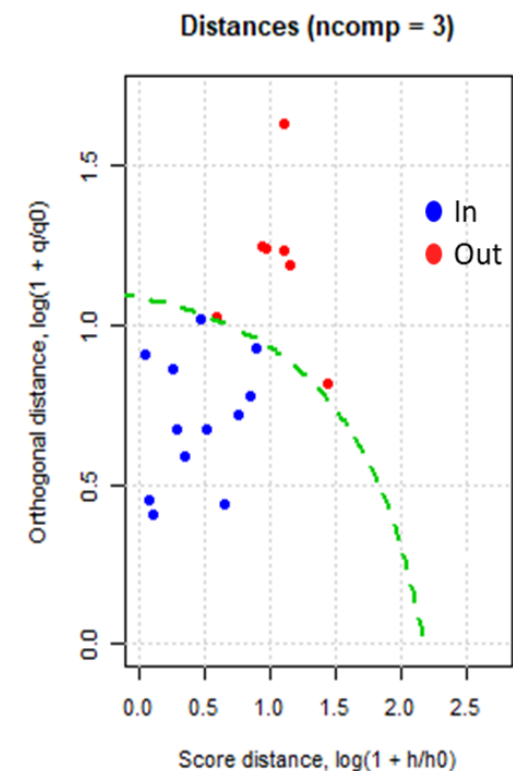
1 Target set compliant samples



2 Alternative set non-compliant samples



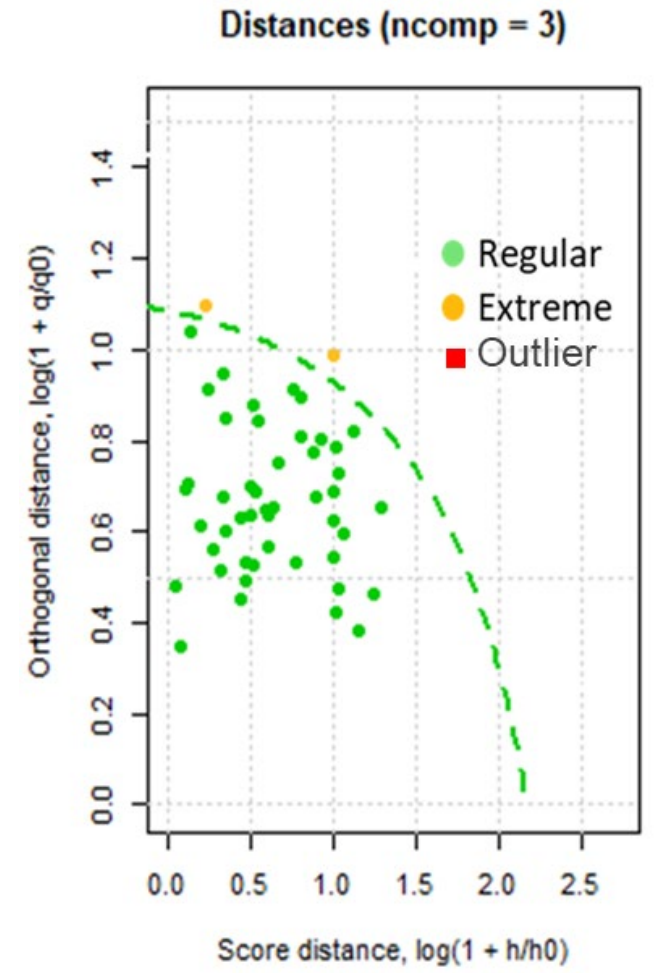
3 Test set unknown samples







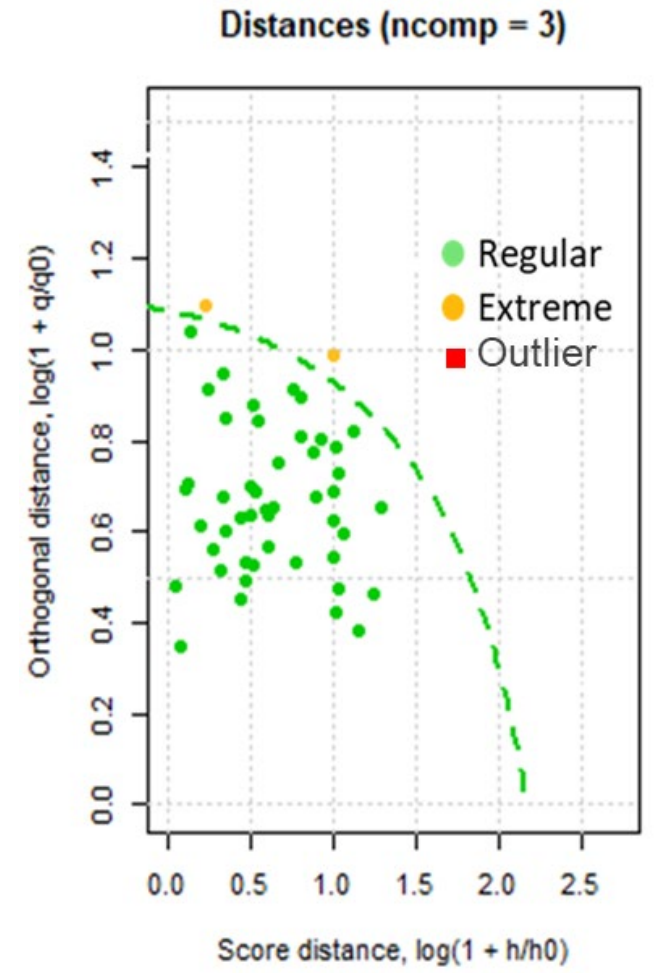
1 Target set (compliant samples)





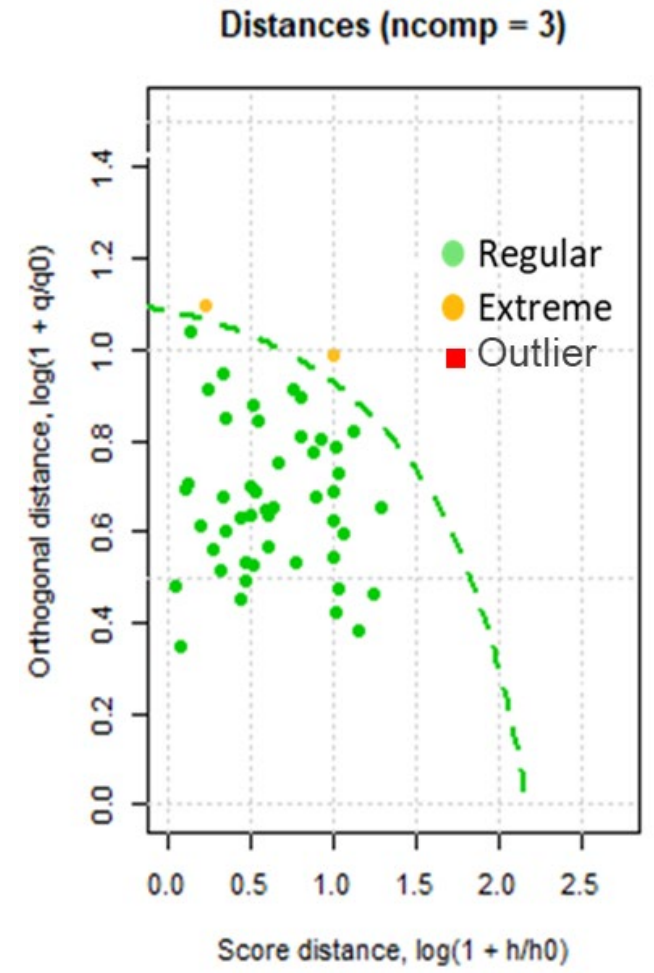
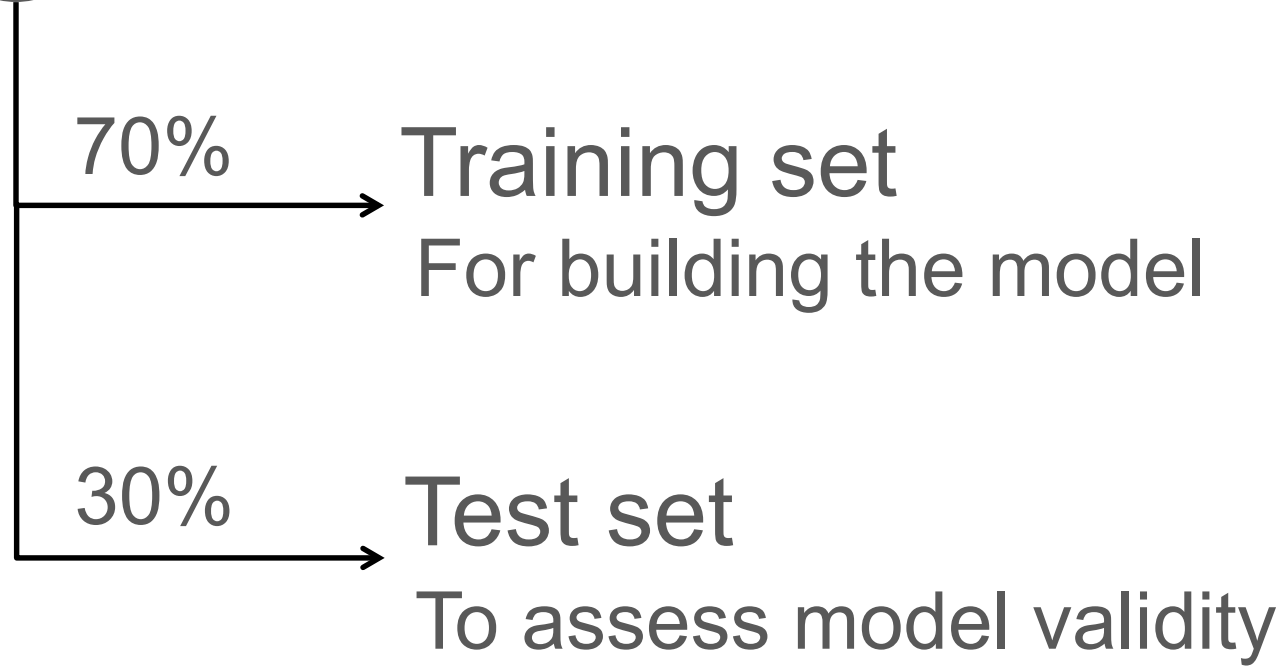
1 Target set (compliant samples)

70% → Training set
For building the model



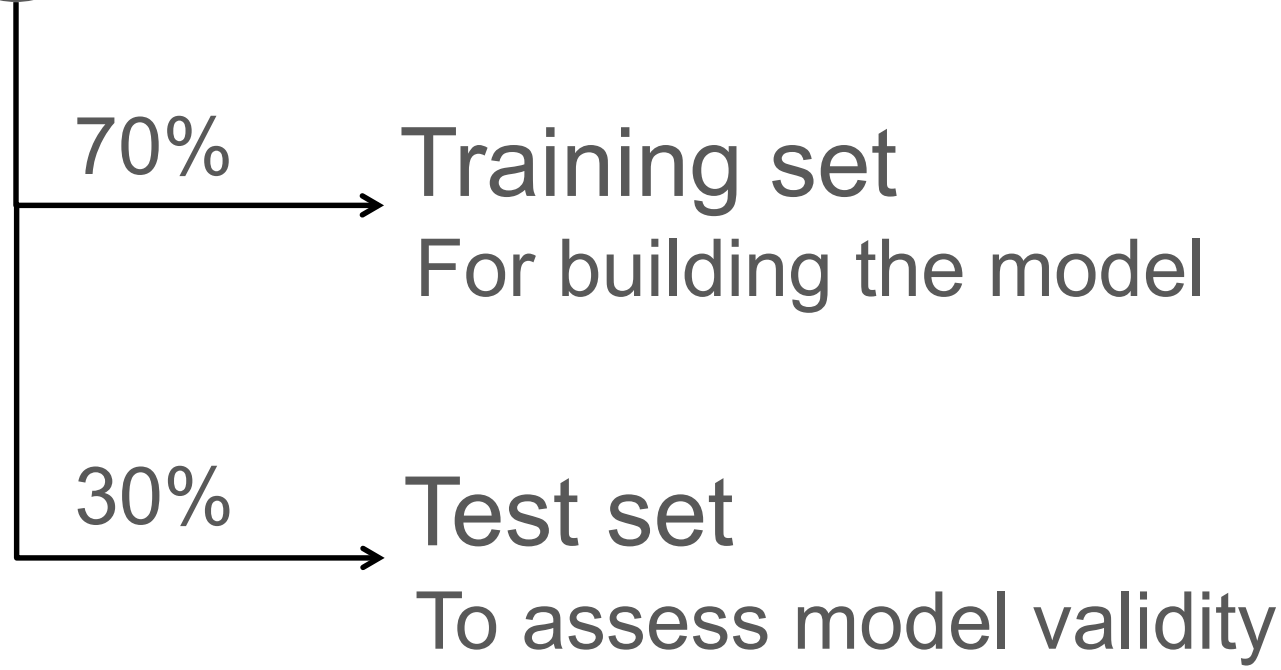


1 Target set (compliant samples)

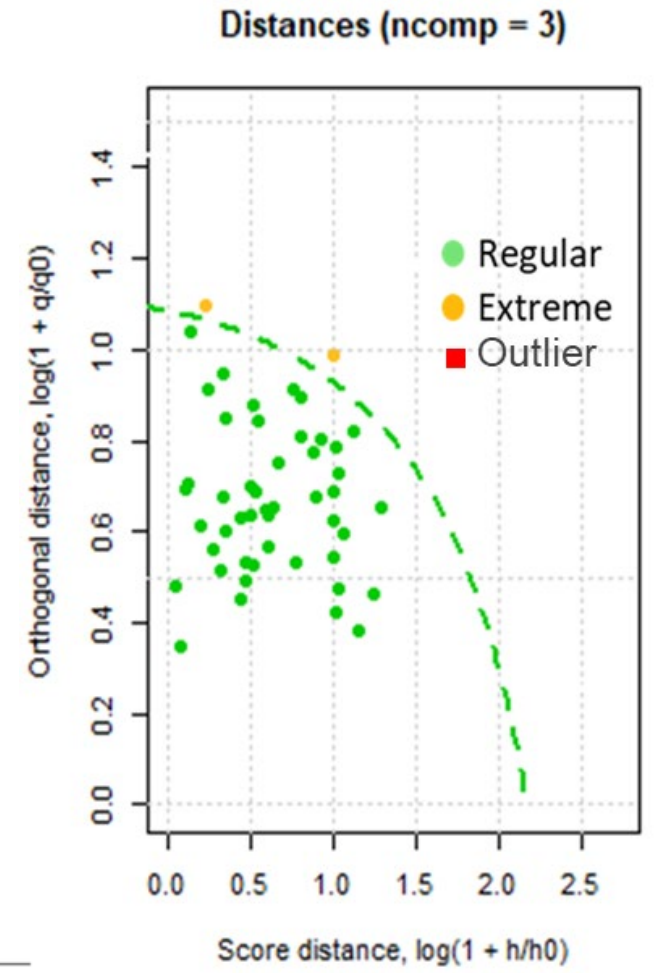




1 Target set (compliant samples)



$$\text{Sensitivity (type I error } (\alpha)) = \frac{\text{True Positives}}{\text{True Positives} + \text{False Negatives}}$$





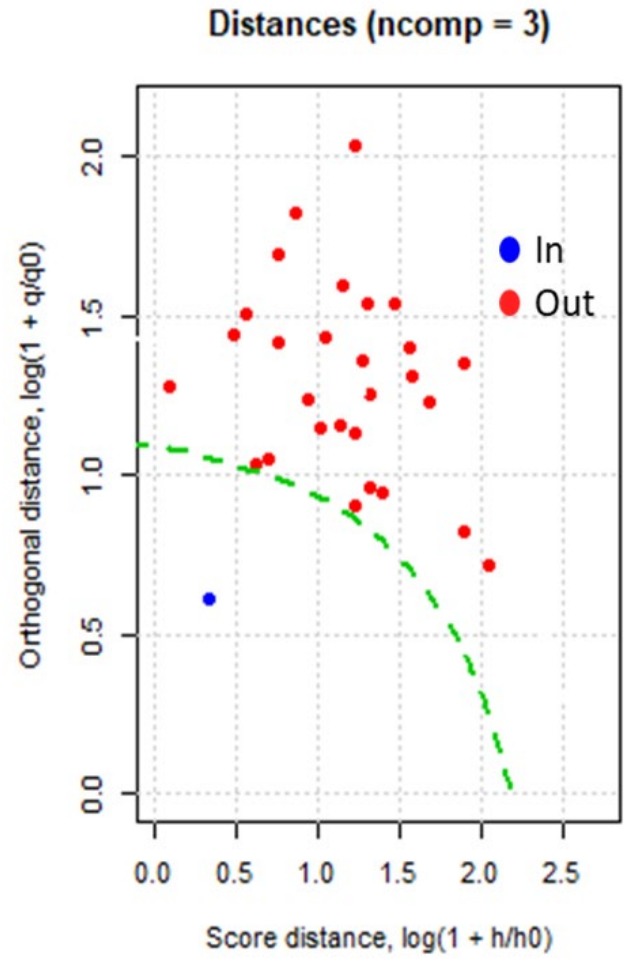
2 Alternative set (non-compliant samples)



2 Alternative set (non-compliant samples)

Used only to evaluate the model's performance.

$$\text{Specificity (type II error } (\beta)) = \frac{\text{True Negatives}}{\text{True Negatives} + \text{False Positives}}$$



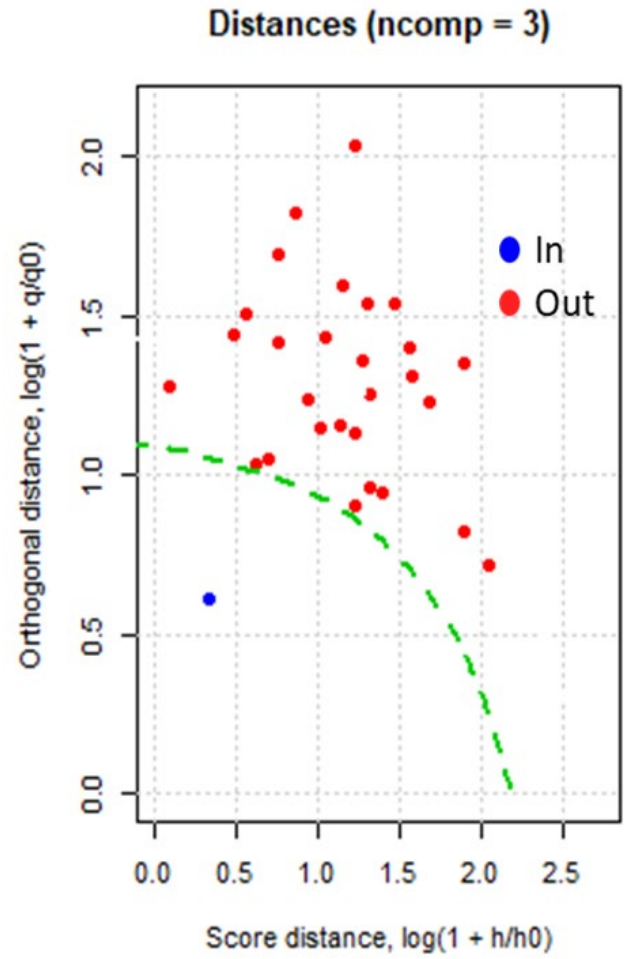


2 Alternative set (non-compliant samples)

Used only to evaluate the model's performance.

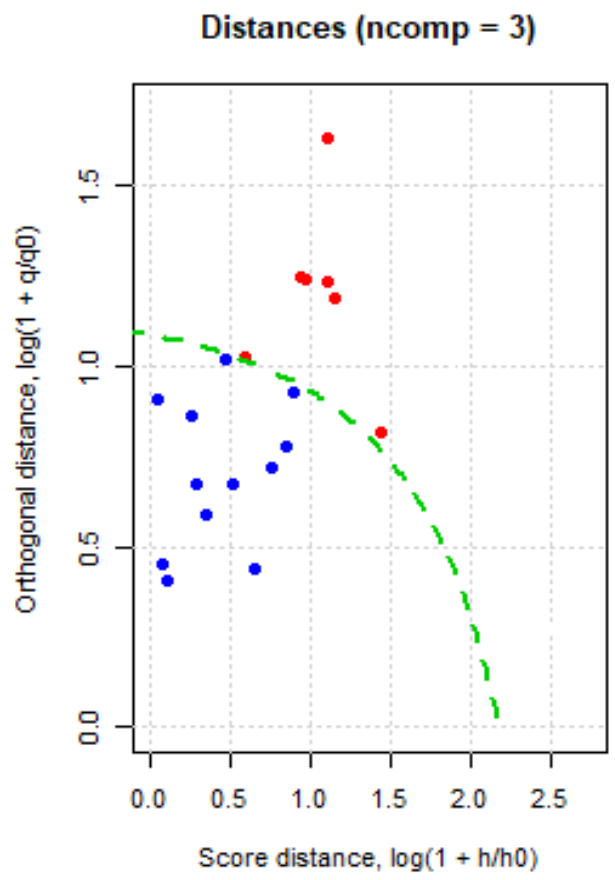
$$\text{Specificity (type II error } (\beta)) = \frac{\text{True Negatives}}{\text{True Negatives} + \text{False Positives}}$$

Not for building the model!



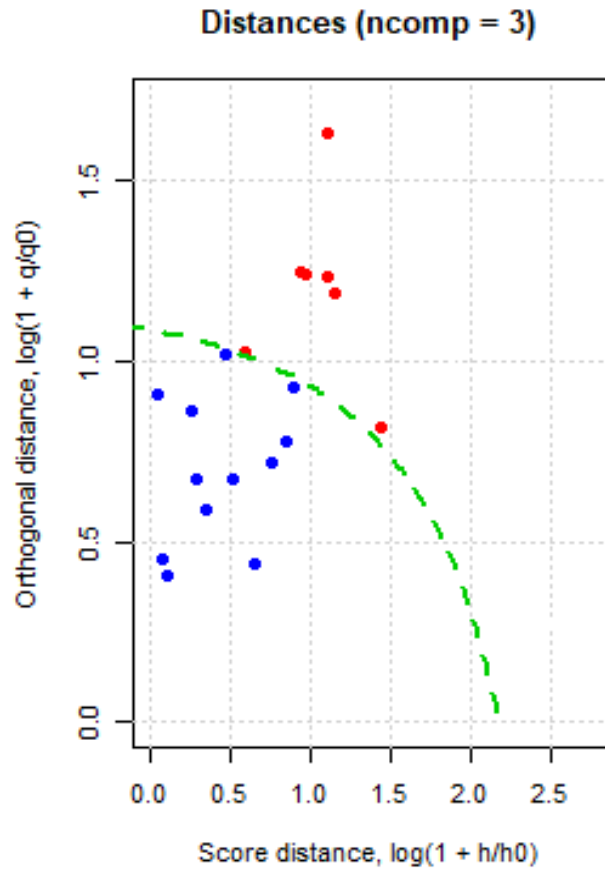


3 Test set (unknown samples)



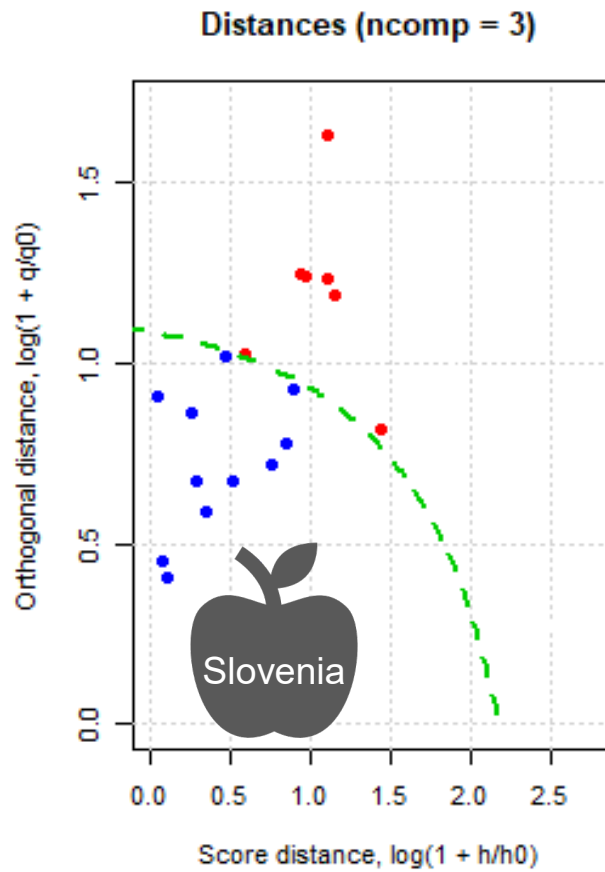


3 Test set (unknown samples)



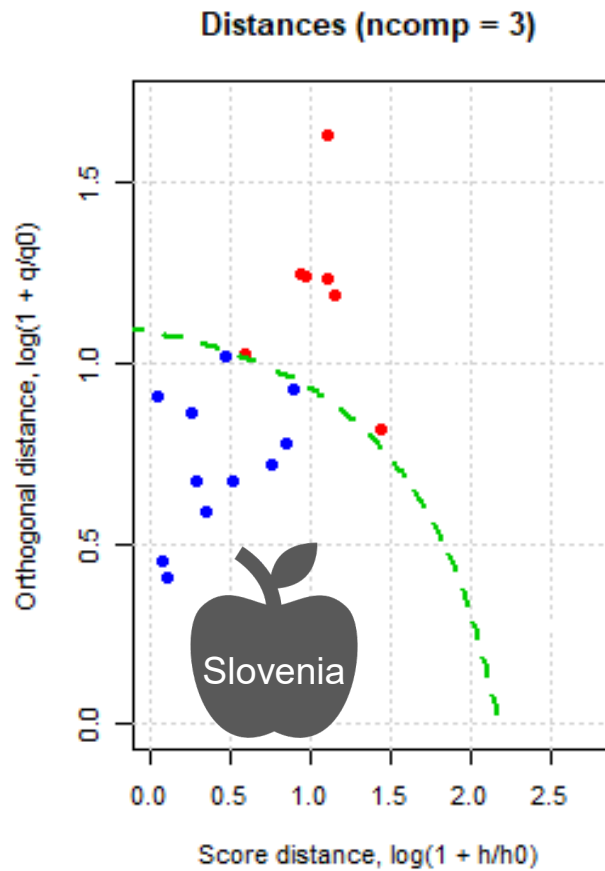


3 Test set (unknown samples)





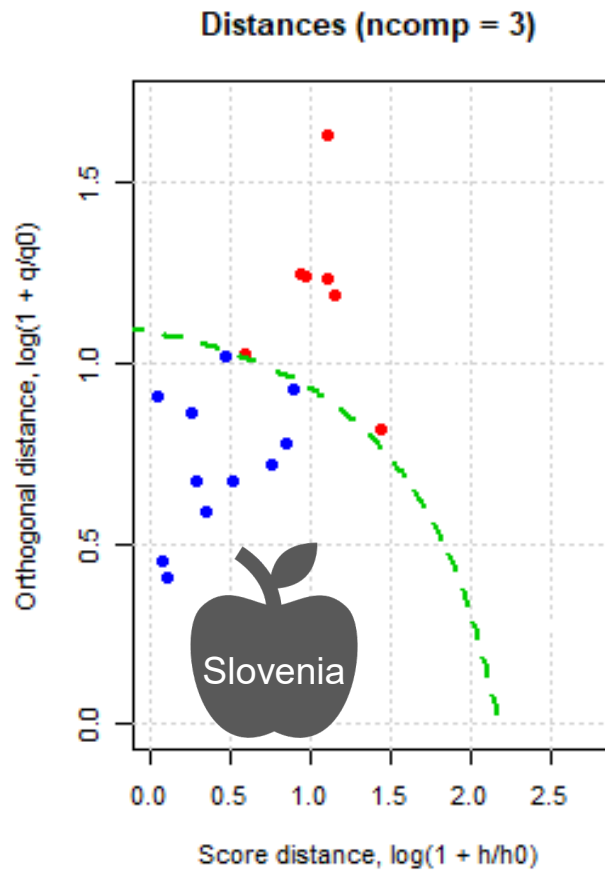
3 Test set (unknown samples)



IN: object is similar to the other objects in a class



3 Test set (unknown samples)

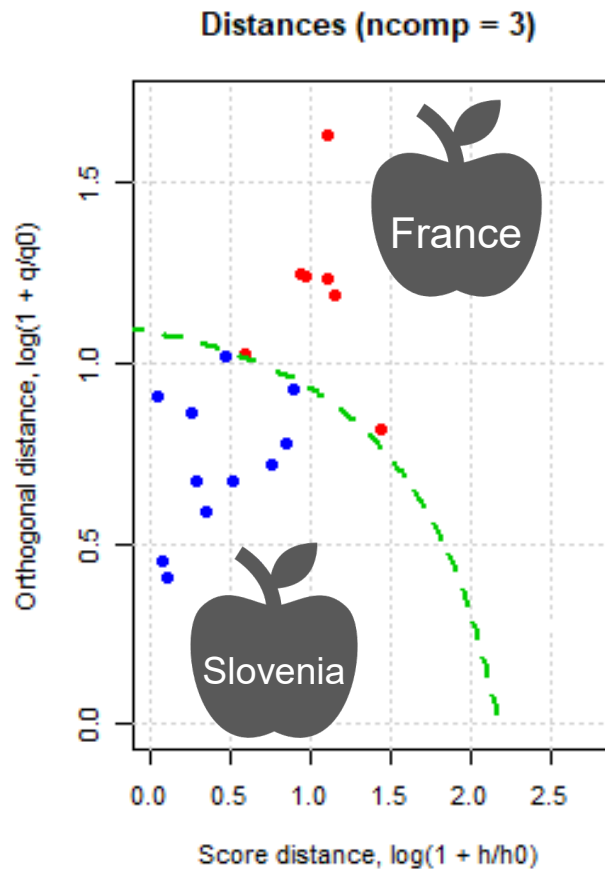


IN: object is similar to the other objects in a class





3 Test set (unknown samples)



IN: object is similar to the other objects in a class

OUT: sample is either outlier or belongs to a class that is not represented in the data set



Excellent year to year DD-SIMCA models

 Sensitivity  Specificity





Significant year to year variation



■ Sensitivity ■ Specificity

Strawberry

PCs=2
3 years



Cherry

PCs=3
2 years



Apple

PCs=2
1 year





Kaki

PCs=2
1 year





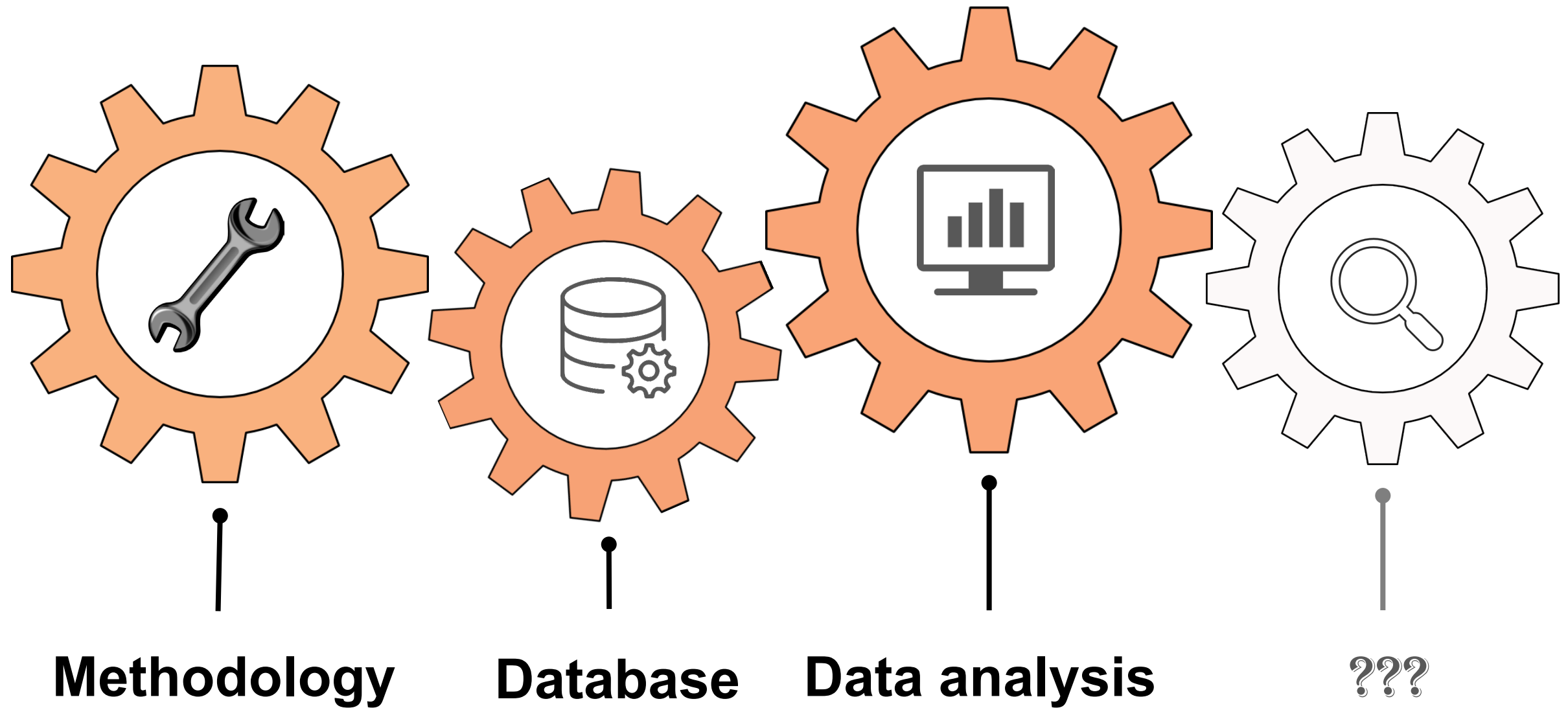
Robust general DD-SIMCA model for &

 Sensitivity  Specificity





The four gears building trust in our food



Methodology

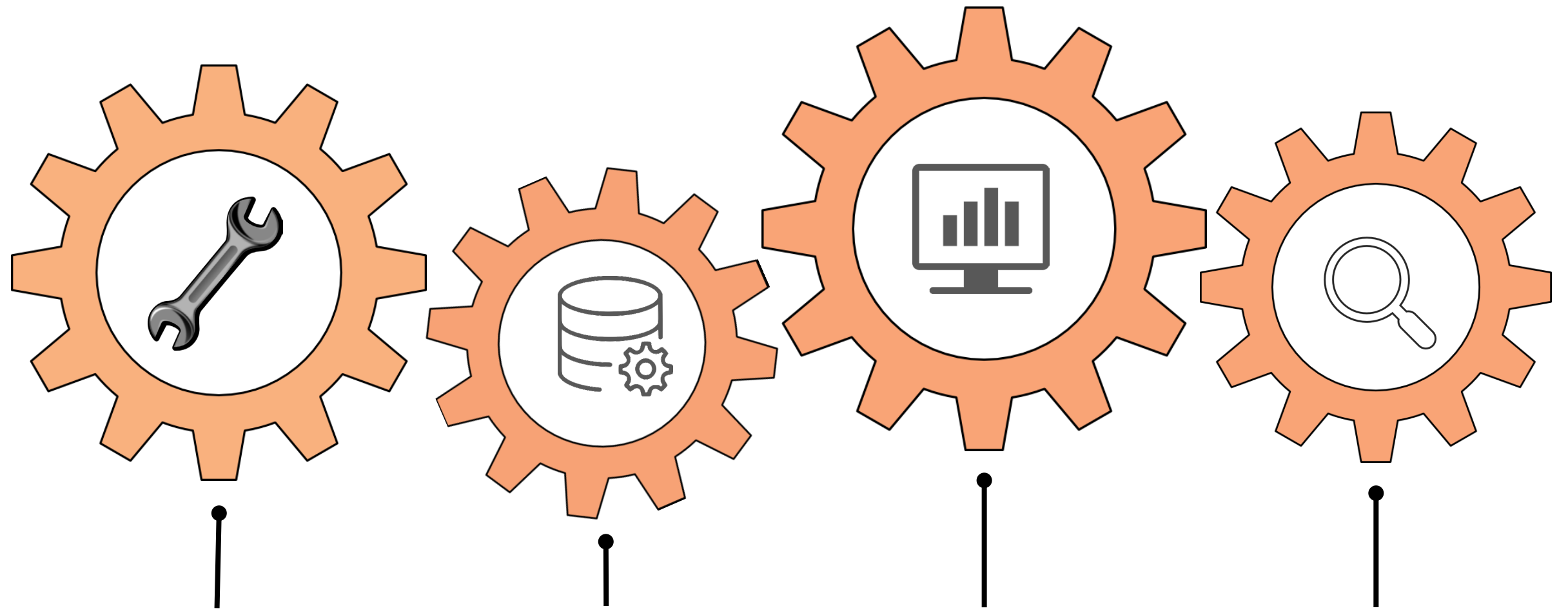
Database

Data analysis

???



The four gears building trust in our food



Methodology

Database

Data analysis

Market testing



Authenticity of Food Flavours

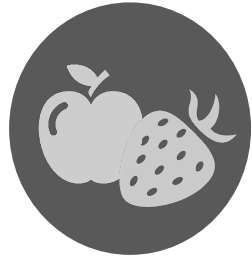


Number of commercial samples



Number of commercial samples

33



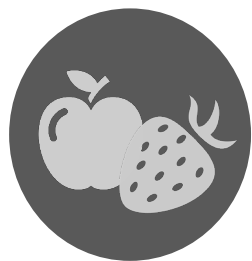
Fruit flavourings

Apple, strawberry, banana, blueberry, peach, grape, pear, kiwi, raspberry, blackberry, plum and sour cherry



Number of commercial samples

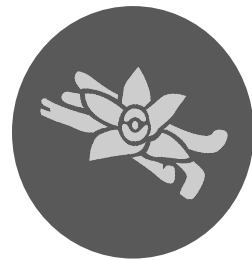
33



Fruit flavourings

Apple, strawberry, banana, blueberry, peach, grape, pear, kiwi, raspberry, blackberry, plum and sour cherry

4



Vanilla flavourings

Yoghurt, ice cream, pudding and tea



Number of commercial samples

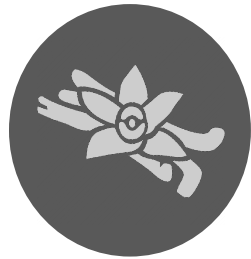
33



Fruit flavourings

Apple, strawberry, banana, blueberry, peach, grape, pear, kiwi, raspberry, blackberry, plum and sour cherry

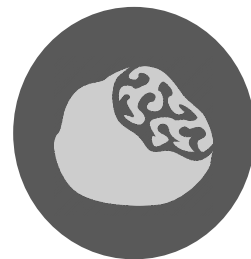
4



Vanilla flavourings

Yoghurt, ice cream, pudding and tea

11

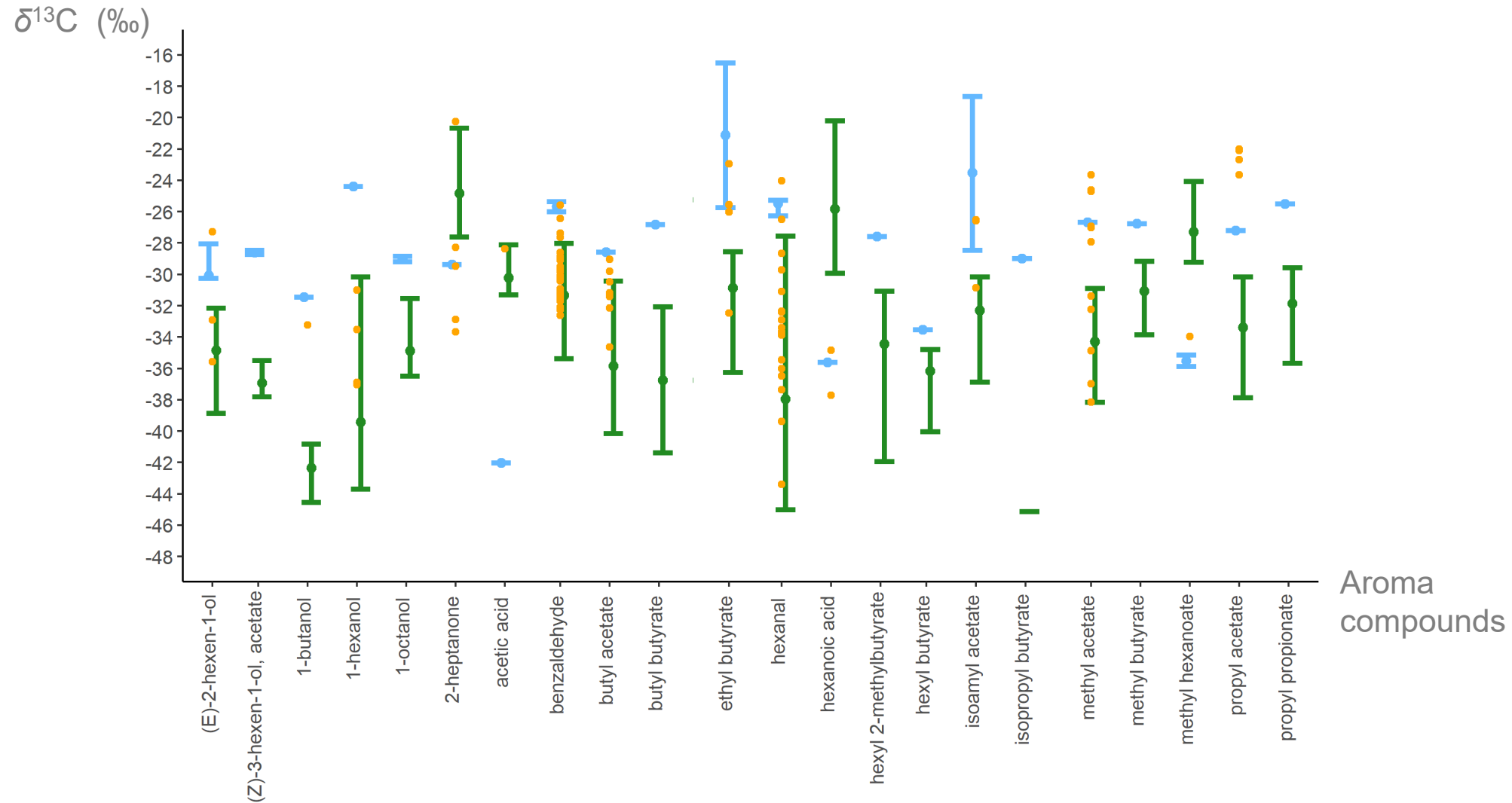


Truffle flavourings

Olive oils, sauces, fish spread, *T. magnatum*, *T. aestivum*

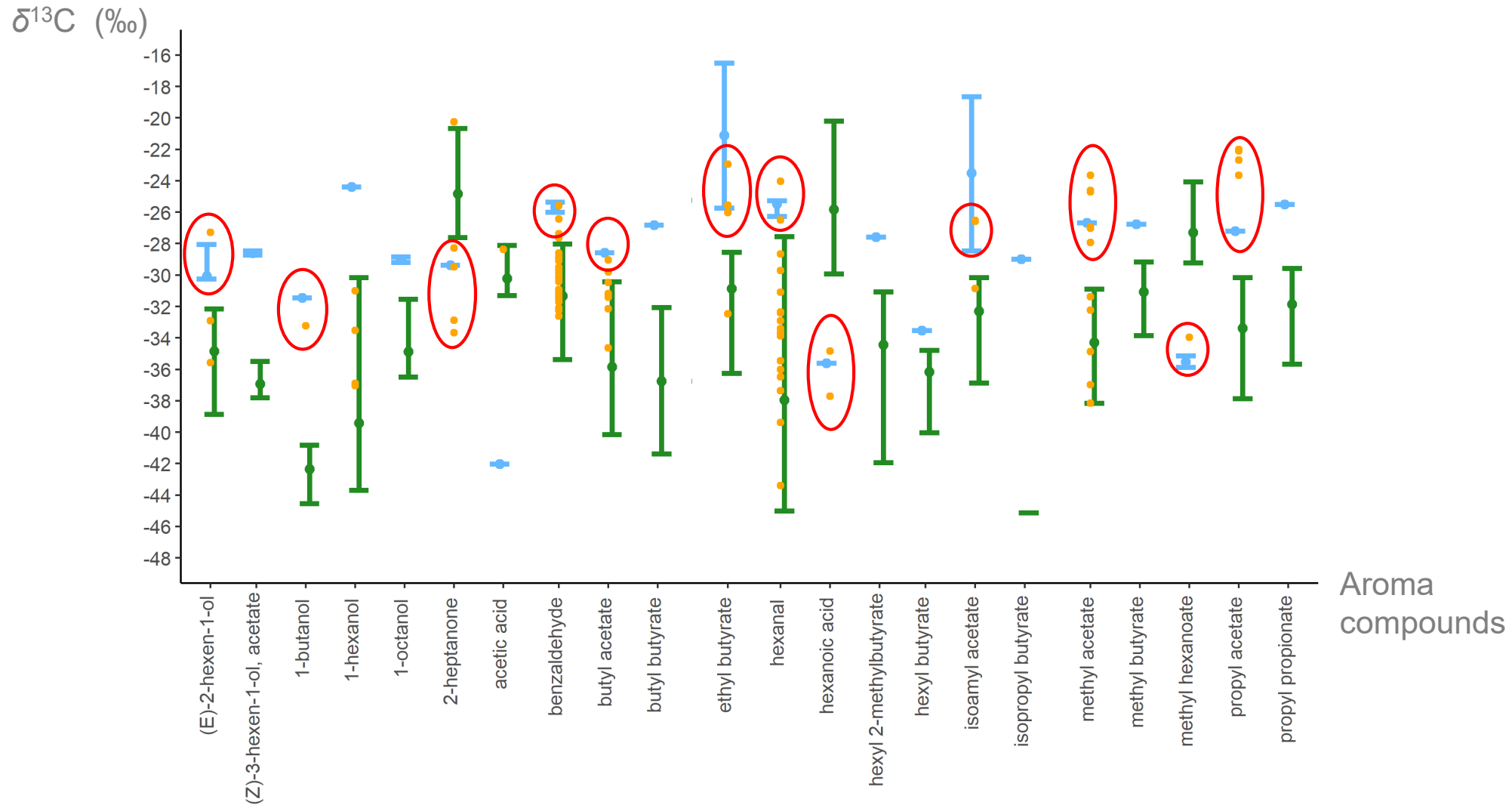


Fruit flavourings on the market can be questioned

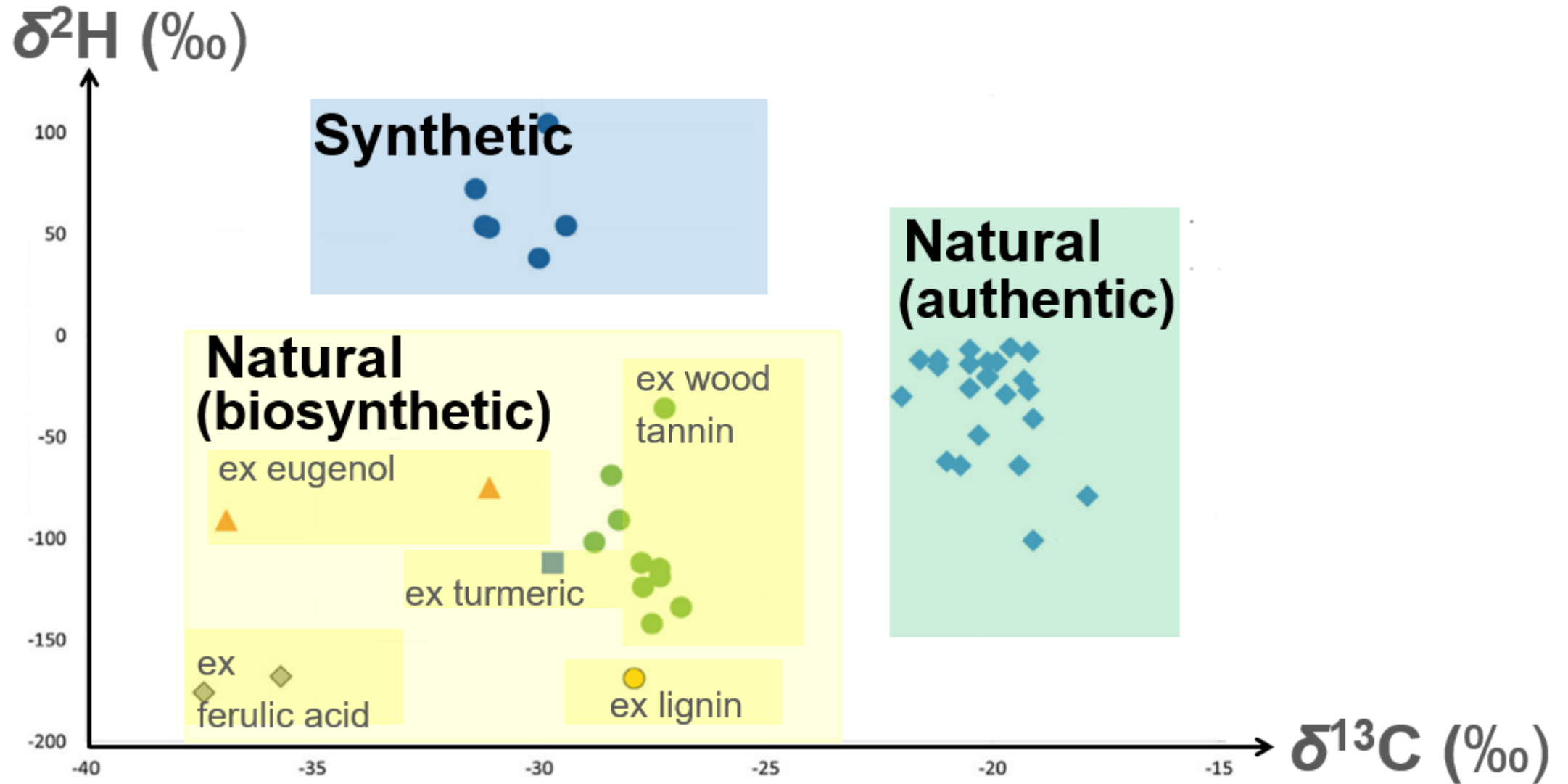




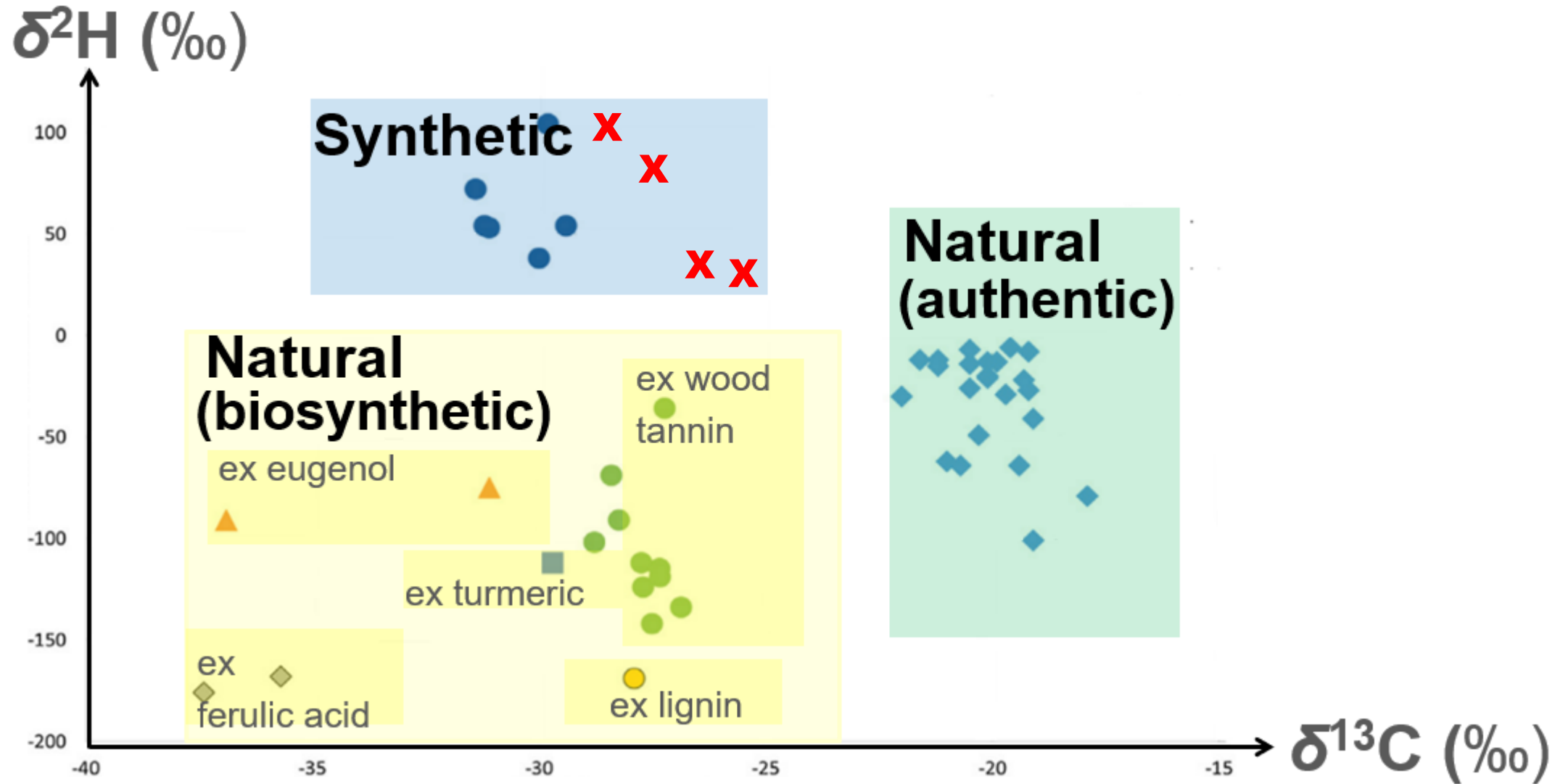
Fruit flavourings on the market can be questioned



All 4 samples contain synthetic vanillin

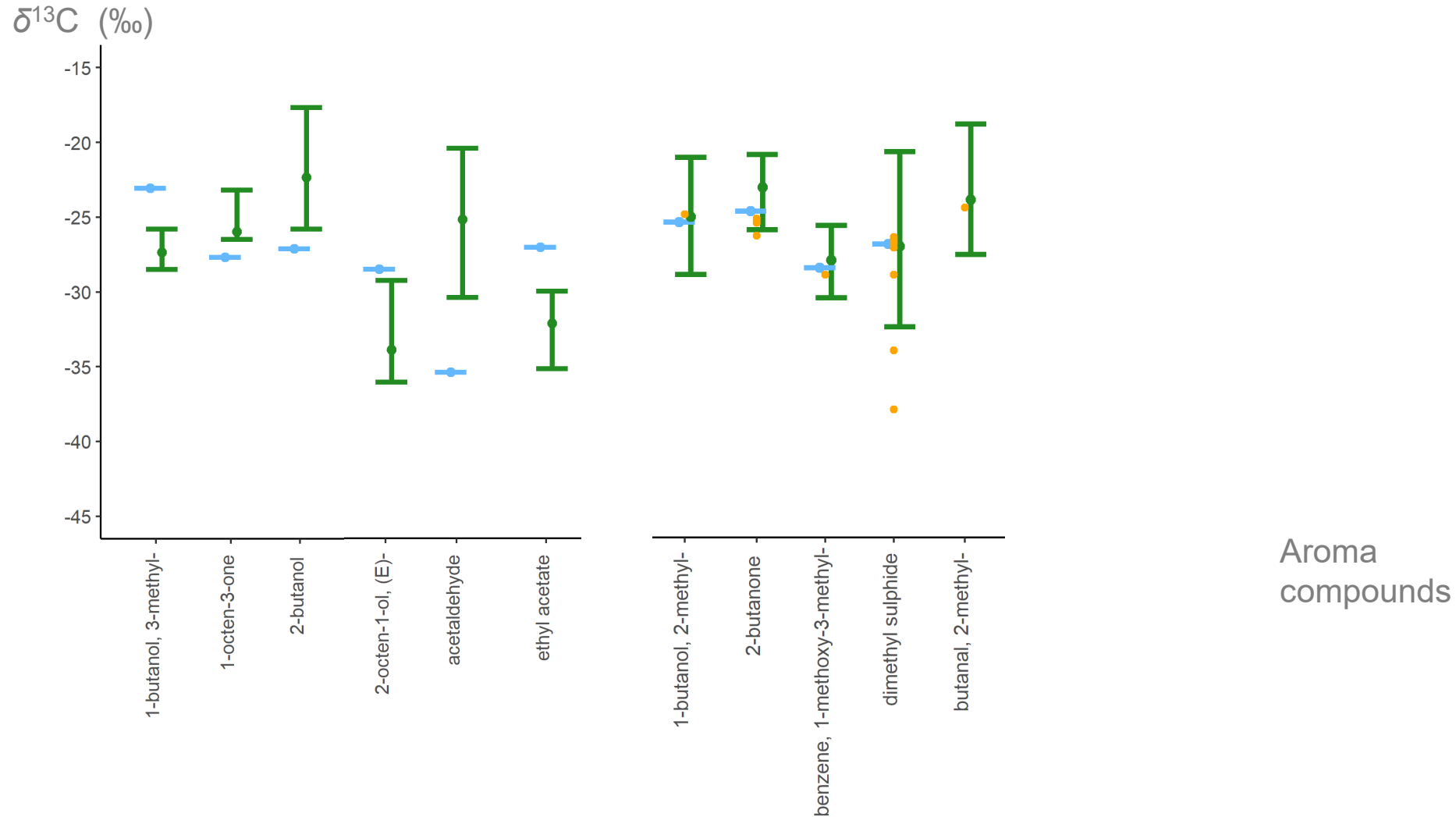


All 4 samples contain synthetic vanillin

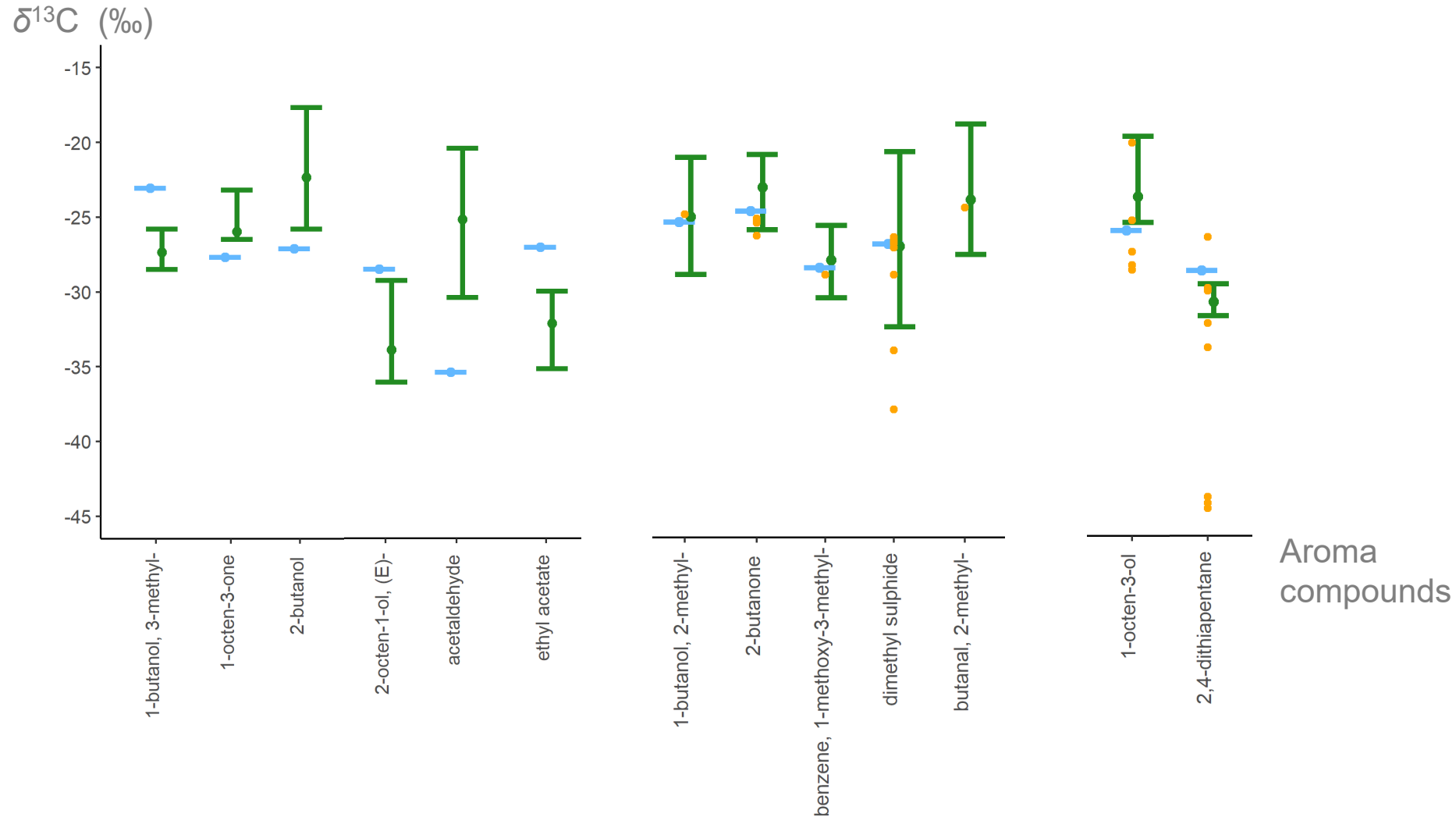




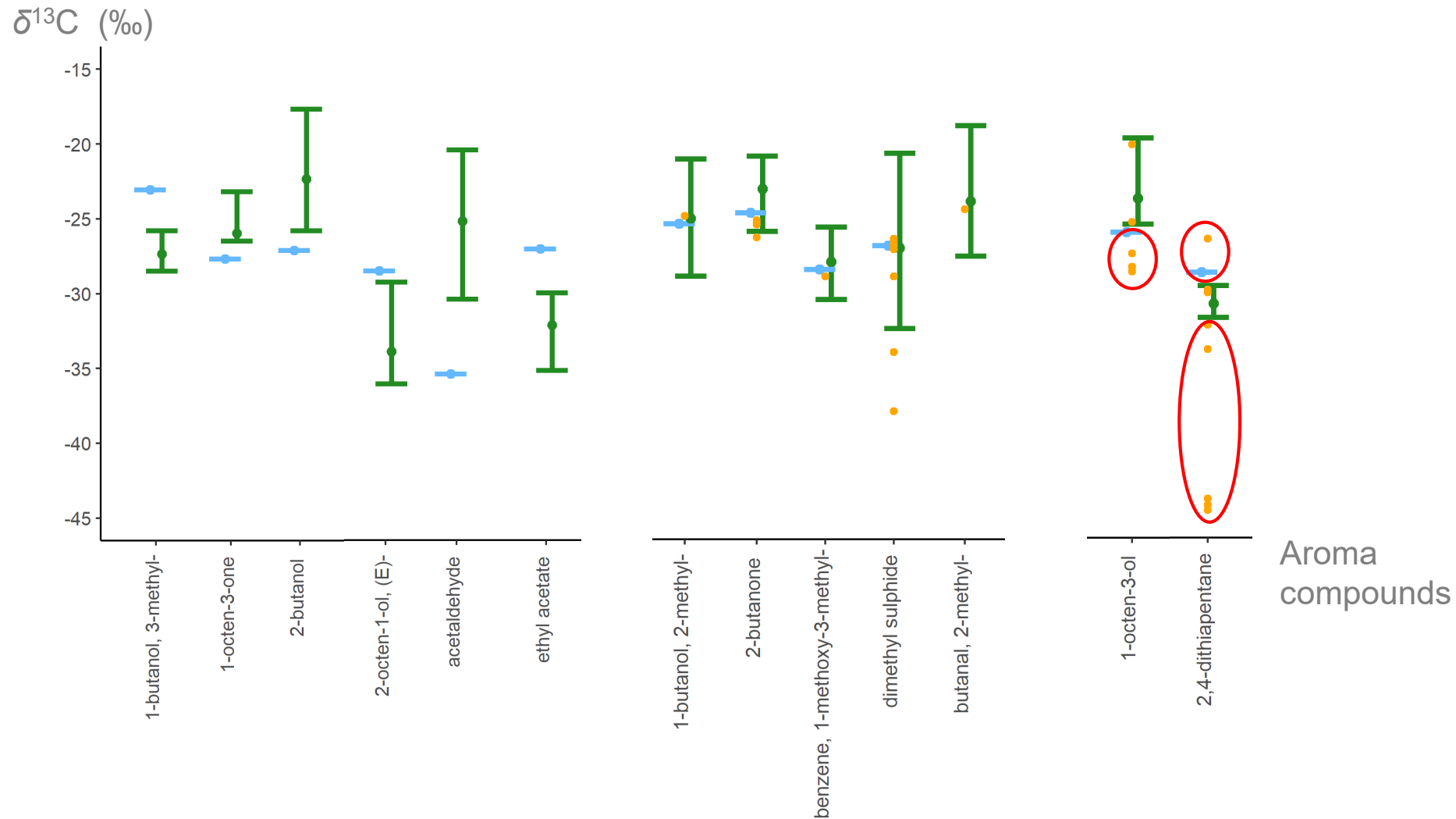
2 compounds indicate presence of synthetic flavour in truffle samples



2 compounds indicate presence of synthetic flavour in truffle samples



2 compounds indicate presence of synthetic flavour in truffle samples



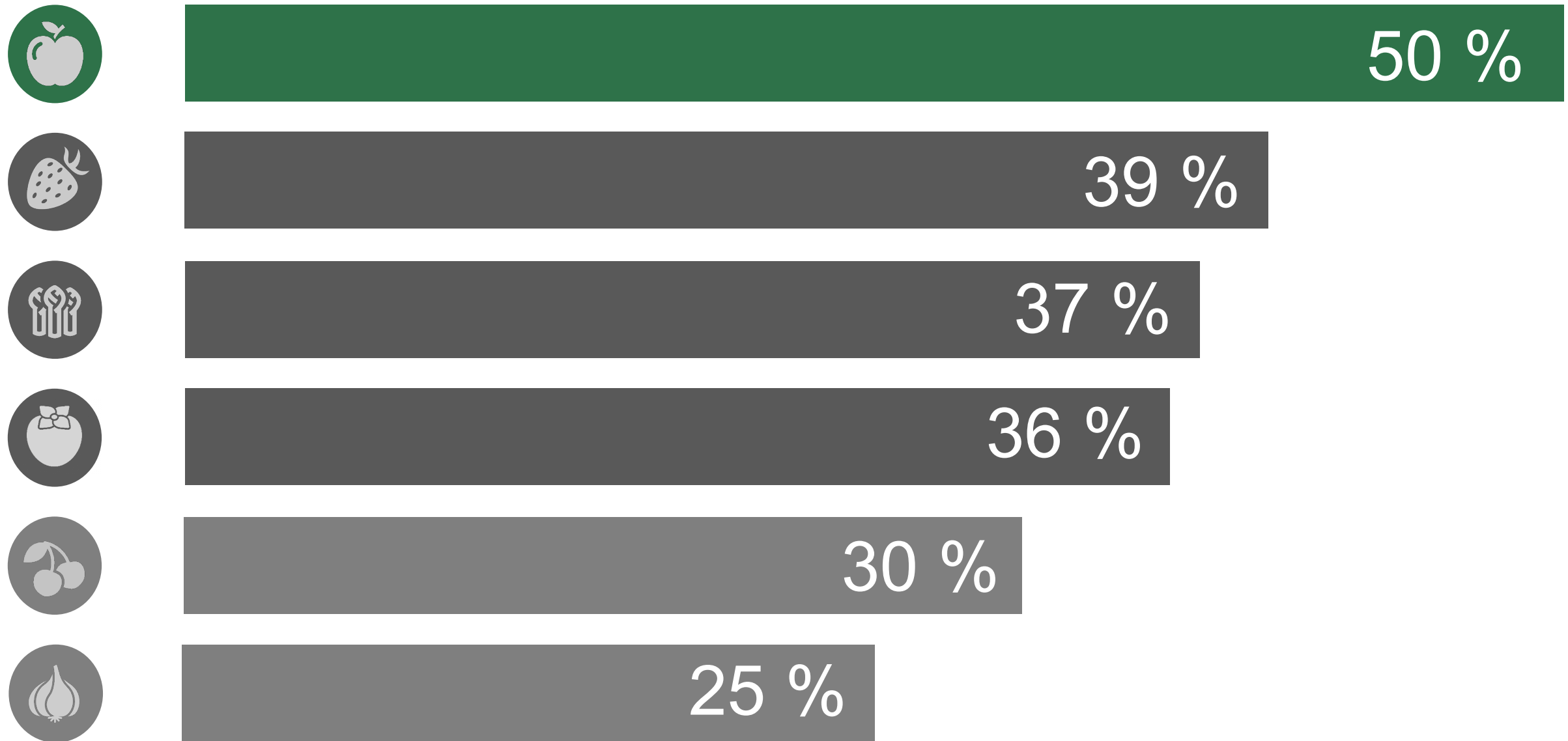


Geographical origin of Fruits and Vegetables





% of samples non compliant with declaration

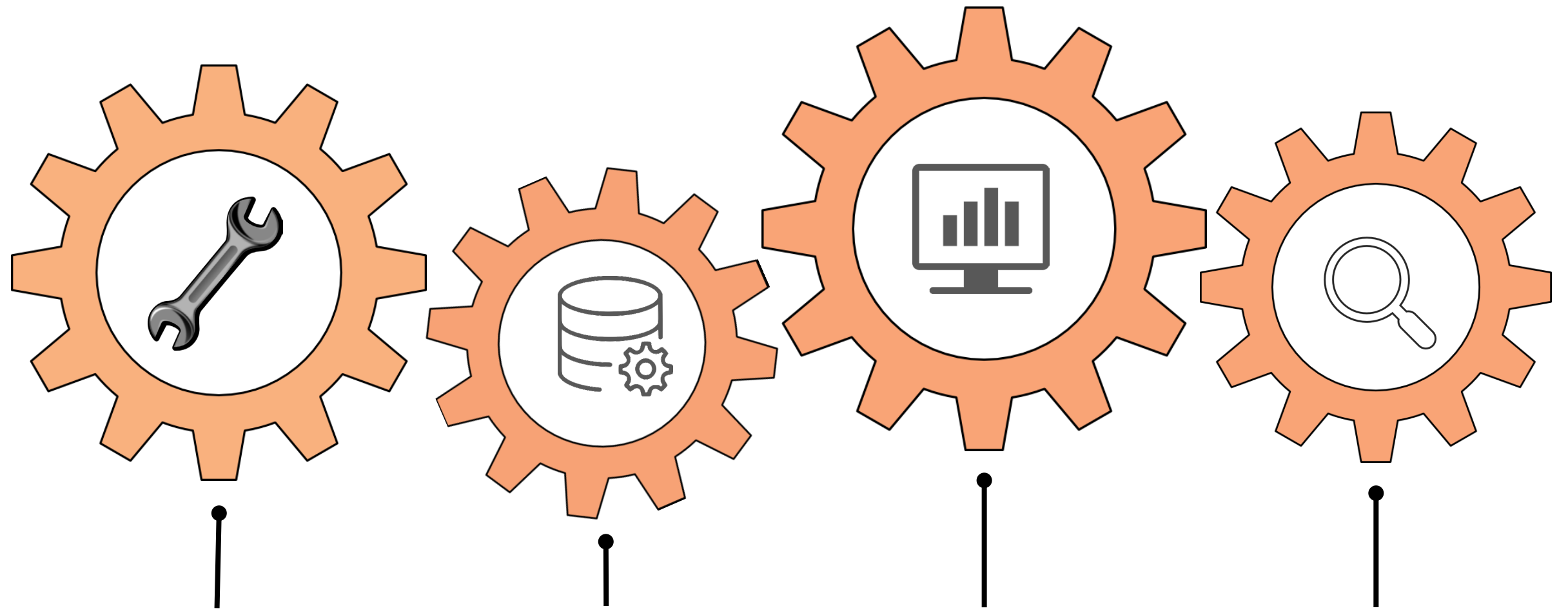




Conclusions



The four gears building trust in our food



Methodology

Database

Data analysis

Market testing



1

Methodology

**Developed HS-SPME
GC-C/P-IRMS ($\delta^{13}\text{C}$ / $\delta^2\text{H}$)
method opens up new
possibilities for its application.**



2

Database

10 extensive databases are of significant importance for producers or enforcement agencies.



3

Data analysis

Utilisation of DD-SIMCA for geographical traceability can be transferred to any food commodity or country.



4

Market testing

Insight into potential mislabeling and adulteration benefiting producers and enhancing consumer trust.



Acknowledgements

Implementation of research



REPUBLIKA SLOVENIJA
MINISTRSTVO ZA IZOBRAŽEVANJE,
ZNANOST IN ŠPORT



EVROPSKA UNIJA
EVROPSKI SKLAD ZA
REGIONALNI RAZVOJ
NALOŽBA V VAŠO PRIHODNOST



REPUBLIC OF SLOVENIA
MINISTRY OF AGRICULTURE, FORESTRY AND FOOD

THE ADMINISTRATION OF THE REPUBLIC OF SLOVENIA
FOR FOOD SAFETY, VETERINARY AND PLANT PROTECTION



Samples





THANK YOU

Any questions?
lidija.strojnik@ijs.si

Lidija Strojnik, Nives Ogrinc
ISO-FOOD Symposium, April 24th, 2023