# Using Human Genomic Variation for Individualisation of Drug Treatment

#### **Munir Pirmohamed**

David Weatherall Chair of Medicine Department of Molecular and Clinical Pharmacology University of Liverpool





#### **Current Paradigms**

- Physicians "personalise" treatments
- We use the best evidence available to us (usually from RCTs population based studies) to treat the patient (i.e. individual) consulting us
- From a population perspective, that has proven benefits
- But from an individual perspective, it is less satisfactory and is CRUDE
  - Cannot predict whether the patient will improve
  - Cannot predict whether the patient will develop adverse effects





#### "One Dose Fits All" – Variability In Improvement

#### Condition

Efficacy Rate (%)

30
60
57
47
25
48
50
60

Source: Physicians Desk Reference



"The vast majority of drugs - more than 90 per cent – only work in 30 or 50 per cent of the people,"





### **Adverse Drug Reactions (Side Effects)**



Adverse drug reactions as cause of admission to hospital: prospective analysis of 18 820 patients

Munir Pirmohamed, Sally James, Shaun Meakin, Chris Green, Andrew K Scott, Thomas J Walley, Keith Farrar, B Kevin Park, Alasdair M Breckenridge

#### Adverse Drug Reactions in Hospital In-Patients: A Prospective Analysis of 3695 Patient-Episodes

Emma C. Davies<sup>1,2</sup>, Christopher F. Green<sup>3</sup>, Stephen Taylor<sup>4</sup>, Paula R. Williamson<sup>4</sup>, David R. Mottram<sup>2</sup>, Munir Pirmohamed<sup>5</sup>

#### National Surveillance of Emergency Department Visits for Outpatient Adverse Drug Events

#### PATIENT SAFETY

#### Adverse Drug Events in Ambulatory Care

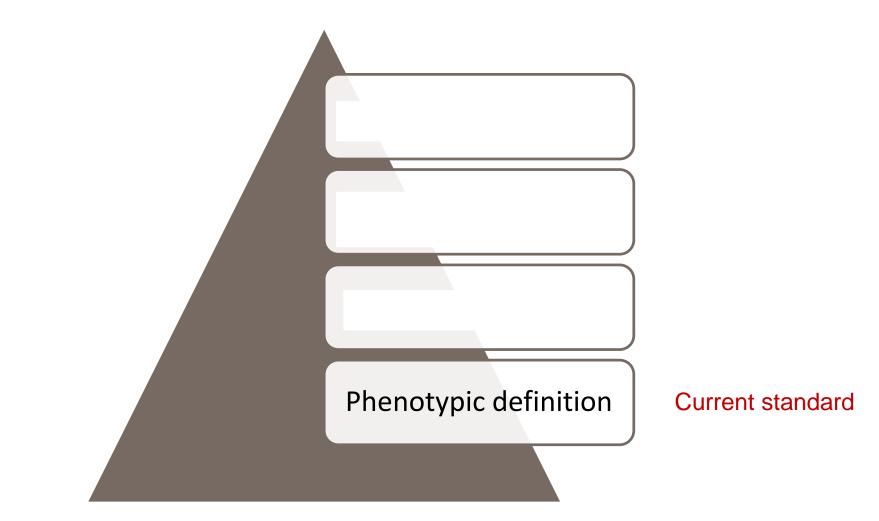
Tejal K. Gandhi, M.D., M.P.H., Saul N. Weingart, M.D., Ph.D., Joshua Borus, B.A., Andrew C. Seger, R.Ph., Josh Peterson, M.D., Elisabeth Burdick, M.S., Diane L. Seger, R.Ph., Kirstin Shu, B.A., Frank Federico, R.Ph., Lucian L. Leape, M.D., and David W. Bates, M.D.

- Adverse drug reactions are common
- Vary in severity

#### **TOXIC EPIDERMAL NECROLYSIS**

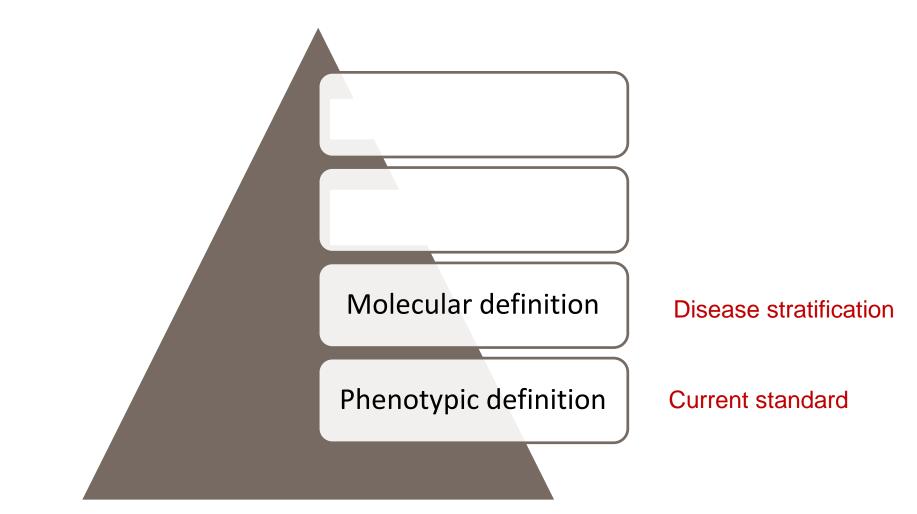






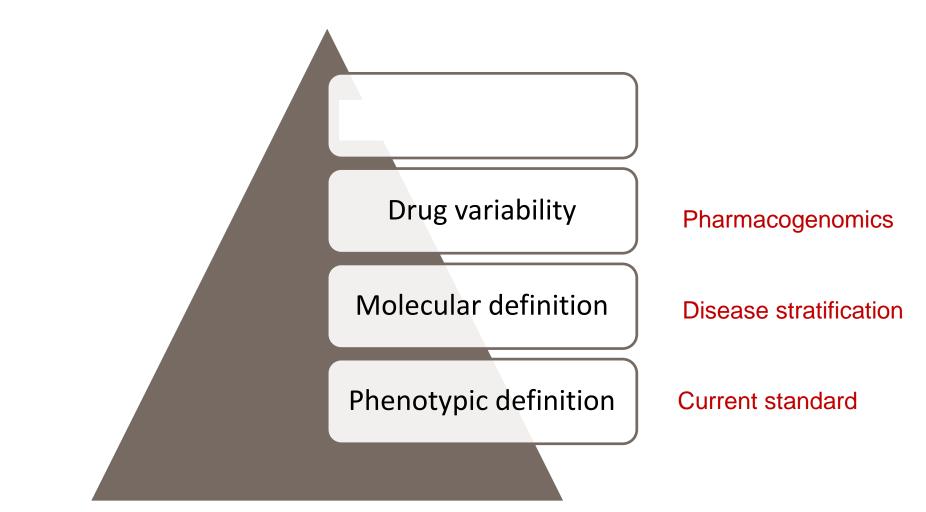






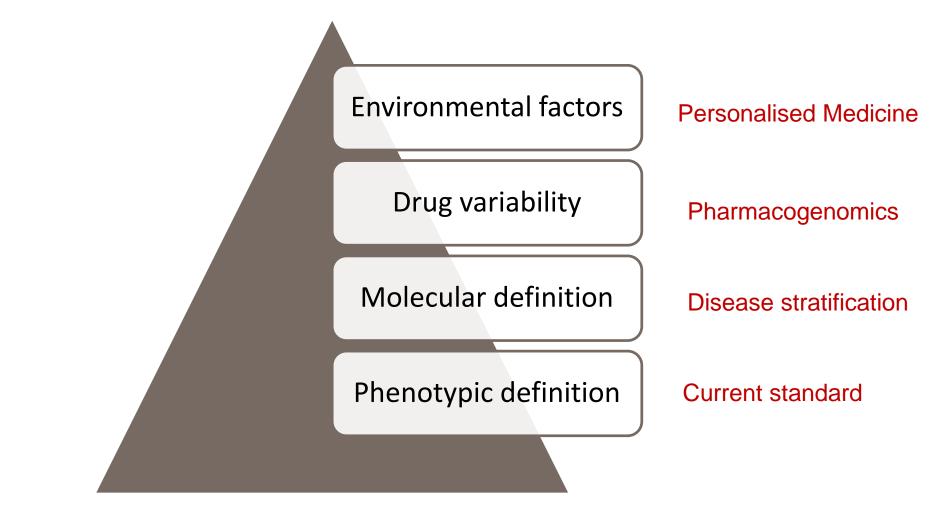








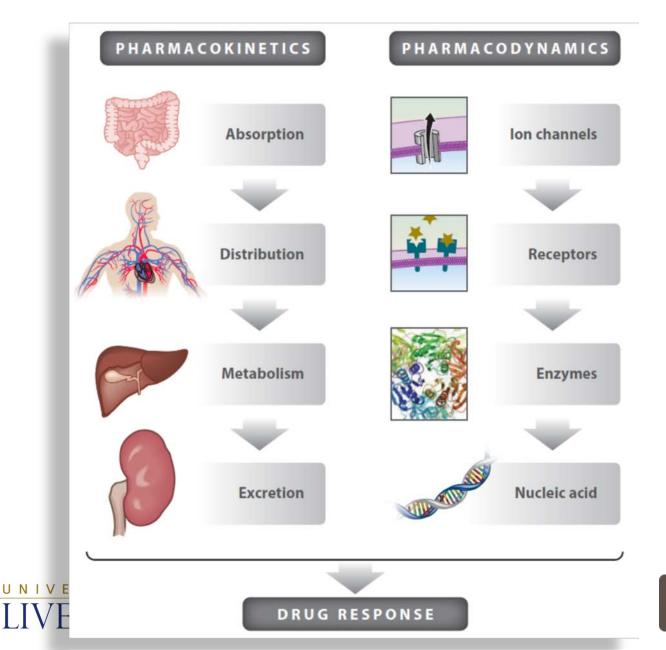








#### **Pharmacogenomic Variation in Drug Response**



MRC Centre for Drug Safety Science

## Using Human Genomic Variation for Individualisation of Drug Treatment

When it works.....

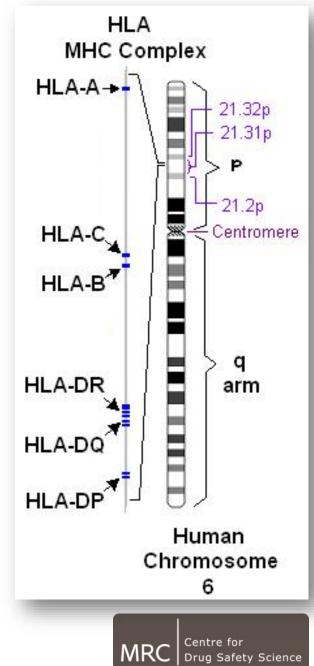




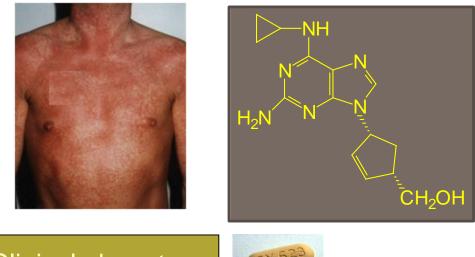
## Human Leucocyte Antigens (HLA)

- On short arm of chromosome 6
- Involved in the pathogenesis of immune-mediated adverse drug reactions
- Since 2001, 23 different HLA associations have been reported with ADRs affecting skin and liver





### Technology-Based Reduction in the Burden of ADRs: The Case of Abacavir Hypersensitivity

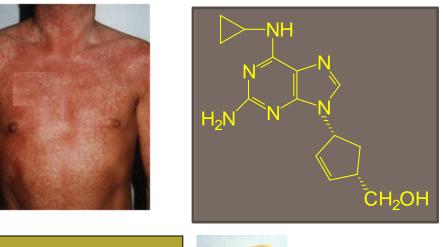








# Technology-Based Reduction in the Burden of ADRs: The Case of Abacavir Hypersensitivity



Clinical genotype

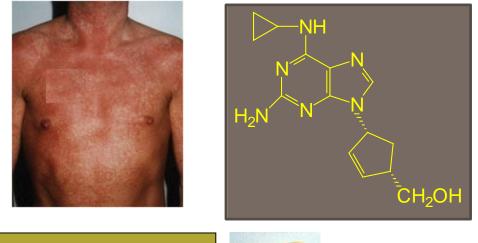
Association with HLA-B\*5701





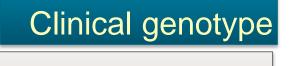


## Technology-Based Reduction in the Burden of ADRs: The Case of Abacavir Hypersensitivity









Association with HLA-B\*5701

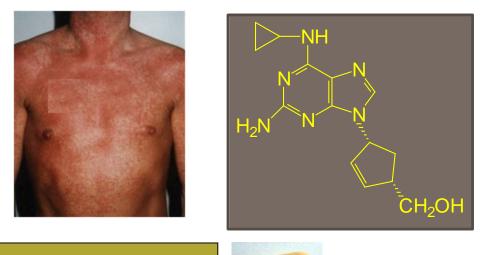
Cost-effectiveness analysis of HLA *B*\*5701 genotyping in preventing abacavir hypersensitivity

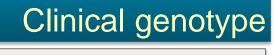
Dyfrig A. Hughes<sup>a</sup>, F. Javier Vilar<sup>b</sup>, Charlotte C. Ward<sup>a</sup>, Ana Alfirevic<sup>a</sup>, B. Kevin Park<sup>a</sup> and Munir Pirmohamed<sup>a</sup>





## Technology-Based Reduction in the Burden of ADRs: The Case of Abacavir Hypersensitivity





Association with

HLA-B\*5701 Cost-effectiveness analysis of HLA *B\*5701* genotyping in preventing abacavir hypersensitivity

Dyfrig A. Hughes<sup>a</sup>, F. Javier Vilar<sup>b</sup>, Charlotte C. Ward<sup>a</sup>, Ana Alfirevic<sup>a</sup>, B. Kevin Park<sup>a</sup> and Munir Pirmohamed<sup>a</sup>

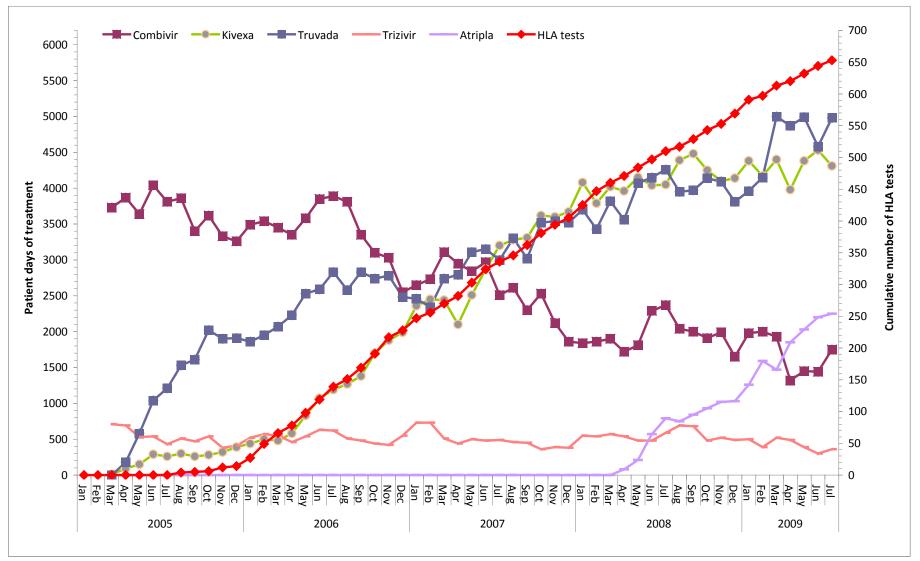
Incidence before and after testing for HLA-B*5701					
Country	Pre testing	Post testing	Reference		
Australia	7%	<1%	Rauch et al, 2006		
France	12%	0%	Zucman et al, 2007		
UK (London)	7.8%	2%	Waters et al, 2007		



Clinical phenotype



## **Effect of Pharmacogenetics on Drug Usage**





ERSITY

O F

THE WOLFSON CENTRE FOR PERSONALISED MEDICINE

Data courtesy of Prof Saye Khoo

MRC Centre for Drug Safety Science

#### **Change in Peptide Repertoire**

# Immune self-reactivity triggered by drug-modified HLA-peptide repertoire

Patricia T. Illing<sup>1,2</sup>, Julian P. Vivian<sup>3</sup>, Nadine L. Dudek<sup>2</sup>, Lyudmila Kostenko<sup>1</sup>, Zhenjun Chen<sup>1</sup>, Mandvi Bharadwaj<sup>1</sup>, John J. Miles<sup>4,5</sup>, Lars Kjer-Nielsen<sup>1</sup>, Stephanie Gras<sup>3</sup>, Nicholas A. Williamson<sup>2</sup>, Scott R. Burrows<sup>4</sup>, Anthony W. Purcell<sup>2</sup>\*, Jamie Rossjohn<sup>3,5</sup>\* & James McCluskey<sup>1,6</sup>\*

# Drug hypersensitivity caused by alteration of the MHC-presented self-peptide repertoire

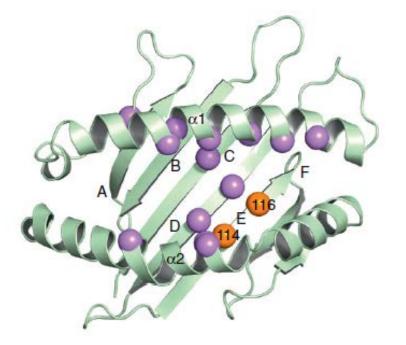
David A. Ostrov<sup>a</sup>, Barry J. Grant<sup>b</sup>, Yuri A. Pompeu<sup>c</sup>, John Sidney<sup>d</sup>, Mikkel Harndahl<sup>e</sup>, Scott Southwood<sup>d</sup>, Carla Oseroff<sup>d</sup>, Shun Lu<sup>a</sup>, Jean Jakoncic<sup>f</sup>, Cesar Augusto F. de Oliveira<sup>g</sup>, Lun Yang<sup>h</sup>, Hu Mei<sup>h</sup>, Leming Shi<sup>h</sup>, Jeffrey Shabanowitz<sup>i</sup>, A. Michelle English<sup>i</sup>, Amanda Wriston<sup>i</sup>, Andrew Lucas<sup>j</sup>, Elizabeth Phillips<sup>j</sup>, Simon Mallal<sup>j</sup>, Howard M. Grey<sup>d,1</sup>, Alessandro Sette<sup>d</sup>, Donald F. Hunt<sup>i</sup>, Soren Buus<sup>e</sup>, and Bjoern Peters<sup>d,1</sup>

Abacavir induces loading of novel self-peptides into HLA-B\*57:01: an autoimmune model for HLA-associated drug hypersensitivity

Michael A. Norcross<sup>a</sup>, Shen Luo<sup>a</sup>, Li Lu<sup>a</sup>, Michael T. Boyne<sup>b</sup>, Mary Gomarteli<sup>c</sup>, Aaron D. Rennels<sup>c</sup>, Janet Woodcock<sup>d</sup>, David H. Margulies<sup>e</sup>, Curtis McMurtrey<sup>f</sup>, Stephen Vernon<sup>f</sup>, William H. Hildebrand<sup>f</sup> and Rico Buchli<sup>c</sup>



## HLA-B\*57:01 and Abacavir Hypersensitivity



- Peptides from untreated cells standard peptide profile
- ABC treated cells show novel self-peptides (20-25%) with Ile/Leu occupying C-terminal anchor ptotein
- No change in peptide profile with closely related allotypes

Illing et al, 2013, Curr Opin Immunol





## Using Human Genomic Variation for Individualisation of Drug Treatment

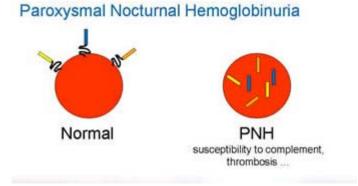
When it makes sense....





### Genetic Variants in C5 and Poor Response to Eculizumab

N Engl J Med 2014;370:632-9.



Somatic mutation leads to deficiency of GPI anchored proteins (CD55, CD59) Susceptible to C5 mediated haemolysis

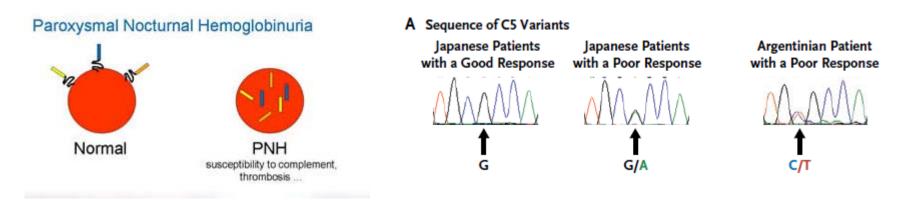
- Eculizumab humanised monoclonal antibody binds to C5 inhibiting its activation
- 3% of patients have a poor response
- Missense mutation identified in C5 in these patients
- Eculizumab able to block C5-mediated hemolysis in nonmutant RBCs but not those carrying variant





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## Using Human Genomic Variation for Individualisation of Drug Treatment

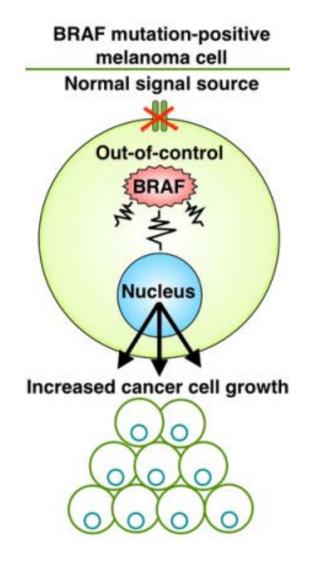
More often than not, it is difficult.....





#### **Sources of Variation**

- Increasing number of examples of pharmacodynamic genetic variation which are being used in clinical practice
- Pharmacokinetic variation has been more difficult to implement
  - The most successful has been TPMT and bone marrow suppression with 6MP and azathioprine
- PK and PD factors work together to affect response – accounting for both can improve prediction
  - Warfarin dose prediction



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## Warfarin

- Number of users UK:
   600,000
  - Dose (mg) range per day:

#### 0.5-20

Fold variability in dose:

#### **40**

 Major bleeding rate per 100person years:

#### **2.6**

Ranking in ADR list:

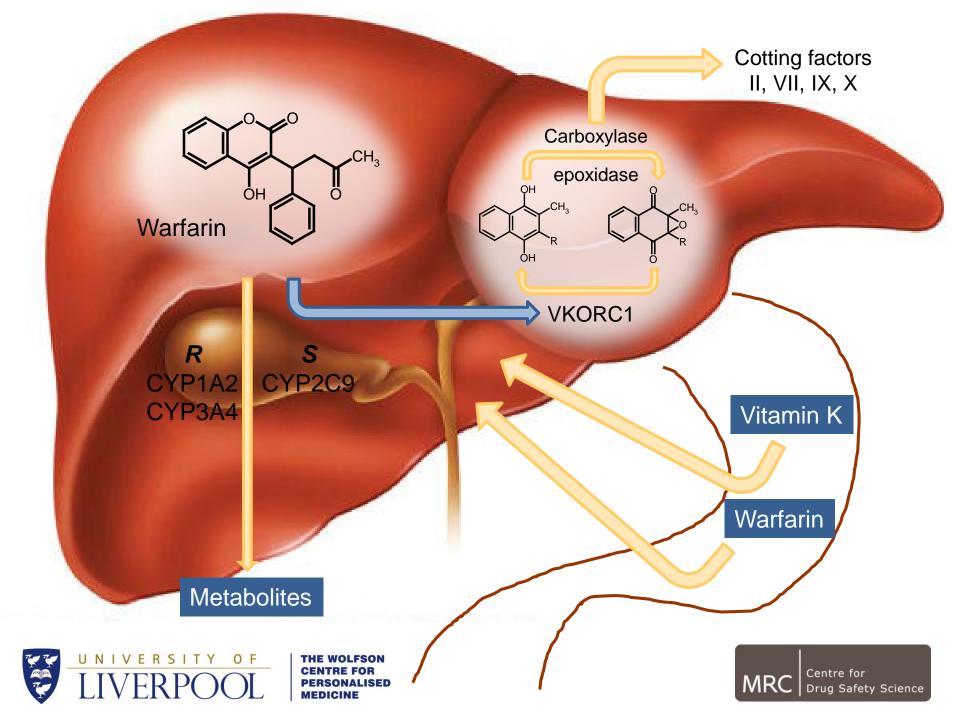
3



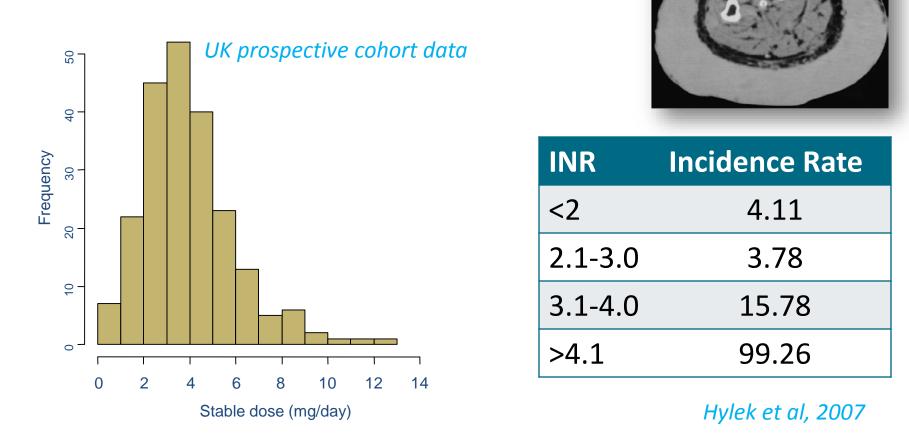


#### Approved for human use in 1954





## **Variation in Dose Requirements**

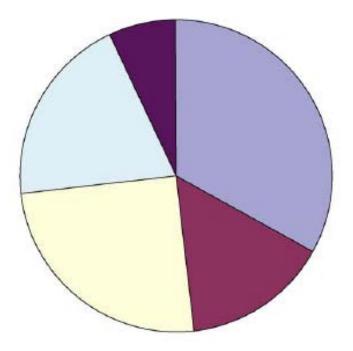


Only 50% of bleeds occur with INR > 2.5; 50% occur at levels below this





#### **Determinants of Anticoagulation Control**



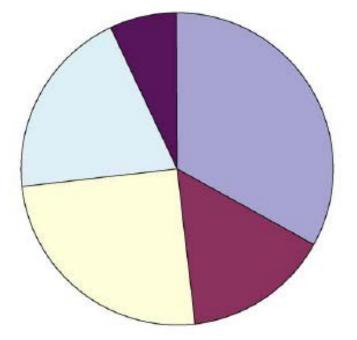
Drug interactions (5–10%)
 Other factors (30–40%)
 CYP2C9 (up to 15%)
 VKORC1 (up to 25%)
 Age, height, weight (10–20%)

McLeod and Jonas, 2009





#### **Determinants of Anticoagulation Control**



Drug interactions (5–10%)
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McLeod and Jonas, 2009

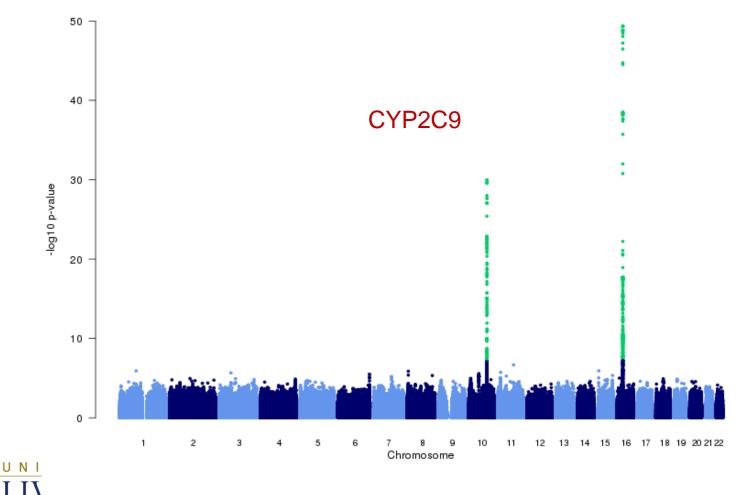
One of the most highly replicated genotype-phenotype associations





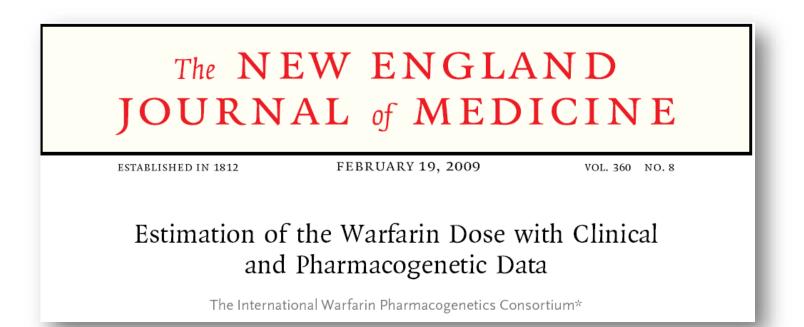
#### GWAS Warfarin Mean Weekly Dose (UK Prospective Cohort; n=714)

MEDICINE



VKORC1

#### International Warfarin Pharmacogenetics Consortium (IWPC)



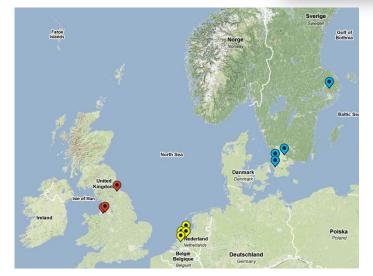




## Pharmacogenetic-Based Dosing: Warfarin Randomised Controlled Trial



- FP7 sponsored EU trials
- 454 patients
  - 226 in genotype arm
  - 228 in standard care arm
- Point of Care test for genotyping





**European Union Pharmacogenetics** of AntiCoagulant Therapy

#### A Randomized Trial of Genotype-Guided Dosing of Warfarin

Munir Pirmohamed, Ph.D., F.R.C.P., Girvan Burnside, Ph.D., Niclas Eriksson, Ph.D.,
Andrea L. Jorgensen, Ph.D., Cheng Hock Toh, M.D., Toby Nicholson, F.R.C.Path.,
Patrick Kesteven, M.D., Christina Christersson, M.D., Ph.D., Bengt Wahlström, M.D.,
Christina Stafberg, M.D., J. Eunice Zhang, Ph.D., Julian B. Leathart, M.Phil.,
Hugo Kohnke, M.Sc., Anke H. Maitland-van der Zee, Pharm.D., Ph.D.,
Paula R. Williamson, Ph.D., Ann K. Daly, Ph.D., Peter Avery, Ph.D.,
Farhad Kamali, Ph.D., and Mia Wadelius, M.D., Ph.D., for the EU-PACT Group\*



N Engl J Med 2013;369:2294-303.

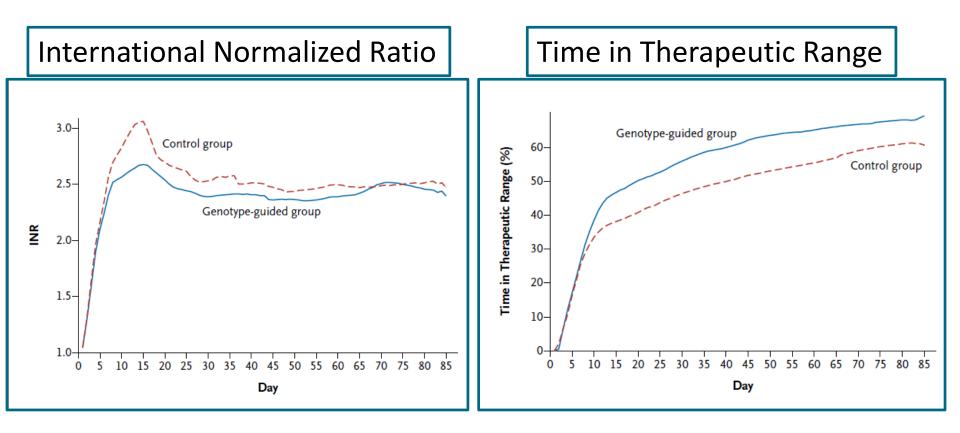
Genotyped arm %TTR	Standard dosing (control) arm %TTR	Adjusted Difference	P value			
ITT ANALYSIS (n= 211 vs 216)						
67.4%	60.3%	7%	P<0.001			
PER-PROTOCOL (n=166 vs 184)						
68.9%	62.3%	6.6%	P=0.001			

**PRIMARY OUTCOME MEASURE**: Percent time within therapeutic INR range 2.0-3.0 (TTR) during 12 weeks following the initiation of warfarin therapy





#### Differences Between Genotyped-Guided Group and Control Group







C O A G

#### A Pharmacogenetic versus a Clinical Algorithm for Warfarin Dosing

Stephen E. Kimmel, M.D., Benjamin French, Ph.D., Scott E. Kasner, M.D.,
Julie A. Johnson, Pharm.D., Jeffrey L. Anderson, M.D., Brian F. Gage, M.D.,
Yves D. Rosenberg, M.D., Charles S. Eby, M.D., Ph.D.,
Rosemary A. Madigan, R.N., M.P.H., Robert B. McBane, M.D.,
Sherif Z. Abdel-Rahman, Ph.D., Scott M. Stevens, M.D., Steven Yale, M.D.,
Emile R. Mohler III, M.D., Margaret C. Fang, M.D., Vinay Shah, M.D.,
Richard B. Horenstein, M.D., Nita A. Limdi, Pharm.D., Ph.D.,
James A.S. Muldowney III, M.D., Jaspal Gujral, M.B., B.S.,
Patrice Delafontaine, M.D., Robert J. Desnick, M.D., Ph.D.,
Thomas L. Ortel, M.D., Ph.D., Henny H. Billett, M.D., Robert C. Pendleton, M.D.,
Nancy L. Geller, Ph.D., Jonathan L. Halperin, M.D., Samuel Z. Goldhaber, M.D.,
Michael D. Caldwell, M.D., Ph.D., Robert M. Califf, M.D.,
and Jonas H. Ellenberg, Ph.D., for the COAG Investigators\*

# No difference between genotyped and control arms

N Engl J Med 2013;369:2283-93.

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#### Two Conflicting Prospective, RCTs on Warfarin PGx Provide No Definitive Guidance to Physicians

#### Do Pharmacogenetics Have a Role in the Dosing of Vitamin K Antagonists?

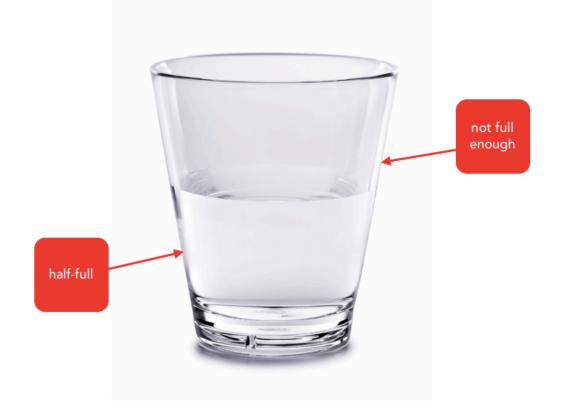
Bruce Furie, M.D.

DOI: 10.1056/NEJMe1313682

"The conclusions of the three studies are similar"













#### How can we explain the differences?





### **Dosing Algorithms**

## **EU-PACT**

## COAG



- Day 4/5: Dose revision algorithm
- Up to 3 months: AC clinics (computerised dosing)

 Day 1-3: Maintenance dose algorithm
 Day 4/5: Dose revision algorithm
 Up to 1 month: Protocol driven





## **Dosing Algorithms**

# **EU-PACT**

## COAG

- Day 1-3: Loading dose algorithm
- Day 4/5: Dose revision algorithm
- Up to 3 months: AC clinics (computerised dosing)

- Day 1-3: Maintenance
  dose algorithm
  Day 4/5: Dose revision
  algorithm
  Up to 1 month: Protocol
  driven
- S-warfarin elimination half-life: 18-35 hours
- Time to steady state: 90-175 hours
- Time to steady state shortened by loading dose
- Dose revision algorithm on day 4 dependent on INR
- What proportion of patients will have had a change in INR by day 4?





#### **Dosing Algorithm – Day 1**

COAG algorithm did not include CYP2C9 on day 1 ("dosing patients with CYP2C9 \*2 or \*3 variants at lower doses during the first day of therapy may not lead to improvement in AC and could lead to worse anticoagulation"). BASED ON MAINTENANCE DOSE.





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## Genetic and environmental factors determining clinical outcomes and cost of warfarin therapy: a prospective study

Andrea L. Jorgensen<sup>a</sup>, Sameh Al-Zubiedi<sup>a</sup>, Jieying Eunice Zhang<sup>a</sup>, Andrew Keniry<sup>c</sup>, Anita Hanson<sup>a,b</sup>, Dyfrig A. Hughes<sup>d</sup>, Diane van Eker<sup>a,b</sup>, Lisa Stevens<sup>a,b</sup>, Karen Hawkins<sup>a,b</sup>, Cheng H. Toh<sup>a,b</sup>, Farhad Kamali<sup>e</sup>, Ann K. Daly<sup>e</sup>, David Fitzmaurice<sup>f</sup>, Alison Coffey<sup>c</sup>, Paula R. Williamson<sup>a</sup>, Brian Kevin Park<sup>a</sup>, Panos Deloukas<sup>c</sup> and Munir Pirmohamed<sup>a,b</sup>

Pharmacogenetics and Genomics 2009, 19:800-812

SNPs in CYP2C9, but not VKORC1, associated with time to stable warfarin dose, time to therapeutic INR and INR >4 at end of week 1





#### **Ethnic Heterogeneity**

- COAG was more heterogeneous (67% white, 27% Black, 6% Hispanic) than EU-PACT (97% Caucasian)
- Blacks did worse in genotype arm than in clinical group (-8% difference)

Allele	Location	Frequency		
		European Caucasians	<b>US Hispanics</b>	African–Americans
CYP2C9*2	Exon 3	0.10	0.07	0.02
CYP2C9*3	Exon 7	0.06	0.05	0.01
CYP2C9*5	Exon 7	<0.01	<0.01	0.01
CYP2C9*6	Exon 5	<0.01	<0.01	0.01
CYP2C9*8	Exon 3	<0.01	<0.01	0.06
CYP2C9*11	Exon 7	<0.01	<0.01	0.04
CYP2C9 rs7089580	Intronic	0.24	0.11	0.23
VKORC1 -1639A	5-UTR	0.40	0.46	0.11
VKORC1 rs61162043	5-UTR	Unknown	Unknown	0.47
LIVERPOOL	CENTRE FOR PERSONALISED MEDICINE	Future Cardiol	. (2012) <b>8</b> (4), 563–576	MRC Centre for Drug Safety So

#### **Control Arms in the Two Trials**

- EU-PACT: fixed dosing which reflects current clinical care
- COAG: clinical algorithm (includes all factors apart from genetics)
- Interpreted as genetics does not add anything over and above clinical factors – some have advocated use of clinical algorithm
- Clinical algorithm has never been tested in a RCT

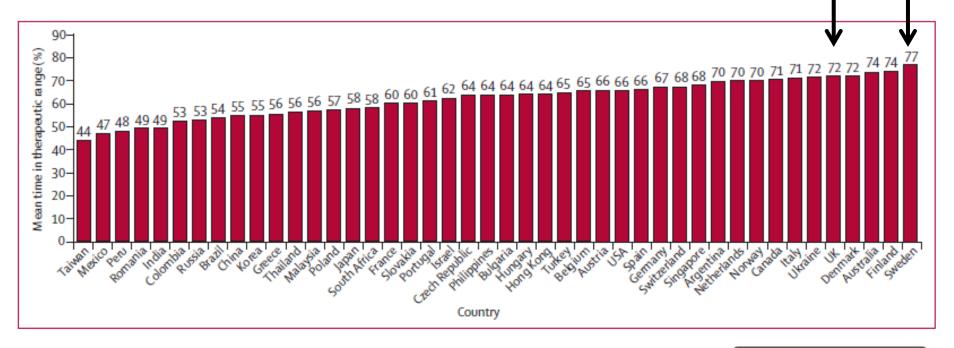
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Trial	Time	Genotyped arm %TTR	Control arm %TTR
COAG	4 weeks	45.2	45.4
EU-PACT	4 weeks	54.6	45.7
COAG	12 weeks	51	
EU-PACT	12 weeks	67.4	60.3

#### Efficacy and safety of dabigatran compared with warfarin at different levels of international normalised ratio control for stroke prevention in atrial fibrillation: an analysis of the RE-LY trial

Lars Wallentin, Salim Yusuf, Michael D Ezekowitz, Marco Alings, Marcus Flather, Maria Grazia Franzosi, Prem Pais, Antonio Dans, John Eikelboom, Jonas Oldgren, Janice Pogue, Paul A Reilly, Sean Yang, Stuart J Connolly, on behalf of the RE-LY investigators







#### **Comparison Between COAG and EU-PACT**

	COAG			EUPACT		
Total	Genotype	Clinically	Total	Genotyped	Non-	Total
no of	guided	guided			genotyped	
variants						
0	204 (40%)	189 (38%)	393 (39%)	63 (28%)	57 (27%)	120 (27%)
1	178 (35%)	186 (37%)	364 (36%)	113 (50%)	115 (54%)	228 (52%)
>1	128 (25%)	125 (25%)	253 (25%)	50 (22%)	40 (19%)	90 (21%)

Higher frequency of allelic variants in EU-PACT compared to COAG, mostly in CYP2C9





#### **EU-PACT: Effect of Number of Variants on % Time in Therapeutic Range (TTR)**

Total number of variants	Genotyped arm (n=211) %TTR	Control arm (n=216) %TTR	Adjusted Difference	P value
0	61.83	59.31	2.03	0.588
1	68.56	61.83	7.38	0.005
2 or more	71.95	57.32	11.05	0.009

**RELY DATA**: a 10% improvement in %TTR leads to a 20% improvement in clinical outcomes





#### A Randomized Trial of Genotype-Guided Dosing of Acenocoumarol and Phenprocoumon

Talitha I. Verhoef, M.Sc., Georgia Ragia, Ph.D., Anthonius de Boer, M.D., Ph.D., Rita Barallon, Ph.D., Genovefa Kolovou, M.D., Ph.D., Vana Kolovou, M.Sc., Stavros Konstantinides, M.D., Ph.D., Saskia Le Cessie, Ph.D., Efstratios Maltezos, M.D., Ph.D., Felix J.M. van der Meer, M.D., Ph.D.,
William K. Redekop, Ph.D., Mary Remkes, M.D., Frits R. Rosendaal, M.D., Ph.D., Rianne M.F. van Schie, Ph.D., Anna Tavridou, Ph.D., Dimitrios Tziakas, M.D., Ph.D., Mia Wadelius, M.D., Ph.D., Vangelis G. Manolopoulos, Ph.D., and Anke H. Maitland-van der Zee, Pharm.D., Ph.D., for the EU-PACT Group\*

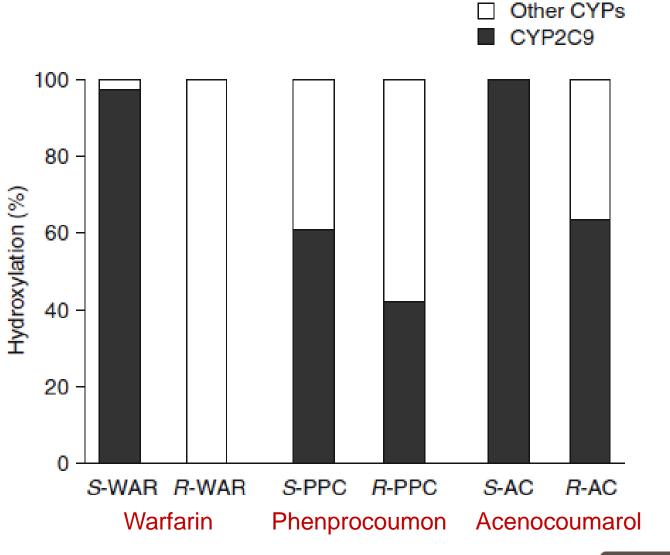
DOI: 10.1056/NEJMoa1311388

- Algorithm incorporating CYP2C9 and VKORC1 genotypes
- No difference at 3 months, but %TTR was higher in genotyped arm in first 4 weeks
- Combined data from acenocoumarol (n=190) and phenprocoumon (n=83) giving total of 273 in genotype group
- Assessed individually, this would be an under-powered trial





#### **Differences in Vitamin K antagonists**







# Pharmacogenetic tests: the need for a level playing field

Munir Pirmohamed and Dyfrig A. Hughes

NATURE REVIEWS DRUG DISCOVERY VOLUME 12 JANUARY 2013 3

- Evidence standards differ between non-genetic and genetic tests
- 3 examples given:
  - Drug exposure
  - Prevention of adverse drug reactions
  - Health technology assessment





#### Drug Exposure: Differential Evidential Standards

- Example: Aztreonam SmPC
  - "after an initial usual dose, the dosage of aztreonam should be halved in patients with estimated creatinine clearances between 10 and 30 mL/min/1.73 m<sup>2</sup>"
- Many different examples in hepatic and renal impairment with dose instructions based on PK studies and occasionally PK-PD modelling
- No need for RCTs in fact, would be impractical
- However, a genetic polymorphism leading to same degree of change in drug exposure is often ignored and/or RCT data are required for implementation





#### **Differential Evidence Standards**

- Unfamiliarity with genetic tests
- Lack of experience in interpretation
- Perceived cost of genetic testing
- Lack of availability of tests
- Poor turnaround time





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12 December 2011 EMA/CHMP/37646/2009 Committee for Medicinal Products for Human Use (CHMP)

Guideline on the use of pharmacogenetic methodologies in the pharmacokinetic evaluation of medicinal products

recommendations on dosing evaluation in patients with polymorphisms in known metabolic pathways

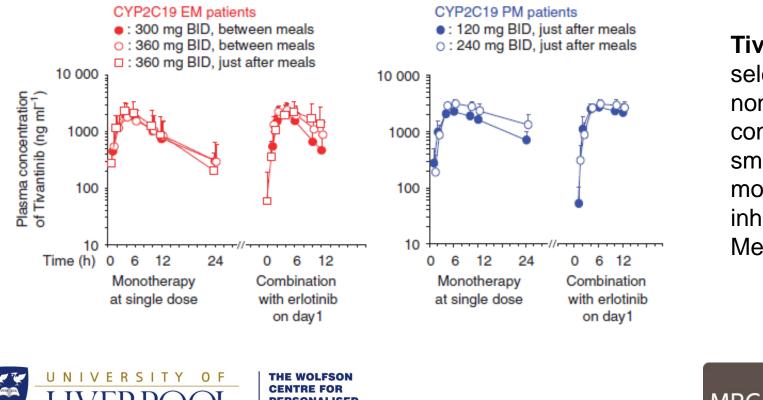




#### CYP2C19 genotype-based phase I studies of a c-Met inhibitor tivantinib in combination with erlotinib, in advanced/metastatic non-small cell lung cancer

N Yamamoto<sup>\*,1</sup>, H Murakami<sup>1</sup>, H Hayashi<sup>2</sup>, Y Fujisaka<sup>2</sup>, T Hirashima<sup>3</sup>, K Takeda<sup>4</sup>, M Satouchi<sup>5</sup>, K Miyoshi<sup>6</sup>, S Akinaga<sup>6</sup>, T Takahashi<sup>1</sup> and K Nakagawa<sup>2</sup>

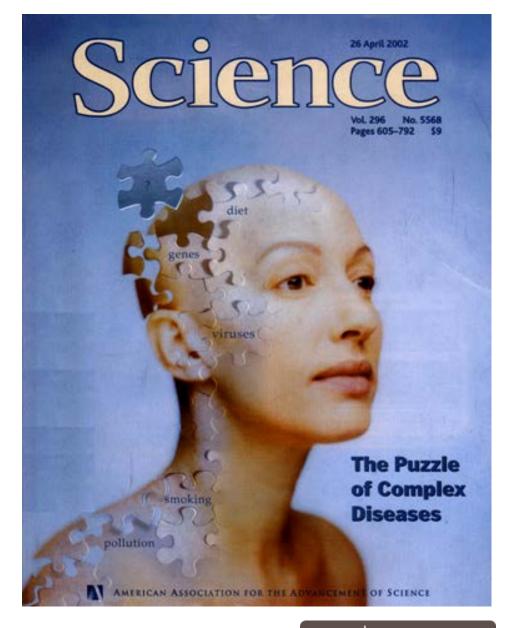
British Journal of Cancer (2013) 109, 2803-2809



Tivantinib: selective, oral, non-ATP competitive, smallmolecule inhibitor of c-Met



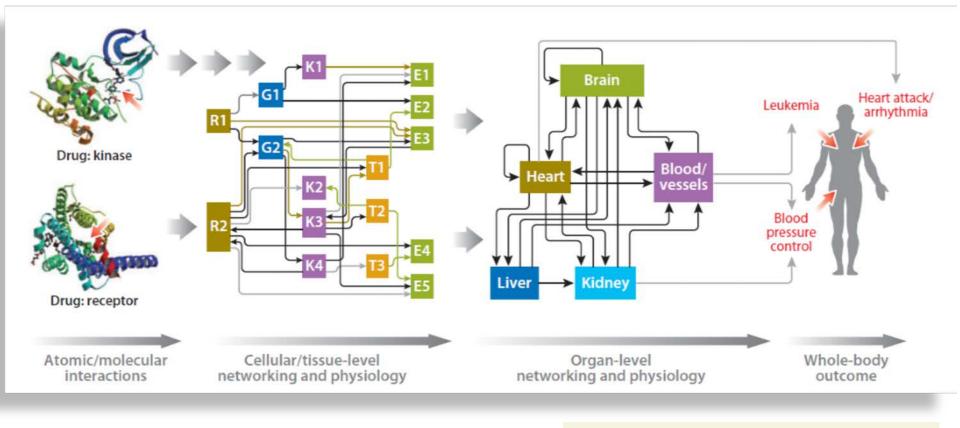
#### Response to a drug, efficacy or toxicity, is a complex phenotype







#### **Systems Pharmacology Approaches**

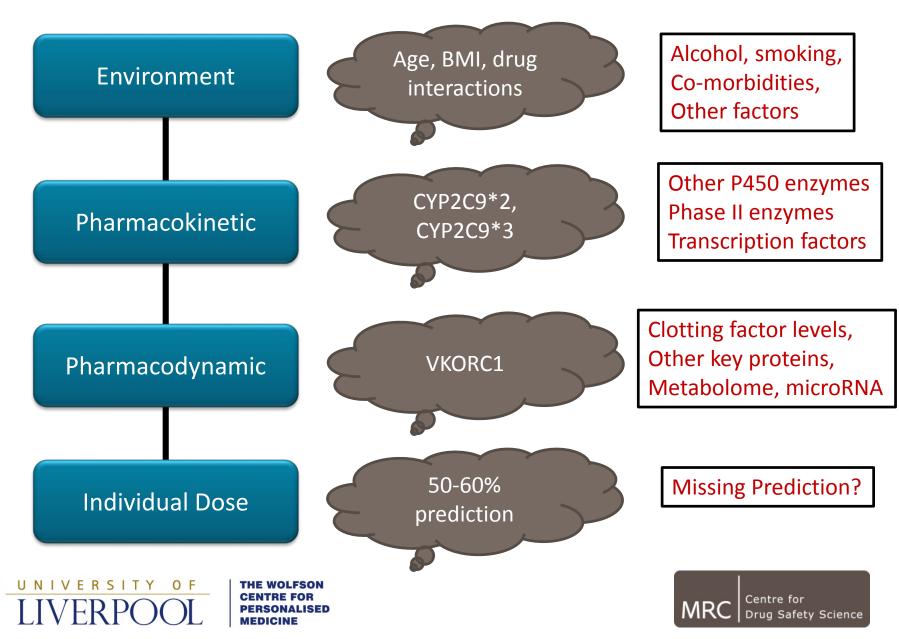


Annu. Rev. Pharmacol. Toxicol. 2012. 52:505-21



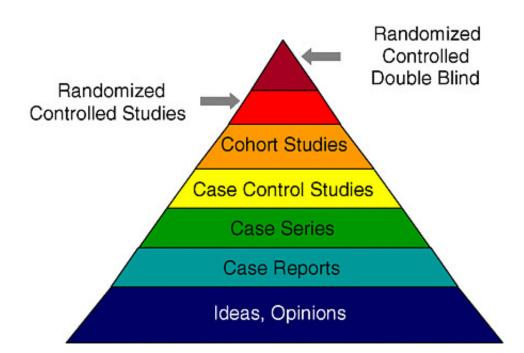


#### **Warfarin Dose Prediction**



#### **Summary**

- Translation into clinical practice is difficult
- Pathway for translation one size does not fit all
- RCTs are not the ultimate answer to translating biomarkers into clinical practice
- Systems approaches need to be investigated, accompanied by mechanistic analysis







#### Routine whole-genome sequencing of babies by 2019?

By Daniel MacArthur 🖾 🛛 February 12, 2009 | 12:15 pm | Categories: Genetic Future



I'm slowly catching up on genomics news from the last week – this story in

particular has been getting a lot of press.

The executive summary: Jay Flatley, CEO of genomic technology manufacturer Illumina, predicts that whole-genome sequencing of newborns will become routine within a decade.

Flatley has an obvious financial interest in this prediction coming true, since Illumina provides the most commercially successful next-generation sequencing platform currently on the market, the Genome Analyzer, and has recently invested heavily in emerging "third-generation" sequencing technologies (by

http://www.wired.com/wiredscience/2009/02/routine-whole-genome-sequencing-of-babies-by-2019/

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